

# LIBERTY DISTRICT PROGRAMS

At the January council meeting or through your sent Program report sheets, clubs shared the following information. If your club is interested in a particular program and there is no contact or information about the program/ project, please contact the club that sponsored the program.

Many of the programs/projects that are done with the club members' participation are either done for a cause or to keep members engaged or for fun, and many of the programs are town sponsored. I Hope this gives you some great ideas for programs or projects. If you are interested in what other clubs are doing from other districts, information can be found on the NJFWC Website under Materials under Program Assistance

## **WOMAN'S CLUB OF ALLWOOD-CLIFTON**

**HELD A "GETTING TO KNOW YOU BETTER** "meeting where they played Games.

**"BENEFITS OF USING COSMETICS"** a presentation by Aesthetician Michele Gerke \$10 dollars  
from members for serums.

**PUMPKIN DECORATING** In the fall they decorated Pumpkins and donated to shut-ins and seniors  
**FRAUD** presented by The Clifton Police department.

**DENTAL HEALTH** presentation by DR Maria Sokolina DDS

**TOWN BEAUTIFICATION PROJECTS** a presentation by Clifton Beautification committee

**HOLIDAY PARTY** Ed Tripod singer /guitarist entertained the club Fee Negotiable

## **WOMAN'S CLUB OF ARLINGTON KEARNY**

**WILLS AND POWER OF ATTORNEY** presented by Ashley Gillespie Attorney

**ROOTS AND WINGS** presented by Stephanie Tansey 973-453-6668

**MAKE WINE WITH US** presented by John Gizzi 201-876-9463

**WITCHES PADDLE** Celebrating courage a presentation by "Dodie Guardia [Celebcourage@gmail.com](mailto:Celebcourage@gmail.com)

**THE HINDENBURG EXPERIENCE** presented by Bill Schmidt 732-575-6904

They hosted their GCI attendees.

**POET** Josh Humphrey Director and Poet of the Kearny Library

**CHRISTMAS SOCIAL**

## **ARLINGTON WOMAN'S CLUB EMD**

**TOWN HEALTH DEPT** Had speakers from the town of Kearney health services,

**SAINT JOHN'S KITCHEN NEWARK**, they prepared sandwiches and desserts for a local soup kitchen,

**MEALS ON WHEELS** Prepared holiday cards and gifts for the local Meals on Wheels Program

Visited a local Museum to explore town history.

**SOCIAL PROGRAM** for parents of children with special needs info from the Kearny Board of

Education **CHAIR EXERCISES FOR WOMAN'S HEART HEALTH** Melissa Brown life and exercise  
coach 201-280-1592

Introduced their GCI candidate Via Zoom

**ANNUAL BANQUET,**

**BRAINSTORMING MEETING** a Dinner meeting to Brainstorm for activities and fundraising.

## **WOMAN'S CLUB OF BELLEVILLE INC**

Hosted the winners of their poetry contest.

**GCI** They also hosted their GCI Recipients and Scholarship winners.

**NEW JERSEY CHILDREN'S ALLIANCE** gave a presentation on their organization.

**PARTNERSHIP FOR A DRUG FREE NEW JERSEY** Bill Lillis CPS gave a presentation on the signs of drug abuse.

**" WHAT DOES CLIMATE CHANGE MEAN TO ME."** Held a poetry contest.

**SERVICE PROJECT** Worked with disabled adults in the community to shop, budget, bag, and deliver groceries to local food pantries.

**WENDY'S FUNDRAISERS**

## **WOMAN'S CLUB OF BERKELEY HEIGHTS**

**CRAFT WORKSHOP** Made a memory Necklace out of Beads.

**SPRING FUNDRAISER** Luncheon and Games \$35.00 entry fee.

**PICNIC IN THE PARK.**

**MEET AND GREET ICE CREAM SOCIAL** Berkely Heights Director Amy Stein Bauer Donation was given.

**FALL HARVEST FESTIVAL FUNDRAISER** Fee \$ 40.00 pp.

**CREATED AND DECORATED A HOLIDAY PLATE** Fee \$230.00 Marge Barkan

908-456-2889

**SPRING AND HOLIDAY LUNCHEON** both at Restaurants.

## **WOMAN'S CLUB OF BLOOMFIELD**

**MEANING OF SAINT PATRICK'S DAY**

**LATIN AMERICAN DANCE** demonstration Fee \$50.00

**GCI** delegates who spoke about their experience at GCI.

## **WOMAN'S CLUB OF CALDWELL**

**LUNAR NEW YEAR AND ORIGAMI** program where they made origami Lotus flowers enjoyed Asian foods and a PowerPoint presentation about the celebration.

**GAME NIGHT.**

**FIREFIGHTING AND HOME FIRE PREVENTION.** The Caldwell Fire Department demonstrated equipment used in their profession

**"HOPE FOR TOMORROW.** "Speaker Roya Saqib spoke about Life in Afghanistan and her non-profit

**"SUSTAINABLE EARTH: EASY WAYS TO GO GREEN"** a presentation at the Montville Library

Given by Sustainable Montville Committee Bansari Shah

**GUIDED MEDITATION** w/breathing and relaxation techniques given by Cindy Romano from Indigo Yoga Bloomfield indigoyogastudios.com.

**MIND-READER/MENTALIST** Flavian gave a program to members and non-members. Flavian, www.flavian.net Fee \$500.00

## **THE WOMAN'S CLUB OF LITTLE FALLS**

**THE MAKING OF POTTERY** Held a presentation and demonstration by Tina Shark on the processes of making pottery.

**CLUB HISTORY** Their historical committee organized a display of their club's history.

**THANKSGIVING SERVICE PROJECT** collected and packed Thanksgiving baskets for town families in need including homemade Afghans.

**TOYS FOR TOTS** collected items to be distributed.

**FOOD SERVICE PROJECT** Collected food pantries, items for veterans.

**PAJAMAS FOR SAINT JOE'S HOSPITAL** held a collection to be delivered.

**SERVICE PROJECT** Made homemade hats, scarves to give to OASIS and Eve's Kitchen

## **THE WOMAN'S CLUB OF MAPLEWOOD**

**FUN WITH ORIGAMI** Mary Kao 607-280-1170

**BELOVED BATH FOUNDATION** A organization committed to improving the lives of children and adults with autism. Donation given  
Belovedbathcharitablefoundation.org.

**MATTERS MAGAZINE** presenter Helen Donker

**CHAIR YOGA** demonstration by Dana Punzo [danapunzo66@gmail.com](mailto:danapunzo66@gmail.com) Fee \$50.00

**MATTERS OF HEALTH** Maplewood Health and Welfare Dept presenter Candace Davenport

**FOUNDERS' DAY CELEBRATION**

## **MONTCLAIR WOMAN'S CLUB**

**TECH QUESTION DAY** co-sponsored by the club and Montclair Gateway to Aging in Place, a presentation on common problems with technology and then breakout sessions at different tables each with a tutor.

**TALES OF THE ROBERT DURST MURDERS** a presentation by Charles Bagli the New York Times Reporter who covered the Story.

**DUMPLING DIPLOMACY** A presentation by Nancy Loo Founder of and the Pay it Forward Café at the Salvation Army

**WRITING, FAMILY RESEARCH** Author Suzanne Moyers gave a presentation on writing and family research and Her book "Til All These Things Be Done".

**IDA B. WELLS** Wendy Jones president of Ida Bell Publishing gave a presentation on /Ida B. Wells a well-known African American and anti-lynching crusader.

**COSTUMING MOSAIC** Celeste Varricchio and Bob Greenwald of the Mosaic Dance Theater gave a presentation on the costumes.

**109 ANNIVERSARY CELEBRATION** accompanied by the students of the Montclair Piano department from Montclair university

**HAPPY HOUR BOOK CLUB** discussed Covenant of Water by Abraham Verghese and had Indian munchies.

**COOKBOOK SWAP** Club Archivist gave a presentation on club history and held a cookbook swap.

**S.O.F.I.A, ANNUAL WALK** against domestic violence for local organization S.O.F.I.A. (start /out Fresh Intervention Advocates)

**PIANIST YOUNG-HEE KIM**, a member of the piano Faculty at Montclair State University gave a performance as a dress rehearsal for another event in full attire.

**OPENING LUNCHEON** catered by Jacks Surf and Turf with music on piano and saxophone.

**NEW YORK CITY RADICAL WALKING TOUR OF GREENWICH VILLAGE** Held a field trip to New York.

**FRIENDSGIVING THEMED POTLUCK DINNER** and invited another Woman's Group "Montclair women over 50.'

**WINE AND CHEESE BOOK TALK** with Author Anastasia Rubis discussing ‘Oriana” Her debut novel.

**WOMANSONG** Held a concert with WomanSONG

**HOLIDAY CROCHET FUNDRAISER** to benefit S.O.F.I.A.

**THE ITALIANS OF NEWARK AND MONTCLAIR: A CENTUARY OF ITALIAN CHRISTMAS**

**TRADITIONS AND MORE** a presentation by Coccia Institute for the Italian Experience in America and the Montclair-Aquilonia Sister Cities Agreement- cookies were provided for attendees.

**HOLIDAY COOKIE SWAP** partnering with the Woman over 50 Group

### **THE WOMAN'S CLUB OF UPPER MONTCLAIR**

**MOSAIC DANCE COMPANY** Morgiana Celete Varricchio from the company presented a behind the scenes look of a theatrical company, including costumes and folklore of the Middle East, North Africa, and southern Europe.

**MENTEL HEALTH & WELLNESS** presented by Dr Brooke Sorger the Sorger Group

**WAVES OF HOPE** Author Ron Negra spoke about the help a woman gave to families during WW2  
[ronnegra@comcast.net](mailto:ronnegra@comcast.net)

**LET'S GET MOVING** demonstrator Janet Large 201-460-1600 Kip Senior Center

**EMILY ROEBLING** Carol Simon Lewis gave a presentation of Emily Roebling as Emily herself.

**DAY TRIP** to the Laurelwood Arboretum in Wayne a 30-acre Oasis

**HOLLY BERRY CRAFT AND GIFT FUNDRAISER** club fundraiser

**CHRISTMAS TEA**

### **THE WOMEN'S CLUB OF VERONA INC**

**SERVICE PROJECT** Made hats, scarves, ear warmers and socks for donations.

**CRAFT WORKSHOP** A beading craft workshop was held by a member.

**CRAFT INSTRUCTION** Made small wooden flowers with instructor Joann Theobaid Fee \$40.00