

NJSFWC of GFWC  
Jane Mackesy  
[mackesy@njsfwc.org](mailto:mackesy@njsfwc.org)  
8 Hillside Avenue  
Kearny, NJ 07032  
201-991-3783

## **Let Our Voices Soar**

### **ADVOCATES FOR CHILDREN**

#### **JUNE 2021 BULLETIN**

Hello All,

I hope that you are all well. As we have all learned in the last year, our volunteer work has looked very different. I have seen how creative many of you have been, in being of service, in the reports that were submitted.

As you plan your Summer Activities, you can continue to adapt what you have done before, or look for new opportunities. Back to School collections are a popular project. You may have to find new ways to distribute items. We hope that school will be in-person; many students may need support, as they return. As I suggested last year, you can contact your local School Nurses and School Counselors to see what is needed. At least one Club (WC of Belleville) held a uniform exchange last year. I know that my school district didn't require uniforms, when the students finally went back in-person. So, if you are considering this, please check with School Administration, and possibly work with your local PTA/PTO.

We are working on plans to collect arts and crafts items for Children's Specialized Hospitals, at State Fall Conference. Keep your eye out for updated details in the ALMANAC or the e-Connection. If you see items on sale, pick them up!

If you have suggestions for projects, please don't hesitate to email me.

Have a great, safe Summer!

New Jersey State Federation of Women's Clubs of GFWC

Jan Hanson, President  
"Let Our Voices Soar"  
Lynn Webb  
Arts and Culture Chairman  
[webb@NJSFWC.org](mailto:webb@NJSFWC.org)

Children need to express their feelings through art which they are not able to do in school. This summer work with a library in your town and promote art projects that will make them smile. Here is an example of one of the top ten projects one club has done:

How about your club host a Chalk Contest this summer? The North Arlington Woman's Club used the "thank you" theme for the local healthcare workers. They encouraged children from 6-18 years old to submit their artwork to their club. According to the North Arlington Club, "The artwork was displayed on the town's website page, club's email and Facebook pages. The children that participated all received a certificate for a free Italian ice. We have a number of talented artists in our town!"

Let your imagination challenge you for another project that will impact a child and report your efforts next year. Remember to write articles about what your club is doing, email your club members and use Facebook to let your community know that your club made a difference.

**NEW JERSEY STATE FEDERATION OF WOMEN'S CLUBS**

**JAN HANSON, PRESIDENT**

**JUNE 2021 ARTS PERFORMING BULLETIN**

**ROSEMARIE SAVIELLO, CHAIRMAN**

Some theaters and other performance venues are starting to open now but there are still **virtual performances** for those who are hesitant to go to large gatherings. In order to find all performances, a good source is [www.jerseyart.com](http://www.jerseyart.com) where they list live and virtual performances. Note, most venues who have live performances will provide information about the safety practices that are in place.

Many of the New Jersey Colleges are holding live performances, this chairman would like to suggest the Centenary Stage Co. (Centenary University). Visit their website, [www.centenarystageco.org](http://www.centenarystageco.org) for the variety of shows they hold.

Remember, you can always check your local newspapers for events taking place in your area. You may even find outdoor events.

Whatever you do, it's time to get out and enjoy

JUNE 2021 COUNCIL ~ BULLETIN

LET OUR VOICES SOAR

**COMMUNITY IMPACT PROGRAM**

FLASH! Have you checked your calendars? It is June and you only have SEVEN months to complete your CIP project to enter into this contest.

All entries must be to this Chairman by February 15, 2022, and have been completed by December 31, 2021. Looking forward to reading your wonderful entries, about how your project impacted your Community.

Visit the NJSFWC website, under Materials to read up on the Community Impact program.

Ora M. Kokol ~ Chairman

# New Jersey State Federation of Women's Clubs of GFWC

Jan Hanson, President

*Let Our Voices Soar*

JUNE 2021 COMMUNICATIONS BULLETIN

Carole Speechley, Chairman

This chairman is so impressed with the amount and quality of the work our clubs did in communications during the pandemic! You certainly did *Let Your Voices Soar!*

## **IMPORTANT: Note about the Communication Contests**

Several entries this year were missing at least one requirement. Please be sure to familiarize yourself with the requirements now so your entry in February meets all the requirements.

**Newsletters:** One of the requirements of the newsletter contest is "**Club name, District, NJSWFC of GFWC, Club President, contact information and date must appear on front page.**" There's a good reason for this requirement. While your newsletter is an important way to keep your membership informed and involved, it is also a great tool for attracting new members. Your newsletter could be given to guests at your meetings and events, and handed out at your table at town events to show off your club and all it does. It's important that anyone you give your newsletter to can easily find how to contact you.

Knowing your club is part of a larger organization will make it more appealing to some potential members, so include both the NJSWFC Logo and the GFWC Logo on the first page of your newsletter and proudly state that your club is a member of the NJSWFC and GFWC. Remember, too, that there is a **GFWC Newsletter Contest** and those entries must have the GFWC Logo on the first page.

## **Scrapbooks and Pressbooks:**

Number 2 under requirements for both contests specifies a list of information that must be typed on a white 8 ½" x 11" sized paper and pasted on the first page. Please be sure to check this and the other requirements before starting your scrapbook and/or pressbook and again before sending it to Headquarters to make sure your entry meets all the requirements.

## **Follow-up from Communication Workshop**

During the Communications Workshop in February we discussed social media, mostly Facebook and websites, but mentioning Twitter and Instagram. A good source for information on all of this is in the 2020-2022 GFWC Club Manual under Communications and Public Relations in the GFWC.org Member Portal. The social media starts on page 7 of this document. One important point they make is that most people want to see pictures, so use pictures of your members in action so they can see themselves as members of your club.

**It's the start of a new club year. Let it be a year where our voices soar.**

## **GFWC SIGNATURE PROJECT:**

### **DOMESTIC & SEXUAL VIOLENCE PREVENTION AND AWARENESS**

#### **June BULLETIN**

#### **Joyce Fredericks**

FIRST THANK YOU VERY MUCH TO Maureen Costello (Garden) , Joanne Aponte (Liberty), Pat Beach (Highlands), Terry Cavanagh (Rampo), and Laurie Ann Cooper (Shore) for stepping up to be this Chairman's District Chairman again for 2021-2022. This Chairman needs volunteers to be DV District Chairman from COLLEGE, AND SOUTHERN DISTRICTS.

Please send me an email with your name, address, and phone number if you are interested. This Chairman promises to make it interesting, active and you will be PROUD to Volunteer and represent your District.

MEANWHILE: Consider speaking with your shelter to determine what their immediate needs are, such as food items. According to many reports, this is a common concern among the shelters. If your club has any money in reserve, you might want to consider sending them a check. If funds are not available, possibly ask club members to come to a Pantry Party and admission is FOOD ITEMS FOR THE LOCAL SHELTER. Consider donating fresh vegetables, canned items such as Tuna and Peanut Butter.

Another idea is putting together birthday party items with a cake mix, icing, party hats and small toy or book for the birthday child.

PLAN NOW for also collecting back packs for back to school while out shopping for school supplies for their children or grandchildren. They could pick up extra pens, pads, crayons and colored pencils and pick out a book or two for the backpack.

A gift certificate to the local food market would help as well.

If there is a local pool in your area that charges, consider arranging with the local pool to sponsor a Pool Day and send an Invitation to the children at the shelter to attend. First check with the shelter that they would be able to transport the children and if it is doable. If so, consider asking your members to donate beach towels for the event. If the pool people won't SPONSOR the Shelter Children, consider giving the funds for each child (get figures from the Shelter) to the town pool.

BOOK COLLECTION: In another article, this Chairman suggested starting a Children's Library at your local shelter. Consider soliciting from your local stores, such as Target, Walmart, etc. children's books for your collection.

Ask your club members to donate any gently used books that they have at home and if they don't have any, ask for them to purchase some.

These are only a few ideas; put your thinking caps on to come up with your own idea. One last thought: Volunteer to plant a garden at your local shelter. Ask local garden places for a donation of vegetable plants. Work with your local scouts to help you arrange for the planting.

**New Jersey State Federation of Women's Clubs of GFWC**  
**Jan Hanson, President**  
**Let Our Voice Soar**  
**June 2021**

**EDUCATION and LIBRARIES COMMUNITY SERVICE PROGRAM**

**Chairman (Liberty)**

750 Passaic Avenue, Kearny NJ 07032

**ESO Chairman (Liberty)**

15 Oakwood Avenue, Glen Ridge, NJ 07029

**Spelling Bee Chairman (open)**

**Brandi-Leigh Miller**

202-210-4488, miller@njsfwc.org

**Pat Trainor**

973-444-3843, pattee217@aol.com

**SPELLING BEE PROGRAM – TENTATIVE RETURN IN 2021**

We are hopeful that COVID restrictions will continue to be lifted and that local Clubs will be able to host Spelling Bee Contests. Information on the Spelling Bee program will be posted to the NJSFWC website by July 1. Please contact Brandi-Leigh Miller if your Club is interested in hosting a Spelling Bee Contest for the first time.

**NJSFWC ESO BOOK DISCUSSION WITH AUTHOR ELAINE WEISS**

The May 2021 ESO book discussion of *The Woman's Hour: The Great Fight to Win the Vote*, by Elaine Weiss, was postponed to July 2021. We are excited to share that the book's author Elaine Weiss has agreed to join us for the discussion group via Zoom but her July schedule is not yet finalized. The date of this event will be announced as soon as Ms. Weiss is able to confirm her the date.

Please contact NJSFWC ESO Chairman Pat Trainor if you would like to be notified when the date is finalized. Discussions about new books will resume in September and take place every other month.

To join the ESO Honorary Literary Society or to suggest a book for future NJSFWC book discussions, contact ESO Chairman Pat Trainor by email at [pattee217@aol.com](mailto:pattee217@aol.com).

**Reminder! You can now submit your ESO Book Report online: <https://ti-nyurl.com/ESONJSFWC>**

If you are on Facebook, be sure to search for **GFWC 2020 2022 ESO Book Club** and click the "join" button to be added to this private group. Don't miss out on the exciting and fresh ideas to energize your club projects!

New Jersey State Federation of Women's Clubs  
President Jan Hanson  
Environment Chairman Dawn Pogosaew  
Email: [pogosaew@NJSFWC.org](mailto:pogosaew@NJSFWC.org)  
June 2021

Summer is finally here and so with it we find ourselves outdoors. Take this opportunity to visit your local park, preserve, or land trust. There are many places throughout New Jersey that can be inspiring and help you gather ideas for your own gardens. They also might be able to use your help and sometimes even have a "wish list" of items they may need. You could work with them to schedule a clean up day.

Get more adventurous and have your club "adopt" a small part of the land to install a small pollinator garden or new woodland garden. Do a little research and find out what native plants grow in that area and start them from seed in the fall and plant them in the spring. Or you can direct sow them in the fall.

Reach out this summer and see how you can contribute to your community by helping to keep our land green! Check with your local municipality or here are a few organizations that have preservers that are worth the visit and you may be able to help:

New Jersey Conservation Foundation - [njconservation.org](http://njconservation.org)  
The Land Conservancy of New Jersey – [tlc-nj.org](http://tlc-nj.org)  
Pinelands Preservation Alliance - [pinelandsalliance.org](http://pinelandsalliance.org)  
Hunterdon Land Trust – [hunterdonlandtrust.org](http://hunterdonlandtrust.org)

## **Health and Wellness**

### **JUNE 2021 Bulletin**

Happy Summer – Start your summer with friends. Take a walk in the park, bring lunch and enjoy the nice weather.

Organize a weekly walking group. Look for local places you can all walk to together.

**Reasons to eat carrots** – The beta carotene is converted to Vitamin A to help vision.

Carrots have antioxidants to protect against colon, prostate and stomach cancer.

One medium carrot boasts calcium, magnesium, phosphorus potassium and vitamin C to help your immune system and fight infection. Best of all, carrots help maintain healthy skin. Use carrots shredded in salad or just as a raw vegetable.

**OPERATION SMILE** – If you see a paid program on your TV, check to see if it's Operation Smile. You may see the children wearing the gowns that are being made by Club Women. You will see the children being given the bags of goodies, including a mirror. The child will be shown the mirror to see their new face without the cleft lip. You will see the importance of the No No arm bands, to keep the child from touching their face after the surgery.

Please keep up the good work for Operation Smile. More information for these projects can be found on the website at [operationsmile.org](http://operationsmile.org). Patterns for some of the items are on that website. If you are collecting or making items for **Operation Smile** you can bring items to State Fall Conference, or to Headquarters by November 9<sup>th</sup>. Jill McDonald will be delivering the items in the Fall, so you don't have to ship them. The inventory list, that should be included with your items, will be on the Website.

Thank you for all you do.

Let our Voices Soar

District Bulletin

June 2021

Legislation/ Resolutions

The following Resolutions were passed at Convention in April. Please lend your voice with all the members of NJSFWC by writing a letter to your NJ representatives asking them to support these bills and issues. If your legislator is already in support, thank them, and ask them to push forward for a vote. If your legislator has not signed on, please ask them to support the bill.

**S 2796 and A4422:** establishes the 'Alzheimer's and Dementia Long Term Planning Commission'

Senate Sponsors	Assembly Sponsors
Joseph Vitale Richard Codey Patrick Diegnan, Jr. Nellie Pou	Valerie Vaineri Huttie, Nicholas Chiaravalloti, Daniel R. Benson, Raj Mukherij, Annette Chaparro, Auro K. Dunn, Angela V. McKnight DiAnne C. Gove, Joe Danielsen, Shanique Speight, Vincent Mazzeo, John Armato, Annette Quijano, Britnee N Timberlake

**S2924 and A4663:** create a two-year restorative and transformative justice pilot program focused on reducing initial and repeat youth involvement with the youth justice system

Senate Sponsors	Assembly Sponsors
Joseph Vitale Patrick Diegnan, Jr. Nellie Pou, Teresa M Ruiz Nilsa Cruz-Perez Nicholas Scutari	Verlina Reynolds-Jackson, Shavonda Sumter, Benjiie Wimberly Valerie Vaineri Huttie, Annette Chaparro, Auro K. Dunn, Shanique Speight, William Spearman, Mila Jasey, Linda Carter Cleopatra Tucker, Sterley Stanley, Andrew Zwicker

**A163: NJ School bus safety**

Assembly Sponsors
Daniel Benson, Lisa Swain Christopher Tully

**A663:** licensing of pet groomers and the registration of certain businesses,

Assembly Sponsors
Daniel Benson, Valerie Vaineri Huttie, Angelica Jimenez, Paul Moriarty, Pedro Mejia, Carol Murphy

**The following resolutions deal with legislation reform on the following issues:**

Remedial Measures in NJ Women Prisons endorsed by the United States Department of Justice Civil Rights Division and the U.S. Attorney's Office (NJ)

Reform in NJ Women's Prisons as outlined in the 2020 Report of the NJ Commission on Re-entry Services for Women.

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SPECIAL STATE PROJECT – OPERATION CHILLOUT – JUNE BULLETIN 2021

Patricia Dahl, Chairman

576 Dew Court

Blackwood, NJ 08012-1433

Tel: 856-227-0659 Email: [dahl@njsfwc.org](mailto:dahl@njsfwc.org)

“Let Our Voices Soar”

\*We are having a **Quilt Raffle** to benefit the Special State Project. The quilt was donated by Jean Ficca from the Woman’s Community Club of Cape May. **It is beautiful.** We are finalizing the raffle license and hope to have tickets available by the Summer Conference at the Tropicana on August 1, through 3, 2021 if not before. The quilt will also be at the Conference for all to see!!! The drawing to determine the winner will be at the Convention in April 2022. The tickets will cost \$10 for one or \$25 for three.

**\*The Gift Card collection has been a HUGE SUCCESS!!!** As of this bulletin, please stop purchasing any more gift cards **for now.** If you have already purchased gift cards I will still be collecting them. Either get them to Headquarters or bring them to the Summer Conference in August for this chairman who will be attending.

**\*The Summer Campaign** has already begun!! Please check Operation Chillout’s website’s at <https://operationchillout.org> to donate. It works the same way it did last year. You pay for it online and Operation Chillout purchases the items for you. Please remember to put your club name in the business line and send an email to this chairman for her records. Thank you in advance.

\*If you have any questions please contact this Chairman before calling or emailing the Executive Director Ray Chimileski. If this Chairman can’t answer your questions she will find the answers for you. It may even help this Chairman to pass on to the all the state clubs so they know the answer as well.

\*Don’t forget we are still collecting pictures, newspaper article, etc for the scrapbook which will be donated to Operation Chillout at the end of the Convention in 2022. Please forward these materials to Barbara Rose, Vice Chairman of SSP. Her address is 8 Melody Lane, Belvidere, 07823. Her email address is [rose@njsfwc.org](mailto:rose@njsfwc.org)

\*This is a reminder, if you want to make a donation to Operation Chillout, please send checks to Headquarters made out to **NJSFVC and earmarked Operation Chillout;** do not send them directly to Operation Chillout as we need to have a running total of all donations. We will not receive credit for those donations made directly to Operation Chillout. Thank you in advance.

**\*\*Please remember to purchase SSP Pins. The cost is \$5.00.**

**\*\*This chairman has one assignment for you!! Please learn how to play Bunco for the upcoming District Fundraisers.**

New Jersey State Federation of Women's Clubs of GFWC  
Jan Hanson, President  
***Let Our Voice Soar***

**BULLETIN - JUNE 2021**

Maribeth Hugelmeyer, Historian

[mhugelmeyer60@gmail.com](mailto:mhugelmeyer60@gmail.com)

Summer is a time to relax and perhaps organize for the coming club year. I saw from the Women's History Reports for 2020, that many clubs took advantage of the "pandemic downtime" to update their club history and prepare many wonderful projects on the Women Suffragists. I enjoyed reading all about them.

Many of you know about the GFWC WHRC News that comes out quarterly. The Women's History Resource Center has information and ideas for you. You can view their newsletter online or request that it be emailed to you quarterly at the website [www.gfwc.org/news-publications/whrc-newsletter/](http://www.gfwc.org/news-publications/whrc-newsletter/)).

I want to share with you a fun idea for a summer project. In the WHRC News Winter 2021 edition, there was an article on *A History of Women on Stamps*. It spoke briefly about the history of the postal service, then went on to list some of the famous women (with a brief write-up) who have been pictured on postal stamps. I thought that this would be a fun project. You can research this information online. Perhaps a member could make a list of about 20 or more women who appeared on stamps, and the club women can volunteer to take a few each to research and report on. The reports could be shared by email, Newsletters, or in-person (when it is again safe to do so) at a meeting. The write-ups can be just a few lines or a few paragraphs if you wish.

Enjoy your summer. Stay safe. Enjoy Women's History!!