New Jersey State Federation of Women’s Clubs

Health and Wellness Top 10 projects

Woman’s Club of Parsippany Troy Hills, while delivering lap blankets to a local memory care center, the Director was asked what else they needed. He had a wish for a piano. One member found a piano on YouTube and secured it for free; just needed to pick it up. The Director truly appreciated the donation.

Washington Woman’s Club participated in a Tree Festival held at a car dealership. The Club sponsored a tree, paid for stars on the tree and the public votes with dollars. The money collect was donated to Abilities of Northwest Jersey and a domestic violence abuse center.

Woman’s Club of Vineland helped Cumberland County Code Blue, which is designed to protect the homeless during cold weather. Warming stations were supplied with hats, scarves, gloves, socks along with household products.

The Woman’s Club of Point Pleasant held Operation Cuddly Comfort. They provided 36 dolls for Alzheimer’s patients. Dolls were delivered with a blanket, change of clothes and a birth certificate. This project was funded by donations and Facebook fundraisers.

Woman’s Club of Brielle helped a new organization, Village of Children and Families. This organization helps adoptive families. The club donated sneakers, clothes, sports equipment, and toys. A local sporting goods store donated new sneakers. The wish list for the children was fulfilled at Christmas, as well as gifts for the parents.

Haddon Fortnightly EMD held a snowflake 5 K run to benefit Children’s Tumor Foundation. Four hundred and forty runners helped raise $7,000 to benefit the Foundation.

Roxbury Woman’s Club distributed Vial of Life kits at pharmacies, supermarkets, and the local library. The local Police Chief distributed them at the Senior Center. Vial of Life kits are free and provide life-saving information to first responders. Health information is filled out on a special form, placed in a plastic bag and then attached to the refrigerator. Two decals are provided, one for the bag and one for the front door to alert first responders to this information.

East Brunswick Woman’s Club had two collections for Operation Smile. Handmade bears, gowns and smile bags were made and delivered to Virginia. Items totaling over $900 were packed for the project.

Paramus Woman’s Club started a walking group focused on mental and physical health. Text message as well as phone calls kept the entire club in touch. Meetings were held in a local park and bagels were served. When weather got cold the group was able to walk in a local mall. Members enjoyed the walking and talking and keeping in touch.

The Haddon Fortnightly held a collection drive to help the Afghan refugees housed at McGuire Air Force Base. The collection included quilted vests, children’s books, diapers, toys, clothing, socks, and baby items. The suggested list was complete within a week.