

NJSFWC Health and Wellness Report Sheet 2025

Club Name _____ District _____

Number of Members as Reported on the May 1, 2025 Yearbook Data Form _____

Club Chairman's Name _____ Phone # _____

Email _____

Indicate the projects your **club has done** from **January 1, 2025 through December 31, 2025**, by completing the information next to the projects indicated below and on page 2. **Note:** Projects are not limited to this list. Additional projects can be listed under **Additional Projects** on page 2.

Project Descriptions/Narratives: you may add a total of 2 pages describing projects you wish to highlight. **Each project you highlight should have its own separate title and an explanation paragraph.** Please don't send pictures or flyers.

Community Service Projects	# of Projects	Hours	Actual Dollars Donated	Monetary Value of In-Kind Donations
GFWC Community Connection Initiative: Support for Caregivers				
GFWC Affiliate Shot @ Life Support				
GFWC Affiliate Operation Smile Support				
NJSFWC Let's Get Moving Challenge (equals one project)				
Adult Day Care Projects/Support				
Alzheimer's Projects/Support				
Arthritis Awareness Projects				
Blind Assistance/Braille Projects				
Blood Drives				
Breast Cancer Projects/Support				
Cancer Prevention or Awareness Programs				

Totals for this page				
Totals from page 2				

Total for both pages				
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Report Sheet and project descriptions must be mailed to the Health and Wellness Chairman to be judged. Reports may be emailed, but the information will be for statistical purposes only.

Postmarked no later than February 1, 2026

Katie Chambers
229 Indian Hollow Court
Mahwah, NJ 07430

Questions? Call (cell) 201-306-3261 or email chambers2@njsfwc.org

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Community Service Projects	# of Projects	Hours	Actual Dollars Donated	Monetary Value of In-Kind Donations
Cancer Patient Support Projects				
Clinic/Health Center Support				
Comfort Pillows: Breast Cancer/Heart Surgery Patients (equals one project)				
Deaf/Hard of Hearing Assistance/Projects				
Diabetes Awareness Projects/Programs				
Disabled Persons Projects/Support				
Easter Seals Projects/Support				
Health Fair Participation/Sponsorship				
Healthy Meal Promotion Projects/Programs				
Heart Health Projects/Programs				
Heart Month/Red Dress Promotion (February)				
Hospital Assistance Projects				
Immunization Promotion Projects/Programs				
Meals on Wheels/Senior Meals Projects				
Medicare Workshops/Programs				
Medication Awareness Projects/Programs				
Mental Health Awareness Projects/Programs				
New Eyes for the Needy Projects/Eyeglass Collections (equals one project)				
Nutritionist/Dietitian Programs				
Seeing Eye Projects/Programs				
Special Olympics Support/Sponsorship (equals one project)				
Additional Projects:				

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