



# ALMANAC



## New Jersey State Federation of Women's Clubs of GFWC

55 Labor Center Way, New Brunswick, NJ 08901

### President's Message—Shirley A. Holly

Happy New Year! How fast the days are going by, before we know it, we will be at Convention. The Convention Chairman Patricia Dahl will speak at all of the District council meetings this month. You won't want to miss information about Convention. All council meetings will be held in January via Zoom so you can attend from the comfort of your living room couch!

Congratulations to NJSFWC on being selected as the Outstanding Community Organization at AFP (Association of Fundraising Professionals). This President was proud to accept the award and say a few words about NJSFWC and the work we do, at the Excellence in Philanthropy awards luncheon. Thank you to Barbara McCloskey for nominating NJSFWC!

NJSFWC and Douglas College partnered together to present the Women's Global Leadership panel discussion in November. This was part of the Global 16 Days Campaign Against Gender Based Violence. Thank you to Dawn Pogosaew-Domestic & Sexual Violence Awareness and Prevention Chairman who was instrumental in securing the panelists from Women Aware, Safe and Sound and Rutgers Office for Violence Prevention and Victim Assistance for the event. It was a very informative evening about work we need to continue to support.

Thank you to Brandi-Leigh Miller for the work she put into the "There's Snow Place Like Your Federation Home" Open House. It was beautifully decorated, and the live music was serene and beautiful. Thank you to everyone who attended.

January is the month most clubs begin to write their year-end reports to document their club history. This is so important to show your club members a few years down the road, all that your club has accomplished. Sometimes we forget year to year all of the different projects we have worked on. Year-end reports capture all of that! Try to write a short narrative explaining what the project was and how your community benefited. This will be helpful if members want to revisit an old project. If you win an award or two, even better!

Wishing you much success and prosperity in this New Year.

In Federation Friendship,  
*Shirley*

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Love, Loyalty,  
Friendship -  
The Bonds of  
Volunteerism



**NJSFWC PRESIDENT-ELECT****Barbara McCloskey**

As the calendar turns to a new year, clubs are compiling their statistics and projects for the 2022 year-end club reports.

Think about the leadership report. Many club presidents think only of their hours when reporting under leadership. When writing those year-end reports, don't forget to include ALL leaders within your club.

Does your club have a District Chairman? Ask that District Chairman how much time she has spent in her position. She reports at every District council meeting, it takes time to prepare what she is going to say at that council meeting. Did she make phone calls or answer emails from club members requesting information?

Did your club hostess a District meeting? How did you get your club members to attend?

Do you have a club member serving on State Board? The same questions apply. State Board members have monthly meetings, ask for her hours. Make sure she includes her time spent preparing.

Did you or other members of your club attend the Leadership Workshop in February or LEADS Workshop in November? Report those hours.

Did you and other members of your club revise your Bylaws? This falls under leadership! Did you hold an orientation meeting for new officers? Be sure to give details - what topics did you cover, how many attended, how much time was spent preparing and at the actual meeting. What was accomplished?

Please report all of the wonderful things you have done as a leader in your club!

**January is also the month when many clubs establish a nominating committee.**

Do you have job descriptions for the positions that need to be filled? Many members may not want to step up into leadership roles if they do not know what is expected of them.

Many people have the perception that there is more responsibility in a position than they can handle. They may be surprised at how they can handle the position, especially if they are given the tools and support along the way. With that in mind, now is a great time to create or update those job descriptions.

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**NJSFWC FIRST VICE PRESIDENT****Susan Chambers**

Happy New Year to all – and Happy Report Writing! This is the month when most clubs gather to write their Year-end Reports. Presidents, remember that you are not alone; make sure to involve your Community Service Program Chairmen, and Committee Chairmen in the process for a complete picture of your club's accomplishments. The best way to complete your reports is to have a gathering where you fill out the forms together. It can be a regular meeting, or a social get together – which is always this officer's choice: fun = productivity!

It's important to involve these Chairmen for several reasons: they are most familiar with what was done by their group; it shows them their importance to the club; and it allows them the opportunity to see what other Chairmen have done and may inspire them to take on a different challenge. When a Chairman stays in one role for many years, it can become stale and stagnant to both the Chairman and the group in general. Fresh ideas are always welcome.

Remember to make your narratives descriptive and interesting. You may be eligible for special recognition – perhaps one of the Top 10 Creative Projects!

If you need some help, there will be an in-person Report Writing Workshop at Headquarters on January 4<sup>th</sup> from 10:30 a.m.-12:30 p.m. (snow date January 10<sup>th</sup>) and a Virtual Workshop on January 6<sup>th</sup> from 10:30 a.m.-12:30 p.m. Please contact this Officer if you and/or your club members wish to attend. Feel free to contact this Officer by phone or email if you have any questions or cannot attend any workshop. [chambers@njsfwc.org](mailto:chambers@njsfwc.org)

**NJSFWC SECOND VICE PRESIDENT****Chris Sienkielewski****Recipe for a Strong Elevator Pitch**

An elevator pitch is important because **it communicates the most important aspects of your club within a very short window of time** and it is an invitation to be a part of your club. It is called an elevator pitch because you should be able to give the entire pitch during an elevator ride. Most people estimate that to be about 118 seconds – the average length of an elevator ride in New York City. But that doesn't mean it should be that long...but it also shouldn't be longer than that.

When someone asks the age-old question, "What do you do?" they're giving you the chance to talk about the incredible work your club and NJSFWC does. You can make a big impact in a short time, but you want to make sure it's a *positive* impact.

**Dos and Don'ts of Elevator Pitches**

- Do practice. Read it out loud and identify the parts that are tricky to say. It shouldn't sound like you memorized it and don't read off index cards! Practice it with your members, too.
- Do bring your mission to life with examples. This is where specifics and successes come in. Try to answer the following:
  - Who do your club projects impact?
  - What is your mission? (Look at NJSFWC and GFWC's mission.)
  - Where are you located?
  - Why should your listener care about your club?

Just be careful not to overwhelm with examples.

- Do give your business card as a wrap up to the pitch. Every club member should have at least 5 business cards with them.
- Don't use jargon. If your pitch is loaded with the NJSFWC alphabet soup, your listener will likely tune you out. Use plain language.
- Don't answer questions with a list. When someone asks, "What do you do?" use this as an opportunity to explain a few things your club focuses on.

The great thing about an elevator pitch is that it's not set in stone. You can update it as your club grows or even tailor it to your audience. Craft different pitches for when you find yourself at a gala, dinner or one of the kid's soccer games.

**NJSFWC FINANCIAL SECRETARY****Christina Burlew**

This Officer would like to thank every club that submitted a Fundraising Report last year. Your efforts were recognized at the GFWC International Convention in New Orleans. This Officer is so proud of all of your efforts and for all that you do for Federation and your community.

If your Club has not completed a report in the past, please consider doing so. Report Writing not only becomes part of your club's history but also sharing your accomplishments may provide a club with ideas on how they can successfully hold a fundraiser.

When submitting your report, please include a narrative. The purpose of a narrative is to tell a story. Be sure to include all the details. Possibly this was the first time for your event. Did you put a different spin on it? What was your inspiration for trying a new fundraiser? Did you get your idea/s from an ALMANAC article, Council meeting, GFWC website or another source?

As you complete each fundraiser, fill out a Project Report Form. If you haven't used one, you can find a sample on our website, [njsfwc.org](http://njsfwc.org). Choose Materials. Click on Annual Report Forms and Instructions. This form is a great resource for gathering all your information about your event.

Thank you to everyone who participated in our Holiday Gertrude Hawk Fundraiser. This Officer hopes you enjoyed your chocolate treats. **Reminder** that the Body Shop Fundraiser is ongoing. Each month there are different specials and a vast array of products. To order: [bit.ly/NJSFWC](http://bit.ly/NJSFWC) If you have any questions, text or call Lesa Brinker at 201-390-7442.

**COLLEGE DISTRICT****Linda Carbley**

All Clubs in the College District are hosting food collections to be used for NJSFWC Day of Service on January 16<sup>th</sup> for meal kits to be assembled on that day for Community Foodbanks.

**Bridgewater Woman's Club** is hosting a speaker from "The Seeing Eye" – Donald MacGowan will talk and show how the selection, evaluation and training process is for puppies who become Seeing Eye dogs.

**Cranbury Woman's Club** will be assembling personal hygiene bags for Meals-on-Wheels recipients on February 2<sup>nd</sup>.

**Flemington Woman's Club** packed individual cookie bags for a local nursing homes' residents for the holidays.

**Kalmia Club** is celebrating their 125<sup>th</sup> Anniversary – congratulation! In proud celebration of this milestone the club kicked off a scholarship and preservation fundraising campaign called "125 People to Donate \$125".

**Branchburg Woman's Club** will host a speaker from the Emmanuel Cancer Foundation at their January 19<sup>th</sup> meeting.

**East Brunswick Woman's Club** collected 42 gifts cards to support families in need for the Holidays.

**The Woman's Club of Tewksbury Township** will be holding a Diamonds & Dice Charity Casino Night plus Silent Action on Saturday, February 11<sup>th</sup> at 6:30 p.m.

District clubs remembered veterans by giving donations and laying wreaths for Wreaths Across America which was December 17<sup>th</sup>.

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**GARDEN DISTRICT****Marie DiMatties**

This District Vice President had the pleasure of presenting letters of congratulations and certificates from both NJSFWC and GFWC to **The Woman's League of Mount Holly** on their 115<sup>th</sup> Anniversary at its Christmas/Anniversary Celebration.

The **Contemporary Club of the Garden District** has changed its Bylaws. The club is now accepting any former Junior Women's Club member currently belonging to a Federated Women's Club in the Garden District. The club meets twice a year - March and October. Call Mary Schneider at 856-905-5870 for more information. Please consider joining and renewing Junior friendships.

**Marlton Woman's Club** is supporting Free The Girls with new and gently used bras to help free girls from sex trafficking and I Support the Girls with sanitary napkins to help women and girls go to work and school.

**The Woman's Club of Pitman** held a very successful Spirit of Christmas House Tour featuring six beautifully decorated homes. Attendees were transported to the magic of the holidays. Proceeds from the house tour are used to support scholarships.

The **Woman's Club of Pennsville** had a new member originally from Russia join their club. She works for the Salem County Health Department and will be helping to bring programs sponsored by the Health Department to the club. They donated two wreaths for "Wreaths Across America" and members helped with the laying of the wreaths at Finn's Point Cemetery.

**GFWC Woman's Club of Runnemede** features the biography of a renowned artist in the Art section of their newsletter.

The **Woman's Club of Wenonah** is commemorating its 100<sup>th</sup> Anniversary with a three-phase project at Wenonah Park. Phase one, a Secret Garden and Phase two, the Guardian of the Park Lion have been completed. Phase three will be completed in May.

## HIGHLANDS DISTRICT

Lynn Webb

Congratulations to the **Long Valley Juniores** who received an "Outstanding Achievement Juniores Participation" at the 2022 GFWC Annual Convention. Congratulations to the **Junior Woman's Club of Sparta** who received a certificate in an increase of membership; +11 members.

**The GFWC Woman's Club of Boonton** had Wish Trees for the Boonton Fireman's home, local families and St. Clare's Crisis Center.

Jeanne Murphy is a retired Army colonial and she has been a keynote speaker at **Blair Woman's Club** and **Woman's Club of Denville-Rockaway Area**; the title of her program was "When a Door Opens....."

**Blair Woman's Club** had a successful fundraiser at Brook Hollow Winery.

**Woman's Club of Hackettstown** and **Woman's Club of Belvidere** joined **Washington Woman's Club's** International Pot Luck Dinner. The speaker was from Emmanuel Cancer Foundation.

At the **Past Presidents' Club of the Tenth District's** meeting, members wore costumes and witches hats. Women brought their "valuable" home items and were sold in the Auction Fundraiser. They raised over \$400.

**Roxbury Woman's Club** will be holding their 2<sup>nd</sup> Tricky Tray on Saturday, April 29, 2023. There will be at least 3 levels of prizes. There will be a 50/50 and a Lottery Apron. The club will sell ticket bundles before the event.

**Sparta Woman's Club** held a successful game day and raised approximately \$4,800 for their scholarships. Eighty-six attendees enjoyed a delicious lunch while playing their favorite game, socializing, and generously supporting our raffles and silent auction.

**Thursday Morning Club** will have a Scholarship Social, Thursday, January 19, 2023, 11:30 a.m. at the Madison Community House, 25 Cook Ave., Madison, New Jersey 07940.

## LIBERTY DISTRICT

Joan Murdock

The **Woman's Club of Berkeley Heights** held a Bakeless Cake Sale to benefit the Littell-Lord Foundation; collected socks for Veterans at Lyons Veterans Hospital in Basking Ridge and had a program titled "Stiches in Time" by Hannah Gaston from Liberty Hall Museum.

**West Orange Women's Club** did a holiday cookie exchange and Paint-n-Sip party.

The Grover Cleveland Park Conservancy was the recipient of a donation from the **Woman's Club of Caldwell**. To express their gratitude, the Conservancy had two bricks laid in their walkway with the club's name etched on them. They had a local filmmaker who produced a documentary about Gabby Giffords and raised \$1,000 for her non-profit. They are also collecting personal hygiene items for S.O.F.I.A (Start Out Fresh Intervention Advocates).

On January 20<sup>th</sup>, at 1:30 p.m., the **Woman's Club of Montclair** will hold a Zoom talk: Health Trends for a Healthy 2023! Mary Ann Reidy, Clinical Nutritionist and Host of the Nutrition Network Self Care Podcast will share insights and knowledge about the health and nutrition trends and how to avoid health scams! Zoom link is available on club's website: <https://www.montclairwomensclub.com/eventsprograms.html>.

The **Woman's Club of Little Falls** will be holding their International Luncheon at the January meeting. The members will bring in food that represent many different cultures.

**Woman's Club of Upper Montclair** held a successful Christmas Tea with homemade sandwiches and desserts. The Performing Arts Committee presented a Holiday Musical with Mr. Larry Hunt an internationally renowned musician performing.

**LIBERTY DISTRICT Continued**

**West Essex Woman's Club** continues to collect cold weather accessories for the Human Resources Bureau Caldwell.

**Woman's Club of Allwood** had a successful tricky tray. They have a container in the Allwood Library to collect coupons for military families.

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**PALISADES DISTRICT****Claire Hill**

**Woman's Club of Englewood** has a Dance Program with Arthur Murray scheduled.

**Lyndhurst Woman's Club** has a Mardi Gras dinner dance/tricky tray scheduled.

The **Woman's Club of Emerson** distributed "Stay-At-Home" Tea letters to friends and the community for their support of the NJSFWC Special State Project. Club members are also collecting 2023 wall calendars that will be sent to the residents of the Paramus Veterans Home.

**Cresskill Woman's Club** will draw the first Calendar Raffle at their general meeting. They will be doing Candy Cookie in February which will be distributed to various local charities.

**Woman's Club of Paramus** - Music Department put on a show and over 130 pairs of gloves, hats/scarfs were collected for a local shelter. Each member brought three dozen homemade cookies, brought one dozen home and donated 2 dozen to the local food pantry. New and gently used coats were collected for a Domestic Violence home center.

The **Greater Pascack Valley Woman's Club** is making plans for their Military Bridge.

**New Milford Woman's Club** will have an Indoor Game Day—think corn hole and other beach games planned for March. They will also be preparing for a Bingo Night fundraiser.

**Woman's Club of Carlstadt** is collecting sweatpants for our veterans. Arts Performing gals will be singing and dancing for them to celebrate Veteran's Day.

**Harrington Park Junior Woman's Club** will have their annual installation dinner, a spring tricky tray fundraiser, and spelling bee.

**Woman's Club of Rutherford** is holding a clothing etc. collection, which will lead up to its Thrift Shop/Boutique.

**Woman's Club of River Edge** will supply pajamas and socks for the Advocates for Children project. The Club will be collecting food items for the Community Food Bank.

**Woman's Club of Dumont** collected for Several Sources Families, gift cards, toys and necessary items for the families.

**Woman's Club of Ridgefield Park** is planning a homemade soup and salad program. Recipes for each will be shared.

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**RAMAPO DISTRICT****Tin Ree**

**Allendale Woman's Club** will be holding a food drive.

**Montville Township Woman's Club, Inc.** will continue to collect bras, tabs and shoes and continue to support Girls' Career Institute by sending two students as well as holding a blood drive at the end of the month.

**RAMAPO DISTRICT Continued**

**Pines Lake Woman's Club** does not meet in January, but their book club begins with the books they pick in December.

**Ridgewood Woman's Club** will continue its collection efforts for CASA and reach out to Social Services to support local charities with their needs and volunteer for Meals on Wheels.

**Riverdale Woman's Club** kept busy in December with a wine tasting and made 150 napkin rings for dinner trays for patients in the hospital and donated 32 stockings for Yellow Ribbon.

**Junior Woman's Club of Ramsey** will hold their 36<sup>th</sup> annual Spelling Bee and 27 students from 4 local schools will participate.

**Woman's Club of West Milford Township** will hold report writing workshops and install new members.

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**SHORE DISTRICT****Kathy Doty**

**The Woman's Club of Asbury Park** is holding the District Arts Performing Day at their club house.

**Belmar Woman's Club** is having a Winter Wonderland Gift Auction, Wednesday, January 18, 2023, 12 Noon to 4:00 p.m., and proceeds to benefit their scholarship fund.

**Brick Township Woman's Club** participated in the town craft fair. Proceeds will be put toward their scholarship fund.

**Woman's Club of Brielle** held a luncheon celebrating 55 years of Federation.

**Woman's Club of Colts Neck** are sewing cosmetic bags with zippers for each of the 15 girls at a youth service organization.

**Howell Woman's Club** kicked off the year with their annual membership social, and welcomed several new members.

**Woman's Club of Lacey** had a "Volunteer Fair" at a meeting. All program, standing committee, and special committee chairpersons were stationed along the perimeter of the room signup sheets. Members were asked to select an area to volunteer. New members had the opportunity to see all the options.

**Little Silver Woman's Club** Members are teaming up with Holiday Express to make felt Mice and Santa heads.

**Woman's Club of Matawan** is holding an Unwanted Gift Auction. A service projects for this month is Blizzard Bags for Meals-on-Wheels.

**Woman's Club of Point Pleasant** will be the Shore District drop off location for the NJSFWC Day of Service.

**Past President Shore District**– Any past president of a federated Club, consider joining us. Call Betty Murrison at 732-920-8297 for information. At meetings, they are exchanging suggestions for clubs dealing with diminishing membership.

**The Woman's Club of Red Bank** is holding a Membership Meeting January through December, the first Tuesday of the month, followed by a board meeting.

**Woman's Club of Spring Lake** held a Scholarship Luncheon.

**Stafford Township Woman's Club** started a Lunch Chick, you put your name in a hat and they pick 4 names, and they go to lunch to get to know each other better.

**SOUTHERN DISTRICT****Laura Badger**

The **Millville Woman's Club** will be warm having a soup, salad and dessert luncheon at their monthly meeting with a program presented by Standard Senior Living of Millville. The Civic Engagement & Outreach Department will continue to collect food for the Help and Hope Ministries. They will host the District Day of Service with the District Chairman being a Millville Woman's Club Member.

Also keeping warm will be the **Woman's Civic Club of Hammonton** planning a soup night. The program at the meeting will be the town's Fire Inspector. He will discuss the new state policy of a fire detection system in the basement of the clubhouse. They will be preparing for the Freshman/Sophomore Hop and the Junior/Senior Prom.

**Country Shore Women's Club** donated the proceeds to local food banks from their play, "The Sound of Music". Holiday ornaments made by members will be entered in Achievement Day. The Emmanuel Cancer Foundation received funds from the Boscov's Friends Day. In their spare time they volunteered in the Upper Township Clean-Up Day. An accessory sales booth at the Fall Festival was so successful they plan to participate in the Spring Festivals.

**The Woman's Club of Vineland's** Target project for January is Code Blue, they will collect men's gloves, hats and scarves. Game Day is back for Mid-January!

The **Woman's Club of Absecon**, the **Women's Community Club of Cape May** and the **Colony Club of Ocean City** are continuing collections for President Holly's 130 incentive program celebrating 130 years of NJSFWC.

The Clubs will participate in the Day of Service providing food items for the "Dinner in a Bag" program, or donating. Most of the clubs have book review meetings.

**THE ARTS AND CULTURE COMMUNITY SERVICE PROGRAM****Barbara Rose**

In the bleak winter, which hopefully will include some Report Writing (a great inside activity) there is time to plan the year and decide what to enter in the spring Achievement Day. The instructions are in the 2022-2023 Supplement, which may be found in two places on the website: under Arts and Culture and under Achievement Day. Under Achievement Day is where you will find the registration forms. Photo entries each require three forms, others only one. Each District has its own form, which will be sent to the District Arts and Culture Chairman. Although the deadline is two weeks before your Achievement Day, please register as early as possible, so your Chairman can process them. Also, though it is announced every year, there should be NO unregistered entries on the day itself. Registrars have enough to do taking in all the District entries and getting them into the proper order. Anyone who would like to help is asked to contact your District Chairman. Remember the rewards of volunteering.

Once you are ready for Achievement Day, you may feel like a little baking in a cozy kitchen. This gold ribbon prize-winning Cheese Biscuit recipe is a step up from ordinary biscuits, and it is sugar-free.

½ cup butter  
1 ½ cups flour  
¼ tsp cayenne

½ lb. sharp cheddar cheese, grated  
½ tsp salt  
Almonds or pecans, blanched

Cream the butter and cheese, mix in flour, salt and pepper. Roll into balls the size of a half dollar. Chill overnight. When ready to cook, slice each ball 1/3 to ½ inches thick and press a piece of almond or pecan in the center of each biscuit.

Bake at 350 degrees on ungreased cookie sheet sprinkled lightly with salt for 15 to 18 minutes or until edges are slightly brown. Serve warm and enjoy!

If you are feeling crafty, you might make some Valentine Cards for a local senior citizens' home or the youth at Covenant House NJ (they were last year's Day of Service choice) for delivery next month. If the grandchildren are around, ask them to help, too.



**CIVIC ENGAGEMENT & OUTREACH COMMUNITY SERVICE PROGRAM** Ann Ribinsky-Brown

In addition to the three Veterans Memorial Homes (Paramus, Menlo Park and Vineland), two other housing facilities are available to homeless veterans in both the Northern (Glen Gardner) and Southern (Winslow Township) parts of the state. Both facilities are funded by the State of New Jersey, Department of Military and Veterans Affairs, and supported by the U. S. Department of Veterans Affairs and a wide variety of service organizations and agencies, veterans' groups and private citizens.

The primary qualification for admittance to Veterans Haven is that the veteran be homeless. Complete physicals at the time of entry are mandatory. Applicants must be drug and alcohol free at the time of the application.

Both Veterans Haven-South and Veterans Haven-North offer up to two years transitional housing for homeless veterans, and a three-phase program to meet individual needs. These include Bridge Housing, Clinical Treatment, and Intensive Transitional Housing. Bridge housing is designed for the short-term, with the focus on the rapid move to permanent housing. There are many, individualized aspects of Clinical Treatment including case management support, which is coordinated with the HUD-VASH, SSVF or other community-based programs. The final phase is Intensive Transitional Housing, which assists with long term housing and employment needs

Each phase lasts from three to six months and is tailored to individual treatment needs and vocational interests. Transportation is available to local support groups such as PTSD support or credit repair services and debt forgiveness guidance. Supporters and sponsors conduct morale building field trips. Veterans completing the program return to vocations which will support them in years to come.

If your club is interested in supporting the men and women in either of the Veterans Havens, look for the Civic Engagement and Outreach Bulletin at your January Council, which will provide the Wish Lists for both Veterans Haven-South and Veterans Haven-North.

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**EDUCATION AND LIBRARIES COMMUNITY SERVICE PROGRAM**

Marta Cirilli-Kuebler

Each year we begin the New Year with best intentions and resolutions that tend to fade away by Valentine's Day. The best way to succeed with your New Year Resolutions is to make them not just intentions. Have that book that you purchased over the summer with every intention to report it with ESO yet it sits on a shelf? Create a routine where in you curl up on the couch with that book on a specific day and time! SET A REMINDER to do it - it helps, promise. During the down time between meal prep and while it cooks, take that time to peruse GFWC's social platforms like Facebook and GFWC News & Notes to learn more about Education and Libraries.

With regards to projects in Education and Libraries, reach outside your comfort zone and try something new. Create a STEM challenge that encourages hands-on learning. Using resources available on sites such as Pinterest will help you can find projects ranging in age group and difficulty.

Though our State Spelling Bee for this year is fast approaching, start thinking about getting a jump start on next year's Bee. Doing it over the summer is also a great possibility. It allows for more time to plan in a less hectic time frame. Those who hold their Bee over the summer can simply coast till our District and State Bees in 2023. If you have questions regarding time frame or how to hold a spelling bee club, please reach out to our State Spelling Bee Chairman or State Chairman for Education and Libraries.

Remember to continue to promote graduate students to apply for our Margaret Yardley fellowship. Applications are done online and can be found on our website. Deadline is March 1<sup>st</sup>.

Remember that we aren't just celebrating a New Year but also a chance to restart or establish a partnership with our community through a partnership with Education and Libraries.

**ENVIRONMENT COMMUNITY SERVICE PROGRAM****Jacqueline Wisner**

Wishing all a happy, safe and healthy New Year! Let's make a resolution together, to commit to taking whatever steps we can to protect our environment. Are you with me? Please share any ideas to be included in next month's article.

Now that we are officially in "winter", thoughts go to how we can safely remove the inevitable flurries and buildup of snow. By this writing, we may already have had to struggle with the white stuff. But our usual tried and true method of rock salt, although effective, is not eco-friendly. It can corrode cement and washes into street sewers, where it's discharged into local waterbodies. The concentration of salt may harm flora, fauna and marine life that aren't equipped to exist in salty water. On land, the salt sticks to grass and trees causing dehydration and may kill plants and can irritate the paws of our fur babies. It's best to limit use to extensive or troublesome areas.

Here are a few DIY alternatives to try:

- 1) Pre-treating the surface with homemade brine (1/4 less salt than rock salt) which can be applied up to 48 hours before a storm. After the snowfall, whether you're cleaning the snow manually or using ice-melt, it takes less effort and time if you have pre-treated. HOW? Mix 2 lbs. of salt in every gallon of water. Stir the brine until all of the salt is dissolved. Using a spray bottle or masonry sprayer apply the liquid several hours before a storm. Start by applying about 0.25—0.5 gallons to a 10' x 50' area. Some like to add beetroot juice, but it can be staining and hard to remove.
- 2) Rubbing alcohol isn't as effective as salt but it is not harmful or poisonous. With a freezing temperature of around -20 degrees Fahrenheit, it slows down the freezing of water into snow and ice. HOW? Add a cup of water to a spray bottle and top it with a cup of isopropyl alcohol. Be sure to shake before using
- 3) For traction try sand (may be hard on pets' paws), alfalfa meal, coffee grinds or ash. They are plentiful and inexpensive. And when the season is over, they are absorbed back into the ground without causing harm.

Lastly, the old fashion way of taking out the shovel is always an environmentally safe option and only results in a few sore muscles!

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**HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM****Ellen Lund**

Hello again from your Health and Wellness Chairman. The following are some of the topics this Chairman will be writing about for her monthly ALMANAC articles.

Even though the Holidays are over January can still be a stressful month. Now all the bills come in and winter has set in bringing colder weather and shorter days. You may want to check back to this Chairman's December ALMANAC for stress relief ideas.

In January, we will talk about sleep, particularly the disorder of sleep apnea. Having a good night sleep is very important for good health.

In February, of course our heart health will be the subject.

Each month this Chairman will continue to include hints on dieting and exercising to help your club achieve the Health and Wellness Challenge to lose 130 lbs. and/or exercise 130 hours over the next two years.

Thank you to all the clubs who donated to Operation Smile. Jill and Gill McDonald had to make two trips to the Operation Smile Headquarters in Virginia Beach, to deliver all the suitcases and supplies. They are planning another trip in April 2023. More information to follow. An inventory list is on the GFWC website of what is now needed.

It has been brought to this Chairman's attention that if you are helping someone DO NOT grab their arm, rather let them take a hold of your arm. It is much safer that way.

Please do not forget about your Vitamin D level and daily supplements.

**ADVOCATES FOR CHILDREN****Nancy Levy**

This Chairman was pleased to speak with clubwomen at the State Fall Conference, and since then, about the Advocates for Children Program.

**Advocates for Children Information Packet**

If you didn't get a chance to stop by the display table or take the information packet of project ideas and resources, it can be sent to you by emailing this Chairman at [levy@njsfwc.org](mailto:levy@njsfwc.org), calling or texting 973-476-7475, or asking your District Vice President to do so.

For those who picked up the packet at the Conference, one of the items on the Contact/Resource list is incorrect. Community Advocacy Centers should be listed as Child Advocacy Centers. If you search the internet for that, you'll find a list of centers located throughout New Jersey. Each has different needs; you can contact one near you to find out.

**Report!**

This Chairman hopes you are compiling information about the great projects benefitting children you did this past calendar year so you can complete your Club's year-end report. Even if you only worked on a few projects, please send a report to this Chairman with the details, and include a description of the project. (It doesn't have to be lengthy.) Many of the project ideas mentioned at State Fall Conference came directly from previous reports.

Here are a couple of ideas for projects you can work on right now:

**Replenish School Supplies**

January starts a new semester; contact local schools, or organizations that work with them, to see if they have students who may need essential supplies such as pens, pencils, notebooks, etc.

**March of Dimes**

January is National Birth Defects Prevention Month. The March of Dimes "March for Babies" movement calls on people across the country to take steps – big or small – to fundraise and make a huge difference for the health of families everywhere. Google [marchforbabies.org](http://marchforbabies.org) for information.

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**BYLAWS****Jean Revis**

Every organization has the duty to keep their Bylaws relevant, and since time and circumstances change, our governing document should also reflect those changes.

Each year, the NJSFWC Bylaw Committee reviews the Bylaws and makes recommendations for amendments. Clubs and members were asked to review the present Bylaws and submit any proposed amendments to this Chairman by October 15<sup>th</sup>. The committee met, finalized the proposals and submitted them to the Executive Committee for approval before they are submitted to the Board for approval and then presentation at Convention in May.

When your club receives the NJSFWC Proposed Amendments to the Bylaws, please take some time at your club meetings to review the Amendments. Also take some time to know what is in the present NJSFWC Bylaws which can be found in their entirety in the 2022-2023 Yearbook beginning on page 210. If there is something you do not understand...please ask.

Remember, NJSFWC Bylaws provide the necessary structure to effective governance. Good governance establishes a foundation for good work enabling members to continue to make a difference in the lives of others "One project at a time".

## COMMUNICATIONS

Katie Chambers

In last month's Communications ALMANAC article, we broke down the steps of using Google Analytics to track your press hits online. Hopefully, you have now set this up so that you know when your club name shows up in the news! This is a key component of what the publicity biz calls "media monitoring."

You should also consider regularly searching for your organization's name on social media for any mentions, using the search bar on Facebook, Twitter, and Instagram – you may find other posts and articles about your club that way too. And you are likely already saving physical newspaper and magazine clippings of articles about your club.

Once you have these links and articles – what do you do? Create a Press Book! A Press Book is a comprehensive compilation of all the mentions of and articles about your club in the media. A scrapbook is more of a photo album, something more informal, casual, and creative that shows snapshots and memories from your year.

Remember that contrary to popular belief, nothing on the internet lasts forever. Articles are routinely taken down or change URLs so that they can no longer be found. You want to get a physical, offline version of your online press coverage to save for your press book and state reporting. As soon as you find something posted online about your club, please print it out. You can always scan it and save it on the computer. You can also copy and paste the text and images from the online article into a Microsoft Word document for safekeeping or, if you know how, take screenshots of the online piece and save it in a Word doc. Be sure to include the headline, date, publication name, and URL link in your document.

Compile all of these into a press book using a binder or folder so that you – and we at the state level – can celebrate your media success!

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## CONVENTION

Patricia Dahl

**"ATTENTION"!** The Convention Committee and this Chairman need new hard cover books for our Tuesday Night Banquet Centerpieces! Afterwards, we will be donating all books to Emmanuel Cancer Foundation and the Atlantic City Schools. The books need to be for all ages of children as well as for the ECF parents.

Please deliver the books to NJSFWC Headquarters by the April State Board meeting which is **April 11, 2023**. Thank you in advance.

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## CREDENTIALS AND REGISTRATION

Carole Speechley

### REGISTERING FOR THE 129<sup>TH</sup> NJSFWC CONVENTION – May 1 – 3, 2023

On Monday, February 11, 2023, the CALL TO THE 129th ANNUAL CONVENTION will be prepared for mailing to the President of each General Club, State Organization, Affiliate Club, Member-At-Large, State Board Member and Past State President by the Credentials and Registration Committee. Each envelope will include a copy of the "Official CALL". The envelope will include the following:

- Advance Registration Form listing all registration fees and meal costs
- Hotel Reservation Information Sheet and directions to the hotel
- Voting Registration Sheet, 2 copies
- Checklist to aid the presidents in completing the proper club registrations
- Other necessary information.

**Reminder to Club Presidents:** Please immediately check the contents of the envelope containing the CALL to be sure you have all the necessary forms. If you have any questions concerning the contents, contact either this Chairman or NJSFWC Headquarters. Do not wait until Convention in May. Any errors or omissions must be resolved before the deadline for Registration and Meal Reservations by March 31, 2023.

**Delegates and Alternates:** The number of Convention Delegates and Alternates to which your club is entitled is designated in the NJSFWC BYLAWS – ARTICLE XI, SECTION 11.2 and is stated on the Voting Registration Sheet.

## CREDENTIALS AND REGISTRATION Continued

When completing this form, be sure to list the names of both Delegates and Alternates. **No on-site registration for Delegates and Alternates will be available at Convention.** Should it be necessary for an Alternate to serve as a Delegate, this change can only be made by the Credentials and Registration Chairman at the Convention Registration Desk.

If you have an EMD, it is the club's responsibility to provide the Department an opportunity to be included in your voting delegation since the EMD membership is included in the total membership of its sponsoring club. Representation is based on membership as recorded in the State Yearbook. If a member of your EMD is representing your club as a Delegate or Alternate, her name **MUST** appear on the Voting Registration Sheet and her Delegate/Alternate fee **MUST** be included with your Advance Registration Sheet.

**IMPORTANT:** The President and Recording Secretary of the club must sign the Voting and Registration Sheet.

**No Delegate or Alternate shall be registered to represent more than one Club or State Organization.** Therefore, if a member of your club serves on the State Board of Directors, she is considered a Delegate from the Board of Directors and may not represent your club. She will handle her own registration through the State Board. If one of your members is registered as a Delegate or Alternate from another club, such as Past Presidents Club, she cannot represent your club. However, if she wishes to sit with her General Club for meals, her registration fee should be recorded and paid under the Past President's Club, but her meals should be recorded and paid under her General Club. In these circumstances, a note should be attached to the club's Advance Registration Sheet to alert the Chairman.

The **registration** fee for Delegates, Alternates, Members, Visitors, and Non-Members is \$30 if postmarked by March 31, 2023. Registrations **POSTMARKED AFTER MARCH 31<sup>st</sup>** and no later than April 7<sup>th</sup> will be \$40 each (\$30 and \$10 late fee). The Daily Registration Fee is \$15 (\$20 if postmarked after March 31<sup>st</sup> and received no later than April 7<sup>th</sup>) is available for members or visitors who can only attend for one day.

All Registration Fees and Meal Reservations should be paid with one club check payable to **NJSFWC Annual Convention** earmarked **Credentials and Registration.** This form should be completed with all fees for registration and cost of meals. Remember to include the District, Name of Club, and name and telephone number of respondent. The Advance Registration Form should be returned to the Credentials and Registration Chairman with a copy retained for your club records. If any changes to the banquet meals are necessary due to health or dietary restrictions, a note detailing the necessary changes should be attached to the Advance Registration Form. **No meal changes will be accepted at Convention.** Any changes must be made no later than April 7, 2023. Absolutely no reservations will be accepted after April 7, 2023. Early Registrations are encouraged.

Please read all instructions carefully and comply with the deadlines. If you have any questions, please do not hesitate to contact this Chairman at [speechley@njsfwc.org](mailto:speechley@njsfwc.org) or 609-368-5243.

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## FALL CONFERENCE/PROGRAM ASSISTANCE

Vivien Finn

One hundred ninety-three club members and guests attended State Fall Conference on October 25, 2022 at the Battleground Country Club in Manalapan. The District Vice President's registered their members who either visited the twelve Vendors to do some shopping, got their flu shots or visited the Community Service Project Chairmen displays with displays of items included in their Supplements for members to take back to our club members.

Food items were donated by attendees and the centerpieces were baskets with small non-perishable food items assembled by the Committee. Following the close of the day, Committee Members gathered the food items that were donated to the Emmanuel Cancer Foundation.

The Morning Session included speakers from the NJSFWC Special State Project, Emmanuel Cancer Foundation, as well as the Community Service Program Chairmen. President Holly adjourned the Morning Session and attendees were able to revisit the two rooms. Walgreens administered thirty-seven flu shots.

## FALL CONFERENCE/PROGRAM ASSISTANCE Continued

A delicious Lunch was served at 12:30 p.m. with a choice of four entrees. The Keynote Speaker, Julia Orlando, spoke about the process of eradicating homelessness in her hometown. NJSFWC Membership awards and GFWC FALL CONFERENCE/PROGRAM ASSISTANCE awards given to NJSFWC at the GFWC Convention in New Orleans were presented. The day ended with the singing of "Let There Be Peace On Earth".

This Chairman thanks her Committee who worked very hard to fulfill the theme of the 2022 State Fall Conference which was "Federation, Friendship, and Fun"!

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### **GFWC SIGNATURE PROJECT: DOMESTIC & SEXUAL VIOLENCE AWARENESS AND PREVENTION**

**Dawn Pogosaew**

Report forms should be postmarked by February 1, 2023. If you have not done so, please send them in. They become an important part of our history and give great ideas for clubs to use for future projects, not to mention that your club could earn a fantastic award for both NJSFWC and GFWC.

January is National Human Trafficking Awareness Month\* There are an estimated 24.9 million victims of human trafficking globally. It may surprise you, but only 4.8 million people were sex trafficking victims. The 20.1 million victims were trafficked for labor. Only 5,260 human traffickers were convicted around the world in 2021. In many countries, the practice of using forced labor is still prevalent and accepted. What can we do?

This Chairman came upon many different industries that in some way benefit by using forced labor. She was amazed at how everything we use in our lives help to sustain forced labor. From the clothes you wear, cell phones and computers we use, cars we drive, and the imported food we eat or drink, all have in some capacity utilize forced labor. For example, 70% of the global cobalt used in batteries is mined in the Democratic Republic of Congo, Africa, which is then processed into batteries in China. (Although companies that purchase these materials do their due diligence regarding labor practices, both countries are well known for utilizing forced and child labor). Your cell phone contains 8 grams of cobalt which doesn't seem like much, but an electric car battery can contain 20kg (which is equal to about 4 gallons of paint). What can we do?

Although companies such as Tesla are starting to utilize cobalt-free batteries, the technology is not widely utilized. Making the consumer aware of how and where products are made could hopefully lead the way to a viable solution. Have your members do a little research on your everyday items: what they are made out of, where the material is used in the item sourced, and where was it manufactured. Share the information and become knowledgeable consumers to help prevent forced labor.

[\\*traffickinginstitute.org](http://traffickinginstitute.org)

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### **GIRLS' CAREER INSTITUTE**

**Mary Kay Tokar**

Happy 2023! This Director is eagerly looking forward to the 75<sup>th</sup> GCI June 5-8, 2023!

By now all clubs need to be sure to reserve a spot for your 2023 Delegate(s). Payments need to be sent to Headquarters with the RESERVATION FORM by January 31<sup>st</sup>. This is the First Step in the GCI Process. AFTER you have reserved a spot, your club moves onto contacting schools and finding students to apply.

Several Clubs have expressed difficulty finding candidates to be Delegates. Here are some suggestions.

- If you have difficulty with the school counselor in your area there are other ways to consider finding Delegates. Is there a Parochial School nearby? What about County / Regional Schools? What about the next town over? How about agencies that deal with youth?
- If you still can't find a Delegate on your own, you can donate to sponsor a candidate from an underserved area. We have had several great Delegates recommended by CASA.

## GIRLS' CAREER INSTITUTE Continued

- If you first reserve a spot for a Delegate and later find you cannot find one, you can contact this Director to have your funds transferred to donation for underserved.

When your Delegate(s) AND Alternate(s) have been chosen, you can use the Delegate and Alternate Notification Form on the website to supply all the information they will need to register. It is important that every blank on the form is complete before you give it to the student. That information will be required by them to complete the ONLINE registration process.

Alternates are important to this process. Students can have every desire to attend GCI, but between now and June a lot can happen, often forcing Delegates to withdraw. Alternates need to be given the same form as Delegates. Just be sure the form states this candidate has been chosen as an ALTERNATE and she needs to register at the same time. During the registration process Alternates will have a different process than Delegates. The first question asks if they are Delegate or Alternate, their answer determines the next step in their registration.

Delegates AND Alternates need to register ONLINE by March 1<sup>st</sup>. When their application is complete and submitted, your club GCI Coordinator will receive an email notification. If a Delegate withdraws, the coordinator will receive another email notification. The Director will immediately select an alternate to fill the spot. Your club will again receive an email. If your club has NOT registered an Alternate, another Alternate from the District will be used. There are no refunds.

This Director is always looking for additional volunteers. There is a volunteer application on the website. Needed are Housemothers, part time daily volunteers, and career speakers. The Directors could also use help BEFORE GCI from someone computer savvy, to help with the database management.

There will be an AMAZON Wishlist soon for clubs or members to donate materials to GCI. You do not need to purchase from Amazon, if you shop elsewhere just let us know so we can update the Wish List.

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## HISTORIAN

**Jean Battaglia**

As we start a new year, we look back on what was the start of a new era for GFWC, post-World War I. It was observed that the Federation needed an inspiring personality to overcome the letdown that followed work during the war years. Alice Ames Winter from Minnesota, graduate of Wellesley, teacher and author, served as President from 1920-1924. Known as a leader for social change, she had the ability to reach across barriers of class and religion to motivate women to get things done, advocating for janitorial services and indoor plumbing in schools, recess for children and public playgrounds. Looking forward to passage of the 19<sup>th</sup> Amendment to the U.S. Constitution that would give women the right to vote, responsible voting and citizenship became prominent topics for club discussions. Resolutions passed at the 1920 Convention covered concerns over use of tobacco, unsightly billboards, and the influence of vulgar popular songs and the motion picture on the mind of the child.

For discussion – Does your club go through a post-holiday letdown each year? Ask members for ideas to re-energize the club over the winter months. Consider the concerns covered by the resolutions from the 1920 Convention. Are they valid today? Should the club propose a Resolution on one of the topics?

In her November 2022 ALMANAC article NJSFWC First Vice President Susan Chambers gave excellent directions on how to write a winning Year-end Report. This Chairman is looking forward to reading the reports from your club. Don't minimize what you have done. History is a legacy left to us with the responsibility of continuing the story, keeping it alive, not letting it die. Share what your club has done to inspire others. Who knows? Yours may be the winning report.

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## HONORS

**Jill McDonald**

Club women do not serve to be recognized. They volunteer to help those in need, to bring some measure of help, peace, and comfort to them. They assist in making their community and the world in general a better place for us all to

## HONORS Continued

live. Recognize the steadfast service or the hidden heroine in your club at the 2023 NJSFWC Convention in Atlantic City May 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>. Nominations for the **HONOR ROLL and ORDER OF THE LILY** are due at Headquarters by April 1<sup>st</sup>. The ceremony to recognize these ladies will be at the Closing session on the morning of May 3<sup>rd</sup>.

The **WOMEN OF ACHIEVEMENT AWARDS** nominations are in! Thank you to all who submitted nominations and especially Chairman, Jennie McQuaide. The judges from Douglass Residential College and NJSFWC will have difficult decisions to make in deciding this year's winners to be recognized at the opening dinner at our annual convention on May 1<sup>st</sup>. Please consider becoming a **WOA PATRON** of these awards either as an individual or as a club. The money collected goes toward continuing education scholarships for Douglass students.

The deadline for submitting nominees for the **CECILIA GAINES HOLLAND AWARD** is February 1, 2023. This award specifically recognizes one NJSFWC club woman each year who has been active in organizations and service to her community outside of club work. Forms and information for this award are on the NJSFWC website. Completed packets for this award should be submitted to this Chairman at her home address: 26 Bastian Drive, Mount Laurel, NJ 08054.

### Forms and Guidelines included in this ALMANAC are:

Honor Roll with Tribute Tips, deadline is April 1, 2023

Order of the Lily, deadline is April 1, 2023.

Women of Achievement Patron Subscription Form, deadline March 20, 2023.

## SPECIAL STATE PROJECT

Marie Sullivan

The Emmanuel Cancer Foundation, and the Families they support, were overwhelmed with the outpouring of generosity the NJSFWC members gave during this past Holiday season. Thank you for your donations of food items, turkeys, and sending so many items from the special Amazon Wish Lists for the children. Thank you for helping make the in-person Holiday parties a little extra special with your craft tables and face painters, etc. In fact, the Amazon Wish List site worked out so well, ECF has decided to keep it active for the special needs that arise while families undergo cancer treatments. If your club would like to help with special items the Amazon Link: <https://a.co/cuHGep8>

If your club would like to volunteer at one of the offices please call one of the Regional Directors. The offices could always use help sorting donations in the food pantry or clerical work is also welcome.

Inessa Rome, Northern Regional Director [irome@emmanuelcancer.org](mailto:irome@emmanuelcancer.org)  
174 Paterson Ave. Midland Park, NJ 07432 (201-612-8118)

Barbara Kopel, Central Regional Director [bkopel@emmanuelcancer.org](mailto:bkopel@emmanuelcancer.org)  
77 Brant Ave. Clark, NJ 07066 (908-322-4323)

Mary Ann Sullivan, Southern Director [msullivan@emmanuelcancer.org](mailto:msullivan@emmanuelcancer.org)  
451 Beech Ave. Woodbury Heights, NJ 08097 (856-853-4803)

Rose Contreras ~ Eastern Director [rcontreras@emmanuelcancer.org](mailto:rcontreras@emmanuelcancer.org)  
1710 Highway 71 Wall, NJ 07719 (732-282-2324)

Now that we've taken care of the children for the holidays, let's think about the parents. Another nice club project would be to make up "Hospital Survival Bags" for the Parents. Often parents stay by their children's hospital bed throughout the night. ECF would be able to drop off a bag that might include: toothbrush and toothpaste, a comb, dry shampoo, deodorant, a pad and pen (to write notes while the doctor is speaking) granola bars, snack size nuts, beef jerky etc., an adult coloring book and colored pencils. These are just ideas; be creative, the parents are only focused on their children, not themselves. These bags could be given out to parents when ECF gives out the "Guardian Angel Bags".

Since your clubs were so generous this past year, this Chairman just KNOWS you will all have so much to write about on your year-end reports! Thank you in advance, of course this Chairman is always available for ideas or to answer questions [sullivan@njsfwc.org](mailto:sullivan@njsfwc.org) (201-314-7945).



**WEBMASTER****Tammy Levinson**

If you have a website, please consider entering our website contest. Entries are sent to the Webmaster in February, with judging to take place at the beginning of March. Watch for all the rules and how to enter in the February issue of the ALMANAC, or find the information in the MATERIALS section of [njsfwc.org](http://njsfwc.org) under WEB COMMUNICATIONS.

If you're sprucing up your site for entry, remember that sites are judged on the following criteria:

1. Meeting the rules (name, president, contact information, NJSFWC of GFWC & District)
2. Presentation
3. Ease of navigation
4. Federation information
5. Useful & pertinent information for club members

Hope to see your entry in February!

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**DAY OF SERVICE****Mary Lou Bak**

As members gather at each District location, it is worth remembering that this project will enhance the lives of so many facing food insecurity including seniors, children, students, and working families. As stated on Community Foodbank's website, most households that Community Foodbank serves have at least one member with a paying job, and many work multiple jobs to try to make ends meet. Volunteer efforts in New Jersey play a vital part in meeting the need. Volunteer donations in New Jersey make up 32% of the total food sources for Community Foodbank—nearly one third—and explains why Community Foodbank is so pleased to work with clubs on this project.

Food donations filling the Dinner-In-a-Bag, Snow-Day-Meal-Bag, Healthy-Lifestyle-Meal-Kit, and College-Meal-Kit will be dropped off at the following District locations:

**College**—Federation Headquarters, 55 Labor Center Way, New Brunswick;

**Garden**—Pitman VFW Post 6469, 142 Oakcrest Ave., Pitman;

**Highlands**—Lake Parsippany Rescue and Recovery Building, 100 Centerton Dr., Parsippany;

**Liberty**—Upper Montclair Club House, 200 Cooper Ave., Upper Montclair;

**Palisades**—Westwood Club House, 205 Kinderkamack Rd., Westwood;

**Ramapo**—Pequannock Senior House, 530 Newark Pompton Turnpike, Pompton Plains;

**Shore**—Woman's Club of Point Pleasant Club House, 513 St. Louis Ave., Point Pleasant;

**Southern**—Millville Club House, 300 E St., Millville.

The Community Foodbank will assign the local recipients of these meal kit. They will then pick them up on the Day of Service from each District location.

For questions, reach out to this Chairman at [bak@njsfwc.org](mailto:bak@njsfwc.org). Your participation is greatly appreciated!

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**GRANT WRITING****Pamela McNamee**

Great news! NJSFWC was awarded a \$2,500 grant from Magyar Bank for the 2023 Girl's Career Institute (GCI). This award will help to offset the many activities, t-shirts, and other supplies of GCI. NJSFWC is honored to have received this grant in order to continue this pre-college experience for young women across the state.

This Chairman is continuing the grant application process with the hope of receiving additional grants for NJSFWC. If anyone wishes to become a part of this process, please contact this Chairman at [mcnamee@njsfwc.org](mailto:mcnamee@njsfwc.org).

**PARLIAMENTARY CONSULTANT TO CLUBS****Patricia Mignella*****GOING, GOING, GONE!***

It is always unfortunate when clubs lose members. Imagine, however, a club losing several Board Members for different reasons in a relatively short time frame. The club in question has a ten- member Board consisting of four officers: President, Vice President, Secretary and Treasurer, five Directors and the Immediate Past President, ex officio. One Board member passed away unexpectedly, one member was removed from office in a disciplinary proceeding, one member told some people that she resigned but did not do so formally, one member has a known conflict of interest with a matter set in a special meeting and the Past President formally resigned. What a dilemma!!

Every club has faced these issues, but usually one at a time and certainly not involving just Board Members. Our "Dilemma Club" wants to know what the quorum will be for a Special Board Meeting as their Bylaws are silent on these unusual developments.

***SOLUTION FOR "DILEMMA CLUB"***

- If the Bylaws are silent, the quorum of a board is the majority of its members. The ex officio position of the Immediate Past President is not counted toward the quorum because, having formally resigned, she is no longer under the control of her club.
- Resignations should be in writing or presented orally in person and then voted upon in a Board Meeting.
- Statements made to people outside of a meeting have no effect. This errant Board Member should be contacted personally and informed that she should resign in writing or in person at a meeting. The Board must then accept the resignation for it to have effect. Until her resignation is accepted, she remains a member of the Board and is counted toward the quorum.
- The presence of one Board Member with a conflict of interest does not affect the quorum calculation.
- The club now has a seven-member Board due to one death, one removal and one formal resignation. The quorum of the seven- member Board is 4.

Although the quorum number was arrived at easily, it is still unfortunate that this club had to use disciplinary measures to remove one member; that this club has a Board member who, apparently, has not addressed her conflict of interest; that this club has a member who achieved Board level status but didn't know the basic parliamentary procedure for resignations.

Clubs, monitor your conflicts and work to resolve them before they begin to undermine your accomplishments and block your club from pursuing our shared commitment to fostering our State President, Shirley Holly's theme, "LOVE, LOYALTY, FRIENDSHIP – THE BONDS OF VOLUNTEERISM".

*Since 1894, New Jersey State Federation of Women's Clubs of GFWC  
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