

New Jersey State Federation of Women's Clubs of GFWC
Barbara McCloskey, President
Together in Service
United in Friendship

Advocates for Children Bulletin – June 2024

Chairman: Marie DiMatties
315 Walnut St, NJ 08033
h: 856 428-9290 c: 856 261-6911
dimatties@njfswc.org

Summer is on the way!

Here are some project ideas for members to work on over the summer and in anticipation of Back to School.

Summer Fun for Kids

Assist a group or organization to help bring some outdoor fun to children with special needs. Groups that hold summer events for autistic, handicapped or sight-impaired children are some possibilities. Or contact a local youth center, shelter, or foster care organization. If an organization doesn't have an event scheduled, consider having your club plan and run one.

Project Learning Tree Activities

Free nature-themed activity guides are available, listed by age group. Find information online by searching "Project Learning Tree Free Activities," or go to www.plt.org.

Bubble Bags: Put a bottle of bubbles, small toy, crayons, stickers, etc. in a decorated bag and attach this poem: "Bubbles, bubbles in the air, swirling, twirling everywhere. Some are big, some are small. See if you can pop them all!" Deliver to day care centers or summer camps.

Back-to-School Supplies

Summer is the time to think about back-to-school collections, since organizations that provide supplies to underserved students usually ask for items by August. Solicit the public to help with a collection by putting information on your Club's Facebook page or website, and find out if posting on your town's website is an option. You can ask local businesses to serve as collection drop-off sites.

Supply School Nurses' Closets or Community Closets

You can help stock these with items for students who may come to school without them. Contact your school(s) or Community Closets to see if items are needed. These might include bottles of water, packaged snacks or other non-perishable food items (no nuts), gloves or scarves for winter, and even feminine hygiene items for middle or high schools.

The **Advocates for Children Supplement**, located on the njfswc.org website, has additional suggestions for ways to support organizations dedicated to serving children.

Be sure to check out **GFWC's Junior Special Program: Advocates for Children** on the gfwc.org website.

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Arts Performing Bulletin, June, 2024

Chairman: Ann Ribinsky Brown
17 Buffalo Hollow Road
Branchburg, 08876
Cell: 908-872-7337
brown@njsfwc.org

Remember the wonderful performances on Tuesday afternoon at Convention? A special thank you to all participants. The performance was excellent.

This chairman is encouraging all clubs to start now planning their "Acts" for your District Arts Performing Day this spring. Additionally, there is a need for District Arts Performing chairmen. Won't you please consider a small leadership role and offer to be your Arts Performing District Chairman? Please call me or email me asap if interested. Training will be provided.

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Communications Bulletin – June 2024

Shelley Rothstein, Chairman

rothstein@njsfwc.org

201-887-5117

Effective communication is one of our most important life skills – and the key to the life and success of NJSFWC! This Chairman is thrilled to work with you over the next two years to help spread the word about the wonderful work of service and friendship the women in our state clubs accomplish every day.

This summer I encourage you to think ahead as your club plans its events and activities. Which of your events or initiatives might spark public interest? Perhaps your club is celebrating a milestone or anniversary. Are you throwing a fundraiser for the Special State Project? Perhaps you will hold an event in response to a specific need in your community, like a food drive or other special collection? All of these are press-worthy.

Over the next two years, this Chairman will encourage you to regularly communicate with the press – print and online, and occasionally TV and radio – to increase the visibility of your NJSFWC club. All of this can be done easily via email. Many clubs state, “my local newspaper is gone” or “the reporters never respond.” There are now many online news options to explore. All we can do is try. There is great advice in the state yearbook on how to put together a press release, and samples on the NJSFWC website under “Materials.”

Please stay in touch with your District Communications Chairperson, whose name and contact info can be found in your state yearbook. Let her know when you have exciting activities or achievements to announce, so we help support you. The key to this is timeliness – let us know several weeks if not months in advance of your event. Press releases work best when they are sent well before an event, rather than after. Journalists are less likely to cover “old news.” If the event was a hit, you can always send a follow-up release detailing your success.

Thank you for all your work for your communities and for our state. We can't wait to tell the world about all you do!

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DOMESTIC & SEXUAL VIOLENCE AWARENESS and PREVENTION

June 2024 Bulletin

Claire Hill, Chairman
201 Union Place
Ridgefield Park, 07660
(201) 440-2800
hill@njsfwc.org

As you make plans for your club events throughout the year, you may try some of these ideas:

- Adopt a shelter or room at a shelter. Donate bedding, curtains, lamps. Help paint a room.
- Make First Night Kits, Hygiene Bags, Birthday Bags and Anger Kits to be donated to local shelters.
- Donate paperback books for adults or children's books to shelter libraries (Remember the 130 initiative for books being donated)
- Donate suitable clothes for Dress for Success program. Check www.dressforsuccess.org to find a location in your district.
- Sponsor a Candlelight Luminary Vigil during Domestic Violence Awareness and Prevention Month in October and use purple ribbon around candles.
- Have a speaker from the local police department or a local shelter at your club meeting to speak about specific domestic violence issues, such as Elder Abuse, Dating Violence or Trafficking.

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Literature and Education Bulletin – June 2024

Chairman: Joan Murdock
15 Spring Street
Garfield, New Jersey 07026
Cell: 973 202- 5793
Home: 973 772-1999
murdock@njsfwc.org

Here are a few things to think about over the summer pertaining to the Literature and Education Department.

One of Barbara McCloskey's initiatives is for each District to collect and distribute 130 children's books to local libraries, elementary schools, nursery schools and safe houses. Well how about we add our food pantries? I'm sure we can ask them to distribute children's books to those who frequent their pantries.

Spelling Bee's: It isn't too early to start thinking about our District Spelling Bee's. Most districts have a District Chairman. Over the summer we will be meeting and reviewing how our spelling bee's will continue. If you have some idea's, please send them to this chairman.

ESO: What is ESO you ask? This is an Honorary Reading Society of the Education Community Services Program. All club members are welcome to join and all you need to do is Read! Information can be found on our NJSFWC website. There will be more about this program in future ALMANAC articles.

All of the above fall under Education and Libraries and there will be more in depth information over the next few months.

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Health & Wellness Bulletin – June 2024

Chairman: Katie Chambers
229 Indian Hollow Court, Mahwah, NJ 07430
c: 201-306-3261
chambers2@njsfwc.org

As you spend the next few months planning your Fall activities, please consider including this exciting new NJSFWC Health & Wellness initiative.

Let's Get Moving

Did you know that cardiovascular disease is the world's number one killer? Conditions affecting the heart and blood vessels – such as a heart attack, stroke and heart failure – kill more than 20.5 million people combined each year. 80% of premature deaths from CVD are preventable, by making small changes to our lifestyle: what we eat, drink how much we exercise and how we manage stress. September 29th is World Heart Day. The program has a Global Challenge that asks people to recognize and advertise cardiovascular disease awareness.

NJSFWC challenges its members to get moving to combat heart disease! Clubs are encouraged to sign up for September 29th for World Heart Day through the World Heart Federation – the link will be available on the NJSFWC website under "Health & Wellness" in materials. Then, let's get moving! Encourage members to start tracking their walking and exercising hours. Perhaps you could even start holding club-wide walks or attend exercise classes together.

Tally the total combined exercise hours completed by your members on your year-end report under the "Let's Get Moving" challenge. The club to log the most workout hours will be recognized at Spring Conference.

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Historian Bulletin – June 2024

Chairman: Randi Quilici
129 Glimmer Glass Circle
Cell: 732-371-1885
quilici@njsfwc.org

Are historians in demand?

Employment of historians is projected to grow 3 percent from 2024 to 2032, about as fast as the average for all occupations. About 300 openings for historians are projected each year, on average, over the decade. My name is Randi Quilici from The Woman's Club of Brielle, and the newly appointed NJSFWC Historian, now down to 299 openings as a volunteer from the heart.

History is based on written records. Did you know that the first written records date back a little more than 5,000 years in Egypt and ancient Sumer? The earliest Sumerian records used reeds cut at an angle to make wedge-shaped (cuneiform) marks on clay, which baked hard. Thankfully, for club Historians today, you don't need reeds.

How reliable are your written club records?

These documents are also known as Primary sources. Written records are used to write the history of your club and are reliable and based on eyewitness accounts. Saving club minutes, the president's agenda, the club yearbook/directory, newspaper articles, and your club newsletter are all important to the history of your club.

Here are some fun reasons why your club needs a Historian.

- The work environment is anywhere and anytime you choose.
- You have independence; there is no daily schedule.
- You have job stability for two years.
- The benefits are making friendships while gathering information.

Your club has a tremendous amount of history and accomplishments. Celebrate and share this with the newer members. Contribute a few sentences to your monthly newsletter under the heading of "Did you know."

When do you think the "Collect for Club Women" was read for the first time at a Federation meeting? October 1911, at the semi-annual meeting at Haddonfield Fortnightly in Haddonfield, NJ. At the opening session, NJSFWC President Catherine C. Warren read the Collect and said, "It is a beautiful sentiment for every woman whether she belongs to a club or not."

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Membership Bulletin – June 2024

Chairman: Patricia Dahl
576 Dew Court, Blackwood, 08012
h: (856) 227-0659 c: (609) 254-7909
dahl@njsfwc.org

Please note that all new members' names, emails, and addresses should be sent to Patricia Dahl, Second Vice President as soon as they become members of your club. The form can be found on the NJSFWC Website under Materials, Membership.

The new member letters and handouts will be emailed to those who have email addresses and snail mail to all others.

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SPECIAL STATE PROJECT JUNE BULLETIN

April Shoemaker, Chairman
shoemaker@njsfwc.org
908-240-7292

The New Jersey Children's Alliance is NJSFWC's Special State Project for 2024-2026. The New Jersey Children's Alliance promotes hope, healing and justice for victims of child abuse throughout New Jersey by supporting 21 Child Advocacy Centers – one in every county. Every club will receive a listing of each county location. The goal of the New Jersey Children's Alliance is for every child abuse victim (under 18 years of age) to have access to the hope and healing provided by each center in order to create a world without child abuse.

There will be many types of projects we will be promoting throughout the year. The first program we will be promoting is the collection of new backpacks for each center. Backpacks should be in a variety of colors that both boys and girls may use. The following items can be included inside the backpacks:

- Notebooks
- Pens
- Crayons
- Pencils
- Erasers
- Folders
- Highlighters
- Markers

Each club is asked to coordinate the collection of the backpacks and coordinate the distribution to the center before the start of the school year in September. A LISTING OF EACH CENTER IN ALL 21 COUNTIES IS INCLUDED IN YOUR BULLETINS.

Please do not bring the backpacks to NJSFWC Headquarters.

We are also collecting gift cards to UBER and LYFT in \$25.00 denominations. This will be a year round project as the cards will be used to for bringing families to various appointments.

We are looking forward to helping the New Jersey Children's Alliance create a world without child abuse.

New Jersey Children's Alliance 21 Child Advocate Centers

Atlantic County

Atlantic County Child Advocacy Center
4997 Unami Boulevard, Suite 2
P.O. Box 2002
Mays Landing NJ 08330
Phone: (609) 909-7929
Website: <http://acpo.org/>

Bergen County

Bergen County Child Advocacy Center
100 Eisenhower Drive
Paramus NJ 07652
Phone: (201) 226-5620

Burlington County

Burlington County Child Advocacy Center
118 High Street
P.O. Box 6000
Mt. Holly NJ 08060
Phone: (609) 265-5889
Fax: (609) 265-5160

Camden County

Camden County Child Advocacy Center
1137 Federal Street
Camden NJ 08102
Phone: (856) 614-8000
Website: <http://friendsofcccac.org>

Cape May County

Cape May County Child Advocacy Center
372 Court House- S. Dennis Road
Cape May Court House NJ 08210
Phone: (609) 465-1135 x3440

Cumberland County

Cumberland County Child Advocacy Center
14-16 East Commerce Street
Bridgeton NJ 08302
Phone: (856) 453-0486

Essex County

Wynona's House Child Advocacy Center
185 Washington Street
Newark NJ 07102
Phone: (973) 753-1110
Fax: (973) 645-1026
Website: <https://wynonashouse.org>

Gloucester County

Gloucester County Child Advocacy Center
45 Cooper Street
P.O. BOX 623
Woodbury NJ 08096
Phone: (856) 384-5557

Hudson County

Hudson County Child Advocacy Center
595 Newark Avenue,
5th Floor
Jersey City NJ 07306
Phone: (201) 915-1234

Hunterdon County

Hunterdon County Child Advocacy Center
65 Park Ave
P.O. Box 756
Flemington NJ 08822
Phone: (908) 806-8765

Mercer County

Mercer County Child Advocacy Center
1589 Lambertson Road
P.O. Box 8068
Trenton NJ 08650
Phone: (609) 989-6350

Middlesex County

Middlesex County Child Advocacy Center
Middlesex County Prosecutor's Office
25 Kirkpatrick Street, 3rd Floor
New Brunswick NJ 08901
Phone: (732) 745-3394

Monmouth County

Monmouth County Child Advocacy Center
500 Kozloski Road
Freehold NJ 07728
Phone: (732) 683-8660

Morris County

Deirdre's House Child Advocacy Center
8 Court Street
Morristown NJ 07960
Phone: (973) 631-5000
Website: <https://www.deirdreshouse.org>

Ocean County

Ocean County Child Advocacy Center
7 Hadley Ave
Toms River NJ 08754
Phone: (732) 929-2027, ext. 3647
Website: <http://www.co.ocean.nj.us/cac>

Passaic County

Passaic County Child Advocacy Center
30 King Road
Totowa NJ 07512
Phone: (973) 837-7651

Salem County

Salem County Child Advocacy Center
87 Market Street
P.O. Box 462
Salem NJ 08079
Phone: (856) 339-8630

Somerset County

Somerset Child Advocacy Center
40 North Bridge Street
P.O. Box 3000
Somerville NJ 08876
Phone: (908) 575-3381

Sussex County

Ginnie's House Child Advocacy Center
4 High Street
P.O. Box 315
Newton NJ 07860
Phone: (973) 579-0770
Fax: (973) 579-1063
Website: <http://ginnieshouse.org>

Union County

Union County Child Advocacy Center
240 West Jersey Street
Elizabeth NJ 07202
Phone: (908) 965-3866

Warren County

Warren County Child Advocacy Center
413 Second Street
Belvidere NJ 07823
Phone: (908) 475-6275

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Web Communications Bulletin – June 2024

Chairman: Dee Hosier
122 Sandpiper Lane
West Deptford NJ 08086
H: 856-848-3217, M: 609-220-2603
Email dee768nj@gmail.com

Get Your Photos on the NJSFWC Facebook Page!

Summer is almost here, and our clubs are winding down a bit. But we still always do things during the summer, whether it's having a social time, stuffing stockings for veterans, participating in community fairs, parades, and events, or other projects.

Even if you have your own club Facebook page, the NJSFWC Facebook page is a place to get your photos posted to get a little more publicity coverage for your club and let other clubs know what you're doing. So here's how to send your photos in for posting:

EMAIL YOUR PHOTOS TO facebook@njsfwc.org. BE SURE TO INCLUDE A CAPTION! Describe what's happening in the photos, and don't forget your club name! Try to choose the very best photos, ones with people in them! And please, only a few photos, maximum of 5 per post.

Our Facebook Scheduler will post them on the NJSFWC Facebook page in the order they are received. If you don't see your club post right away, just be patient. At times it might take up to two weeks because of other posts received and scheduled.

That's all there is to it! **And be sure you are following NJSFWC on Facebook!** Just go to <https://www.facebook.com/njsfwc> and click "Like."

Looking forward to seeing all your club events, and have a great summer, everyone!