

NJSFWC Health and Wellness Report Worksheet 2020

Club Name _____ **District** _____ **Number of members** _____ (per May 1, 2020 Blue Sheet)

Chairman's Name _____ **Phone** _____ **Email** _____

Indicate the projects your club members have supported from January 1, 2020– December 31, 2020 by completing the information next to the projects listed below. Additional projects should be listed under “Other Health and Wellness Projects”. A worksheet is provided on the reverse side of the page as well. Please share a detailed description of projects your club has completed in 2020, including the who, what, when, where and why. (No more than 2 pages, do not send pictures, fliers, etc.)

Community Service Projects	# of Projects	Hours	Dollars	In Kind Donations
Donations to medical staff for Covid19, ie; caps, masks, PPE, ear bands, face shields				
Other donations to support Covid19				
Support Easter Seals				
The Heart Truth- e.g. Observe Wear Red Day First Friday in February				
Inside Knowledge – Get the facts about Cancer				
UN Shot for Life				
Operation Smile				
Make Blizzard Bags for Meals on Wheels/Sr. Meal Programs for use during bad weather				
Other Health and Wellness Projects (See reverse side)				
	Total Number of Projects	Total Volunteer Hours	Total Dollars Donated	Total In-Kind Donations

Report Worksheet and project descriptions must be mailed to be judged to the Health and Wellness Chairman.

Reports may be emailed, but the information will be for statistical information only.

Postmarked no later than February 1, 2021.

Claire Hill

123 Union Place, Ridgefield Park, N.J. 07660

Questions? Call or email:

201-440-2800 hill@njsfwc.org or cjhill65@gmail.com

WORKSHEET FOR ADDITIONAL HEALTH AND WELLNESS PROJECTS

Projects should be reported based on your club's involvement.

This list is intended as a report writing aid and projects are not limited to what appears below

Projects	# of Projects	Hours	Dollars Donated	In Kind Donations
Adult Day Care				
Autism Awareness				
New Eyes for the Needy/Seeing Eye/Braille				
Alzheimers, dolls for patients				
CPR Classes				
Comfort Pillows (i.e., breast cancer, heart surgery)				
Disabled Persons Help/Support				
Displaced Persons (Homeless)				
Gilda's Club /Wellness Centers				
Health Fairs/ Physical Fitness				
Health Related Projects/Programs- any issues				
Hospitals, Clinics, assisting at or sponsoring Screening				
Juvenile Diabetes Support				
Mental Health Awareness				
Promote Immunizations				
Red Cross/Disaster Relief				
School Supplies/Community Food Bank Kids Closet				
Sponsor a walk or run for medical condition				
Underserved clinics/health centers				
UNICEF				
Valerie Fund				
Vial of Life				
Vineland Developmental Center				
Weight loss/walking groups				
Additional Projects:				
1				
2				
3				
4				
5				
TOTAL (Place these figures on side one under Other Health and Wellness Projects)				