New Jersey State Federation of Women's Clubs of GFWC Barbara McCloskey, President

Let's Get Moving - 2025 Activity Log

Track your club members' exercise hours in recognition of cardiovascular health. Submit your log to NJSFWC along with your Health & Wellness year-end report by February 1. Winners in each membership category will be announced at Spring Conference.

CLUB NAME:

DISTRICT:	# of I		
Date	Member Name	Exercise Type	# of Hours

Date	Member Name	Exercise Type	# of Hours
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		+	
		TOTAL HOURS:	