

NJSFWC Health and Wellness Report Sheet 2024

Club Name _____ District _____

Number of Members as Reported on the May 1, 2024 Yearbook Data Form _____

Club Chairman's Name _____ Phone # _____

Email _____

Indicate the projects your **club has done** from **January 1, 2024 through December 31, 2024**, by completing the information next to the projects indicated below and on page 2 **Note:** Projects are not limited to this list. Additional projects can be listed under **Additional Projects** on page 2.

Project Descriptions: you may add a total of 2 pages describing projects you wish to highlight. **Each project you highlight should have its own separate title and an explanation paragraph.** Please don't send pictures or flyers.

Community Service Projects	# of Projects	Hours	Actual Dollars Donated	Monetary Value of In-Kind Donations
GFWC Community Connection Initiative: Support for Caregivers				
Adult Day Care Projects/Support				
Alzheimer's Projects/Support				
Arthritis Awareness Projects				
Blind Assistance/Braille Projects				
Blood Drives				
Breast Cancer Projects/Support				
Cancer Prevention or Awareness Programs				
Cancer Patient Support Projects				
Clinic/Health Center Support				
Comfort Pillows: Breast Cancer/Heart Surgery Patients				
Deaf/Hard of Hearing Assistance/Projects				

Totals for this page				
Totals from page 2				

Total for both pages				
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Report Sheet and project descriptions must be mailed to the Health and Wellness Chairman to be judged. Reports may be emailed, but the information will be for statistical purposes only.

Postmarked no later than February 1, 2025

Katie Chambers
229 Indian Hollow Court
Mahwah, NJ 07430

Questions? Call (cell) 201-306-3261 or email chambers2@njsfwc.org

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Make sure to add these statistics to those on the previous page.

Community Service Projects	# of Projects	Hours	Actual Dollars Donated	Monetary Value of In-Kind Donations
Diabetes Awareness Projects/Programs				
Disabled Persons Projects/Support				
Easter Seals Projects/Support				
Health Fair Participation/Sponsorship				
Healthy Meal Promotion Projects/Programs				
Heart Health Projects/Programs				
Heart Month/Red Dress Promotion (February)				
Hospital Assistance Projects				
Immunization Promotion Projects/Programs				
Let's Get Moving NJSFWC Challenge				
Meals on Wheels/Senior Meals Projects				
Medicare Workshops/Programs				
Medication Awareness Projects/Programs				
Mental Health Awareness Projects/Programs				
New Eyes for the Needy Projects/Eyeglass Collections				
Nutritionist/Dietitian Programs				
Operation Smile Support				
Seeing Eye Projects/Programs				
Shot @ Life (United Nations Foundation) Support				
Special Olympics Support/Sponsorship				
Valerie Fund Projects/Support				
Vial of Life Projects				
Walk-a-thon or Run Sponsorship/Participation (Health- or Disease-related Issues)				
Additional Projects:				

Totals for this page (page 2) (Add these to figures on the first page where indicated)				
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