New Jersey State Federation of Women's Clubs of GFWC **Barbara McCloskey, President**

Let's Get Moving - 2024 Activity Log

Track your club members' exercise hours in recognition of cardiovascular health. Submit your log to NJSFWC along with your Health & Wellness year-end report by February 1. Winners in each membership category will be announced at Spring Conference.

CLUB NAME	≣:		
DISTRICT: _	# of I	# of MEMBERS:	
Date	Member Name	Exercise Type	# of Hours

Date	Member Name	Exercise Type	# of Hours
		TOTAL HOURS:	
		IOTAL HOURS:	