



ALMANAC



November 2020

No. 425

New Jersey State Federation of Women's Clubs of GFWC

55 Labor Center Way, New Brunswick, NJ 08901

President's Message—Jan W. Hanson

As we enter into November let's take stock of how far we have come in accomplishing our goals with the limitations we face. We are holding meetings and fundraisers, while taking care of business. We are helping our communities and each other. We are facing changes and challenges without any precedent. We are amazing.

Thanks to Financial Secretary, Chris Burlew, for holding the Zoom workshop on Fundraising in a Pandemic. Thanks to all the members who attended and shared their ideas. Don't forget the NJSFWC Gertrude Hawks candy sale fundraiser. Who can't use a box of candy around the holidays and it will be delivered to your house.

For those of you who were able to attend the Middle Atlantic Region Conference, and I counted about 18 NJ members, I hope you were able to come away with some insights and ideas. It was odd watching my speech from my living room and socializing via Zoom afterwards. It was nice to hear from Mary Ellen Brock and watch Mary Pat Marcello step-up and run the meeting when we temporarily lost Region President, Sandy Roberts. You might not have noticed Shirley Holly overseeing some of the technology behind the scenes. Hopefully, next year we will be able to meet in-person in Delaware.

Another unusual, but successful event was the NJSFWC State Fall Conference Webinar. Thank you to Chairman Judy Filippini for promoting this event and her assistance that day. This was not how she envisioned it when she agreed to be the Chairman. Congratulations to the speakers who shared new information and projects. Hopefully, you came away with new ideas to share with your members. Congratulations to the Club in each District that was recognized for the highest net

gain in membership and to those Clubs and Chairman that received awards from GFWC.

Your generosity this Fall has been amazing. Besides providing hundreds of stockings for Operation Yellow Ribbon for our men and women serving in the United States military you have donated hundreds of sweatshirts for Operation Chillout. The sweatshirts will be picked up on November 12th, so there is still time to participate. Not a fan of the cold, I cannot imagine what it is like living on the streets in the winter.

Have you read the book *American Dirt* by Jeanine Cummins for the NJSFWC Book Discussion? Check out the Education and Libraries Chairman's article for more information.

November 15th is the deadline to Nominate someone for a Woman of Achievement Award. Information is in the September ALMAMAC or on the website.

December 15th is the deadline to submit a Resolution (Chris Sienkielewski, Legislation/Resolutions Chairman)

Unfortunately, we will need to postpone the Holiday Open House until next year.

This is the time of year we take stock of what we are thankful for. I want you all to know that I am most thankful for all of you. You are the glue that keeps NJSFWC together. You give me hope that we will come through this stronger than ever.

In Federation Friendship,

Jan

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Special points of interest:

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1894 Society



NJSFWC FIRST VICE PRESIDENT**Shirley A. Holly**

This is the second portion of an article on leadership tips that started in the October ALMANAC issue.

Integrity – This is the universal leader characteristic. All leaders must have integrity. Do you? Sometimes as leaders we don't practice integrity. Be honest, truthful, reliable, upright and all good things that leaders should represent.

Relationships – We all need relationships! If a leader fails to build relationships, it's time to find another leader. You grow your effectiveness as you build relationships. Become the master of relationships and watch your leadership respectability soar. Interacting on a personal level increases the ability to work together as a Club for the common good of the Club. The "truthfulness factor" is essential in relationship building. Any relationship begins with caring. If you care about your Club Members, you open the door to grow relationships. Hate is not a door opener, and indifference can shut the door. Look for the likeability factor in each of your Club Members.

Discipline – not much gets done without discipline. Time use is a discipline. Growing a Club is a disciplined act. Without discipline, the wheels of progress in your Club may get rusty and stop turning. Instant gratification is the enemy of discipline. Patience is the friend of self-mastery. It allows time to think deeper and better so we avoid serious leadership mistakes. Being in control requires discipline.

Please remember, there is no "I" in Club. A Club is a group of women coming together to work toward a common cause. This is not "your" Club, but "our" Club. The goals you have set as leader of the Club are accomplished when many are involved...not just you. Share your knowledge with your Club Members and lead by example.

NJSFWC SECOND VICE PRESIDENT**Barbara McCloskey**

Have you opened and looked at your Report Writing package? I hope by now your President has examined the contents and shared the information with her Members. Remember, all the information is also available on the NJSFWC website, including the report forms.

The Report Form Instructions have been updated and should be easy to understand.

If you start looking at the Report Forms now, you can already see if you have completed any projects that are listed, and even start working on completing the Report Form! There is no rule that says that you have to begin January 1st.

The next question becomes, "Is it necessary to write a narrative when submitting year end reports?"

It is not a requirement to write a narrative, but clubs are encouraged to write them. Without your description the report is simply numbers – dollars, hours, projects. Of course those numbers are impressive and important, and used for our overall statistics, but adding a brief narrative brings your project to life on paper.

Did your Club hold any 'Virtual' programs, projects or fundraisers, such as an online Tricky Tray, play Mahjonnig or hold a book discussion? We would love to hear about them.

A narrative would be a great opportunity to give the State Chairman an idea of what went into planning the project, and an insight into the overall project. Narratives don't have to be long. They can be as short as a paragraph or as long as one page.

They also help with the judging process. When faced with two similar reports – the Chairman will always go with the report that had a narrative.

Clubs do amazing projects all year long. A brief narrative is your opportunity to brag about the amazing work your Club is doing.

NJSFWC THIRD VICE PRESIDENT**Susan Chambers**

Members of the New Jersey State Federation of Women's Clubs are automatically Members of the General Federation of Women's Clubs (GFWC) and so you can take advantage of the many programs and services offered by GFWC.

For instance, take advantage of GF's "Hats Off to Membership" Recruitment Campaign that gives tips on how to recruit and retain Members. Remember also that Clubs reporting three or more new Members on the GFWC Recruitment Campaign Report form (found under "R" on their Resources page) will be recognized in the GFWC Clubwoman Magazine. Submit a Report even if you've only recruited one or two new Members because every Member counts!

Let's give a hearty welcome to NJSFWC's newest Members:

Woman's Club of Merchantville:

Helena Johns
Cathi Mazzu
Judy Kinsler
Fran Kittel
Elaine Picciotti-Faunce

Woman's Club of Bloomfield:

Joanne Avallone
Diane Mautone
Patricia Nucci
Michelle Gavin

Woman's Club of Belmar

Mary Boyle
Maryanne Sage

NJSFWC FINANCIAL SECRETARY**Christina Burlew**

This Officer would like to thank everyone who participated in the Fundraising in a Pandemic Workshop. While the virus has affected the way in which we are doing certain activities, it certainly has not put a damper on our volunteer spirit. The workshop provided a wonderful opportunity for Members to provide information about their fundraisers and share and exchange ideas on how to raise money during this unusual time.

Calling all Chocolate Lovers. NJSFWC is selling **Gertrude Hawk Chocolates** for the holiday season. What a great way to treat yourself and/or buy some holiday gifts while supporting NJSFWC. Please refer to the enclosed flyer. All orders will be shipped directly to your residence. Tax and shipping charges will be applied. *Sale ends December 13th. Orders start shipping the week of November 13th.

COLLEGE DISTRICT**Mary Lou Bak**

District Clubs have filled stockings and donated funds to Operation Yellow Ribbon. Sweatshirts have been collected for Special State Project, Operation Chillout.

Some Clubs have been able to have socially distanced in-person gatherings. The **Tewksbury Woman's Club** met to celebrate Constitution Day for food and fun in patriotic red, white, and blue. The Club has also donated meals to school families in need.

Speakers have been invited to join the virtual Club meetings. The **Kalmia Club** of Lambertville heard a speaker from the League of Women Voters of Bucks County, which developed a program to honor the Centennial of Women's Right to Vote and the 100th anniversary of the founding of the League of Women Voters.

COLLEGE DISTRICT (continued)

Clubs have developed themes for virtual meetings to help boost camaraderie, such as a tea party. The **Franklin Woman's Club's** theme at their October meeting was Halloween, with members wearing Halloween masks and hats. A new-to-the-Club project is being planned to assemble a cookbook that reflects ethnic recipes carrying special meanings for Members.

As Thanksgiving approaches, plans are being made to make holiday food donations to community organizations and families. The **Woman's Literary Club of Bound Brook's** traditional fall Food Drive and Coats for Kids Collection are underway. Socially distant drop off arrangements for donations keep members safe.

GARDEN DISTRICT

Jill McDonald

The Garden District is one lively group of Federated Club Women. They are forward thinking members who can find a way around any barrier to make life better for their community and those in need far and wide. Far-side activities have been support for Heifer International and Operation Smile as well as filling holiday stockings for our deployed service members.

Collecting used clothing and household items for a Bargain Thrift Center has earned good profits for several Clubs and will be used by others to pass on items already collected for currently unfeasible yard sales. **The Haddon Fortnightly EMD** and **Woman's Club of Merchantville** have been busy making sandwiches for Cathedral Kitchen. The **Woman's Club of Edgewater Park** partners with the local Meals of Love charity to provide lunches and groceries. Members will fill children's gift wishes provided by parents.

Woman's Club of Pennsville and **Woman's Club of Penns Grove/Carney Point** Clubs had a joint meeting to learn more about Special State Project Operation Chillout. They, and many other Clubs, have donated winter weight, hooded and zippered sweatshirts to meet upcoming needs. The **Women's Club of Woodbury** has prepared food for Ronald McDonald House and delivered it even though they couldn't go inside to serve. The **Women's Club of Edgewater Park** and others are busy with the Boscov's Charity Event.

Many Clubs observed the anniversary of the passing of the 19th Amendment with programs that raised awareness of the Women's Suffrage Movement.

HIGHLANDS DISTRICT

Nancy Levy

Clubwomen of the Highlands are as busy as ever.

Woman's Club of Boonton planned a Trunk or Treat event for Halloween.

Woman's Club of the Denville-Rockaway Area held five hikes from September through November to raise funds for the Special State Project. Each hike was limited to five Members, along with five guests or prospective members, with each participant paying \$5 to attend.

Hopatcong Woman's Club purchased banners honoring Veterans, along with the hardware to hang them, which were put up around their town.

Junior Woman's Club of Jefferson Township held its 22nd Annual Wrobo run/walk, named in honor of a fallen Marine.

Long Valley Woman's Club is making preparations for their annual Antiques Show.

Woman's Club of Parsippany-Troy Hills distributed Vials of Life.

Roxbury Woman's Club planted trees in honor of Women's Suffrage.

HIGHLANDS DISTRICT (continued)

Junior Woman's Club of Sparta held a pizza fundraiser, and is compiling a cookbook with recipes from local restaurants.

Sparta Woman's Club held its annual Game Day via Zoom, and their Circle of Yarn group donated 97 hats for the "Hats Not Hate" project.

Sussex Woman's Club collected socks for the Domestic Violence Shelter.

Thursday Morning Club is knitting scarves, hats and mittens for the Eagle Christmas Fund organization, and is planning their annual Le Bazaar de Noel.

Vernon Township Woman's Club sent an article to their local paper explaining how the Club has helped the community in the past and is unable to hold its usual fundraisers. They asked for any donations members of the community wanted to give, and so far, have received over \$2,600.

Washington Woman's Club donated CD's and DVD's, along with much-needed coffee (29 pounds), to their local Veterans Home.

LIBERTY DISTRICT**Ellen Lund**

Fall is in full swing and November is the time of year when we think of giving. The Liberty District Clubs are as busy as ever and are always in the spirit of giving.

The **EMD of Arlington Woman's Club** is continuing to support the Kearny Food Pantry Network and will be collecting Teen Christmas gifts for the local Salvation Army.

The **Woman's Club of Belleville** participated in Purses for a Purpose. They collected purses and personal hygiene products for various local women's shelters. They will be collecting children's books for Tots to Teens.

The **Woman's Club of Berkeley Heights** is hosting a "Conversation with the Mayor" at their general meeting Tuesday, November 17th at Noon. The venue to be announced. They are collecting non-perishable foods for a local family for Thanksgiving. They are partnering with the "Autumn Lake Healthcare" to write cards, make favors, collect books, and musical CDs for the residents.

The **Women's Club of Caldwell** at their November meeting, will have the Arts Performing Chairman share her knowledge of Creative Writing to prepare members to enter the District Contest in February. Their Civic Engagement and Outreach Chairman, Diane Nestor-McMahon, will organize their community service project to collect items for the Caldwell Food Pantry. Both local libraries have again approved them to place their collection boxes for community participation.

The **West Essex Woman's Club** is looking forward to having a speaker for the Special State Project. They are also collecting canned goods for the local food pantry and a holiday fundraiser for the Special State Project. This Club has recently started Project Sunshine at a local assisted living facility. They are also collecting stocking stuffers for the Valerie Fund and will have a Fall Legislative workshop.

PALISADES DISTRICT**Debbie Cibelli**

Our Palisades District Clubs have been very busy this past month despite all the obstacles. Here is a glimpse into some of the happenings. Kudos to ALL the District Clubs!

The **New Milford Woman's Club** donated school supplies to the Ascension Food Pantry in New Milford. Students were wished a very successful school year.

PALISADES DISTRICT (continued)

The **Contemporary Woman's Club of Hasbrouck Heights** sponsored a drive through, take-out Fish and Chips dinner on October 13th in the parking lot of the Municipal Building. Although they missed sitting with their friends, the idea was big hit.

The **Woman's Club of Ridgefield Park** -_One AMAZING fundraiser they conducted was Wreaths Across America. It is a GREAT TIME for ALL to SUPPORT these great Americans!

The **Woman's Club of Leonia** will be playing Thanksgiving Bingo and making fall table decorations for the dining room tables to be distributed to Bright Side Manor in Teaneck.

Dumont Woman's Club. Though their big fundraiser, a luncheon and tricky-tray, was postponed until next April, they are happy to say that due to their reserve, the Club has been able to continue all of their donations so far this year.

Woman's Club of Rutherford held their Sixth Pumpkin People in the Park exhibit. The event, a variety of unique and very creative displays assembled by many organizations and families in town, used pumpkins, to convey special messages. It was held from October 17th to November 1st at Lincoln Park.

The **Woman's Club of Paramus** - October consisted of a Parking Lot Garage Sale fundraiser, a PPE (personal protection equipment) collection for the public schools and the assembly of Christmas stocking for Operation Yellow Ribbon.

Woman's Club of Westwood - Masks, social distancing and no refreshments are the order of the day. They had a Fundraising/Membership Stay at Home Tea, a drive through drop off Food Collection for their food bank and a Holiday 50/50 raffle.

Woman's Club of River Edge - Though a small Club, they managed to participate with a donation to support Operation Yellow Ribbon.

RAMAPO DISTRICT**Marie Sullivan**

The Ramapo District Clubs continue to forge forward despite challenges.

Since many people cleaned out closets and organized during the quarantine, the **Woman's Club of Ramsey** thought a twist on a rummage sale was in order. They will gather all their Member's items and have a donation table at the local Farmer's Market. They will ask for monetary donations for each item and raise money for their Community Service projects.

The **Riverdale Woman's Club** kept busy last month filling 36 Holiday Stockings for the soldiers.

The **Past Presidents' Club of the 11th District** has embraced Operation Chillout. Not only did they collect \$80 for the Special State Project water project, but participated in the collection of hooded sweatshirts as well.

The **Woman's Club of Upper Saddle River** has really exemplified the meaning of thinking outside the box with their Health and Wellness Walking Challenge! Not only did they get their members to walk for good health, they raised money doing it too! They also held a Meatless Monday Dinner Challenge complete with recipes and nutritional guidance.

The **Glen Rock Women in Community Service Club** has been keeping in touch via Zoom and is hosting a food drive through a local supermarket, and they are holding a silent auction virtual fundraiser. Many of their members work and some are teachers which we all know is very stressful under the current circumstances.

The **Woman's Club of West Milford Township** regularly has a table at the local farmers market. They offer homemade Washable Fabric Face Masks and have not only collected over \$1,000 in donations but were able to install three new members through their efforts of promoting their Club's Community Service!

RAMAPO DISTRICT (continued)

Pines Lake Woman's Club continues to collect stamps and eyeglasses for the needy and has donated over 2,000 handmade masks.

Saddle Brook Woman's Club is running their annual Thanksgiving Food Drive for the pantry.

Montville Township Woman's Club continues to support the requests of the New Jersey Fireman's Home in Boonton.

SHORE DISTRICT**Randi Quilici**

The **Belmar Woman's Club** is planning Wreaths Across America.

The **Woman's Club of Brielle** has 9 prospective members attending their November meeting.

Woman's Club of Colts Neck supports the Collier Playground Project with two fundraisers, Pampered Chef and Onehope Wine.

GFWC Woman's Club of Matawan organized "Soup and Sale of Holiday Crafts, and Pictures with Santa". Their meeting program is American Legion.

Howell Woman's Club purchased six 25-year Federation pins.

Jersey Shore Woman's Club is supporting Operation Smile and donating 32 Christmas Stockings for our troops.

Little Silver Woman's Club meets in their parking lot to discuss events & fundraisers.

Shore District Past Presidents' Club continue to support state projects in creative ways.

Stafford Township Woman's Club fundraiser, "Guess How Many Tabs". Each guess is \$1, and the winner receives \$25 WAWA gift card. Members are also sewing and crocheting items for Operation Smile.

Woman's Club of Lacey has a "500" Club raffle ticket fundraiser. The winner receives \$500 and four winners receive \$100.

Woman's Club of Middletown saves soda tabs for Ronald McDonald House and 11oz. coffee cans for the Shut-In's project for the Visiting Nurse Association.

Woman's Club of Point Pleasant partnered with Boscov's "Friends Helping Friends" fundraiser. They are having a Fall Flea Market using Covid-19 guidelines. The Education Department is participating in a Jump Start program for children ages 5-8 at a local nursery school. One member reads a book authored by another member. Children receive an autographed copy of the book and have a related craft.

Woman's Club of Spring Lake is selling pies for Thanksgiving donated by Sunrise Assisted Living. They continue to support the local food pantries. The Evening Members are collecting blankets and towels for the Canine Shelter.

SOUTHERN DISTRICT**Pamela McNamee**

The Southern District is off to a virtual start for the 2020-2021 club year. Several Clubs continue to meet through Zoom or other remote avenues. However, this has not halted plans for our Clubs to help out in our communities for residents and members. The help they normally provide for others is being handled differently. To get the word out to Members emails, Facebook messages, Constant Contact and other remote venues continue to get members involved.

SOUTHERN DISTRICT (continued)

The **Country Shore Women's Club** has worked on keeping members connected by hosting virtual evening bingo games for all to enjoy.

The **Women's Community Club of Cape May** is working on plans to celebrate their 100th Anniversary in 2021. The Members of the Southern District are anxiously awaiting those details to help our sisters celebrate their very important anniversary.

The **Millville Woman's Club** celebrates its members each year by inviting each one to the annual Thanksgiving Tea where tea, tea sandwiches and other finger foods are served for their enjoyment. To help in the community the Club will hold a month long food drive to help local food pantries.

The **Colony Club of Ocean City** will also be collecting food for the Ocean City Food Pantry and continues to hold their fundraising Scripp Program.

The **Woman's Club of Vineland** has invited Joseph Martucci, Meteorologist from the Atlantic City Press as a speaker for their November meeting.

As you can see the pandemic has not stopped our Clubs from connecting with one another or working to help improve our communities.

This Southern District Vice President is looking forward to seeing what activities the holidays and New Year will develop for our members and the betterment of our communities.

THE ARTS AND CULTURE COMMUNITY SERVICE PROGRAM

Lynn Webb

This Chairman discovered a quick and easy quilt to make for the holidays. The quilt size is 52" X 68" and you choose five fabrics that complement each other. First cut the fabrics and then sew Block 1 and then Block 2. The cutting instructions and sewing the pieces together are as follows:

Block 1

A Fabric	Cut 6 ½ squares	Need 18 squares
B Fabric	Cut 1 ½ strips X 6 ½	Need 18 strips

Sew the strips around Fabric A square and this will frame the square.

C Fabric

- o Cut 3 strips 2 inches wide
- o Cut 3 strips 4 ½ inches wide
- o Cut 6 strips 2 ½ wide for binding

D Fabric

- o Cut 3 strips 2 inches wide
- o Cut 3 strips 4 ½ inches wide
- o Cut 5 strips 2 inches wide (quilt inner border)

E Fabric

- o Cut 2 strips 3 ½ inches wide. Then cut 18- 3 ½ squares. This is the center of the second block.
- o Cut 6 strips 4 ½ inches wide (quilt outer border)

Block 2

- o Sew together lengthwise the 2-inch strips of fabric C and D.
- o Press the seams towards the darkest fabric.
- o Cut 36 pieces 3 inch wide. Sew 3 inch wide piece to the top and bottom to fabric E square. This is the **center** of the 2nd block.
- o Sew together lengthwise the 4 ½ strips of fabric C and D. Press to fabric C. Cut the strip into 36 pieces 3 inches wide. Make 17 blocks. These are the **sides** of the 2nd block.

The fabric placement of the 17 - 8 ½ blocks are pictured below. This is Block 2.

ARTS AND CULTURE (continued)

D Fabric on top Fabric 4 ½ width of C & D	D Sewn together 2 inch strips of D & C to Fabric E square	C Fabric on top (opposite the other side) Fabric 4 ½ width of C & D
	Fabric E squares are the center	
C Fabric on the bottom	C Sewn together 2-inch strips (C & D) to fabric E square	D Fabric on the bottom

Begin with Block A and alternate Block B in each row. (5 blocks across)

Sew the inner border (Fabric D) between the rows.

Then sew the remaining rows in the quilt. Fabric E is the outer border.

Backing and batting is approximately 4 yards.

Send out to a longarm quilter or quilt yourself.

THE ARTS/PERFORMING COMMUNITY SERVICE PROGRAM**Rosemarie Saviello****TELL A JOKE**

Records show that various kinds of jokes have been around since 1600 BC. One of the very first jokes we ever heard was probably “why did the chicken cross the road?” Now we may hear a joke that may start with “did you hear the one about...?” We either like to tell jokes or we like to hear them. Why are jokes and laughter so important to us?

Laughter is a good thing and important to our lives. Studies have shown that a sense of humor can improve blowing off psychological stress and a way to release psychic energy. Scientist tell us that laughter, humor and joy are an important part of Life. Laughing lowers blood pressure, reduces stress hormones, and increases muscle flexion. It increases the circulation of antibodies in the blood stream and makes us more resistant to infection. Studies have shown that 10-15 minutes of laughter can burn 50 or more calories. Do you see how laughter as a result of a joke is important? Let's start telling more jokes.

THREE SUGGESTIONS FOR TELLING JOKES

1. Send a joke to Members in your Club via email with their permission of course.
You can find jokes by doing a search on the internet with just “jokes” on the search line. Libraries also have books with jokes of all kind.
2. Tell a joke(s) or do a comedy routine at Performing Arts Day.
3. Hold a program at your Club meeting whether the meeting is in person or on Zoom, where members are invited to tell a joke. This can turn into a fun event. The **Suburban Woman's Club of Pompton Plains** plans a joke night as one of their programs once a year. One of the benefits of this type of program is not only is it fun, it costs zero dollars.

Almost everyone agrees that this year is a very stressful time. Let's relieve some of that stress and laugh a little by telling jokes when you get together with your family and friends.

LAST WORDS ABOUT JOKES

Did you hear the rumor going around about butter?

Never mind, I shouldn't spread it.

UNCOMMON MUSICAL INSTRUMENTS

The September ALMANAC Article presented “The Great Stalacpipe Organ” as one uncommon musical instrument. This month's uncommon instrument is “The Singing Ringing Tree.” This work of art is constructed from varying lengths of pipe. As the winds pass over the pipes, it creates an eerie sound. The original towers three meters over the East Lancashire landscape in England. In March of 2017, a sister singing ringing tree was constructed outside of Austin, Texas, U.S.

When we think about “letting our voice soar,” let our voices soar by telling a joke.

CIVIC ENGAGEMENT & OUTREACH COMMUNITY SERVICE PROGRAM**Gail Kovacs-Felici****GIVE THANKS – AT HOME AND GLOBALLY**

A statement from UNICEF says “the repercussions of the COVID-19 pandemic are causing more harm to children than the disease” (itself) and that “long-term consequences of mass malnutrition could lead to generations of physically and mentally impaired people”. From Share Our Strength is the statement “1 in 4 kids could face hunger this year because of the Coronavirus and that is just in the United States”.

This Chairman has heard of quite a few Clubs that are helping combat food shortages in their communities by donating or soliciting food for their local food banks. Here are three more ways in which Clubs can help those that are in dire situations.

No Kid Hungry (launched in 2010 by Share Our Strength) provides school breakfasts, after school meals and summer meals to children. They also worked with the USDA and states to develop a map to help families find free meals for their children. When a zip code is entered, the school meal sites, food banks and more that are serving food are indicated. See if the area in which your Club is located is there and publicize the map.

Through Plan International USA (founded in 1937) donations made for Water Purification Tablets will help protect children from diarrhea, cholera and other deadly water borne diseases. A food kit purchased for a family includes rice, cornmeal, beans, butter, sugar, salt and coffee. This is enough food to feed a family of four for two weeks.

The Milk Money Project under Heifer International (founded in 1944) is geared toward providing milk to students. A daily serving provides high quality protein, vitamins and nutrients needed for healthy minds and bodies. A program started in your area’s school system arranges for students that donate to give funds to provide the gift of good nutrition to children in need.

While we are giving thanks for the blessings that we enjoy, try to spread the thanks at home and around the world for the betterment and health of all.

EDUCATION AND LIBRARIES COMMUNITY SERVICE PROGRAM**Brandi-Leigh Miller****SCHOLARSHIPS – AND SCHOLARSHIP ASSISTANCE FOR LOCAL STUDENTS**

In these challenging times, many organizations have been scaling back or eliminating their scholarship awards for graduating seniors. Does your Club award annual scholarships to local high school students? There are many criteria to consider other than academic achievement, an area in which many students are competing for the same awards. Scholarships could be awarded for exceptional or unique community service, a student who is the first to attend college in their family, or a student planning to attend a trade or vocational school.

Consider establishing your Club’s scholarship for a local student using these steps:

- Determine the purpose of the scholarship (reason for awarding it and the target audience, for example—the scholarship could be in honor or memory of a Club or community leader, or it might help a student with a special need).
- Set a timeline (including development, fundraising, advertising, application evaluation, award presentation).
- Create the application (incorporating components that fit the purpose of the scholarship, such as:
 - Essay, resume, transcripts, financial need information, letters of recommendation
 - Will there be an interview process?
- Determine the duration of the award (one or multiple years).
- Determine the funding source.
- Coordinate with school guidance counselors to select the recipient and plan the award presentation

Many of our Club Members are educators or professionals who are excellent writers and editors. Consider establishing a “scholarship essay mentors” group and reaching out to local high school guidance counselors to offer your services. Participating “mentors” can help edit, revise, and polish scholarship essays, or provide suggestions to improve students essay submissions for various scholarships and college applications. These students may even be interested in volunteering or joining your club when they return to your community after college or during the summers!

EDUCATION AND LIBRARIES (continued)

Students begin seeking out scholarship opportunities early in the school year so reach out to your guidance counselors soon.

NJSFWC ESO BOOK DISCUSSION – NOVEMBER 4

Don't forget that on November 4th at 7:00 pm, NJSFWC ESO Chairman, Pat Trainor will host an online book discussion via Zoom. The first book discussed will be *American Dirt* by Jeanine Cummins (one of Oprah's Book Club picks). Discussions about new books will take place every other month moving forward.

To join the ESO Honorary Literary Society or to suggest a book for future NJSFWC book discussions, contact ESO Chairman Pat Trainor by email at pattee217@aol.com.

Reminder! You can now submit your ESO Book Report online: <https://tinyurl.com/NJSFWCESO>

If you are on Facebook, be sure to search for **GFWC 2020 2022 ESO Book Club** and click the "join" button to be added to this private group. Don't miss out on the exciting and fresh ideas to energize your club projects!

ENVIRONMENT COMMUNITY SERVICE PROGRAM

Dawn Pogosaew

Now is a great time to start preparing for outdoor projects for the spring. Rain gardens are perfect projects that create an immediate beneficial impact for the environment. Not only do they slow runoff and help prevent flooding, they also help to filter and breakdown harmful contaminants from reaching our waterways. They can be installed anywhere between two impervious surfaces (i.e. a building and the street). Here are some ways that your Club can learn about and install your own raingarden.

There are many grants available that will help to offset the cost. Start with your local Environmental Committee for the yearly ANJEC (Association of New Jersey Environmental Commission) grant or your local Watershed organization. Many corporations also provide grants including AARP, HBCBS, Exxon, and utility companies. You can also look for State and Federal grants.

Another way to help reduce the cost is by having your members grow the plants for the garden over the winter or divide and share some of the plants from their own gardens in the spring.

Rutgers Cooperative Extension is a fantastic resource for learning about and building your own rain garden. A few other resources are Native Plant Society of NJ, and NJ DEP websites (copy and paste in your web browser):

http://water.rutgers.edu/Rain_Gardens/RGWebsite/raingardens.html

http://www.npsnj.org/pages/nativeplants_Rain_Gardens.html

<https://www.nj.gov/dep/gi/index.html>

HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM

Claire Hill

As we prepare for our holiday celebrations, it is time to think of the unfortunate impoverished families all over the world. They work in over 25 countries by donations of livestock and agriculture to alleviate hunger and poverty.

A donation as little as \$20 will donate a flock of chickens or ducks. Those flocks will give eggs. Chickens will control bugs, be used for food for the family and reproduce saleable chicks for income. So, your donation will truly help.

Donations can purchase tree seedlings, honeybees, sheep, goats, pigs, all of which can help sustain a family.

HEALTH AND WELLNESS (continued)

A gift catalog can be requested from heifer.org/catalog or by calling 855-848-6437. Think about a Hope Basket for \$50 that will contain chickens and rabbits, or have your Club Members chose a farm animal to donate.

When reporting any work with Heifer, you may put it in the Health and Wellness or Civic Engagement and Outreach.

ADVOCATES FOR CHILDREN

Jane Mackesy

The pandemic continues to make us think out of the box as we advocate for children. This month's feature program is the GFWC Partner, March of Dimes – www.MarchofDimes.org

Here are some suggestions.

- “Go Purple” during November, Prematurity Awareness Month
- Observe National Birth Defects Prevention Month in January
- Participate in a March for Babies event

Below are some of the March of Dimes Chapters, in NJ. You may want to contact them to see how your Club can assist them in programs and services like Healthy Babies are Worth the Wait® and Becoming a Mom/Comenzando bien® that support moms in your community throughout their pregnancies. Their NICU Family Support® program offers comfort and information to families in the newborn intensive care unit (NICU).

959 US Highway 46 East, Suite 21, Parsippany, NJ 07054
(732)-952-9010

20 Chapin Rd., Ste 1010 Pine Brook, NJ 07058-9393
(973) 882-0700

5 Cedarbrook Dr., Ste 6, Cranbury NJ 08512-3606
(888) 663-4637 (609) 655-7400

3012 Main St., Voorhees NJ 08043-4614
(856) 874-9050

COMMUNICATIONS

Carole Speechley

Easy Way to Promote Your Club Events & Fundraisers

Patch.com serves communities across New Jersey and is always looking to expand. To quote their website, patch.com, “At Patch, we believe that local news and information have the power to unite a community. We also believe in giving neighbors the power to tell their own stories and help keep each other informed about what’s happening at the local level.”

You can post your events and fundraisers to the Events Calendar for free, but if you want to give it extra visibility, the cost is \$1 per day per town. You can also post articles and press releases, and again you can boost the visibility at the same \$1 per day per town.

Go to patch.com to see if your town and or nearby towns are already in patch.com. Go to patch.com/info/posting-instructions for information on how to post your events and articles.

COMMUNICATIONS (continued)**Report Writing**

There are two reasons we always ask for narratives, to share good projects with you and to send our top 10 projects to GFWC. Here are a couple of projects from the 2019 reports:

Each month the **Suburban Woman's Club of South Plainfield** places an article in the South Plainfield Observer and the TAP Into South Plainfield. The article reviews the Club's monthly business meeting in addition to discussing the monthly speaker and presentation. It's a great tool because it lets prospective members know the Club offers thought provoking speakers, as well as fundraising activities. This entices current and prospective members to attend meetings.

The **East Brunswick Woman's Club** submitted 13 online requests for monthly meetings or events to the East Brunswick TV Channel's Community Website. Alternative online streaming of the submissions was available on the library website for viewing.

What We Do Matters So.... Let Our Voices Soar

CONVENTION**Susan Fosdick**

MARK YOUR CALENDARS - April 26 – April 28, 2021 for '**BACK TO THE FUTURE**' the NJSFWC 127th Annual Convention at Bally's Casino Hotel.

As many members have requested, we will be returning to the Boardwalk. Why not plan on arriving on Sunday (a day early) to soak up some sun as you enjoy a leisurely stroll on the Boardwalk?

Due to the pandemic, however, we are unable to provide further details at this time. President Jan Hanson and this Chairman will have met with Bally's in the beginning of October to discuss arrangements for the convention. Please stay tuned for all the details as we know them in the December ALMANAC.

**GFWC SIGNATURE PROJECT:
DOMESTIC & SEXUAL VIOLENCE AWARENESS AND PREVENTION****Joyce Fredericks**

As noted in the September ALMANAC, the emphasis area for this Chairmanship is GFWC Success for Survivors Scholarship. Please note the following deadlines:

October 1, 2020	GFWC Success for Survivors Scholarship Application Opens
February 5, 2021	GFWC Success for Survivors Scholarship Application Deadline
May 2021 – June 2021	Recipients Notified
July 2021	Monetary Awards Sent to Recipients Upon Receipt of Enrollment Verification

Completed applications will be sent to GFWC Headquarters at:

Attn: Success for Survivors Scholarship
1734 N St NW
Washington, DC 20036

DOMESTIC & SEXUAL VIOLENCE AWARENESS AND PREVENTION (continued)

GFWC is excited to enter a fundraising agreement with Starfish Project for the 2020–2022 Administration. Starfish Project is an organization that supports women escaping human trafficking and exploitation. The organization is currently working with more than 150 survivors to provide a fresh start in life by arranging safe housing, healthcare, education and training, and employing them to make jewelry and garments to support its mission.

Through this endorsed fundraiser, all proceeds from any Starfish Project products purchased through the dedicated link on the GFWC Website will go to GFWC's Success for Survivors Scholarship. View Starfish Project's necklaces, earrings, bracelets, rings and garments. Order your next favorite piece of jewelry and help a survivor of human trafficking succeed!

Remember to report your club's successful fundraiser and the amount raised in your Domestic and Sexual Violence Awareness & Prevention Report.

More information can be obtained by going on GFWC.org website.

SUGGESTIONS FOR A PROJECT:

Since we may not be meeting in the near future, clubs need to contact their local shelter and ask if they have any needs for the upcoming holidays. You could organize a list of items that could be used for Chanukah and/or Christmas presents for the Children at the Shelter. This in turn could be placed on a WISH TREE at a bank, library or public place like your town hall.

Clubs would make an ornament to be placed on their wish tree with the items requested with a label that describes the age and sex of the child. Don't forget the Mother's. If your club members are creative, they could make knitted or crochet scarves, hats, mittens as just a suggestion. Or members could donate gently used handbags filled with a cosmetic purse, small hairbrush, lipsticks, perfumes, compact, etc. and bring them along with the presents you receive from the wish tree. **THE IMPORTANT THING IS TO CONTACT YOUR LOCAL SHELTER and see what they can use. Storage may be limited, so you might have to hold on to the items until just before the holiday.**

Another easy project is to provide the food for their holiday dinner. Have members donate a turkey and related food items. Have members prepare a tin or several tins of cookies for the shelter. If your club happens to have a fundraiser using candy or nut products, consider buying an EXTRA candy product or nut product and donating it to the shelter.

Remember to pick up a pair or two of SOCKS for children and colorful ones for the women whenever you are out and about at your local stores. They can be sent along with the presents from your WISH TREE or if you don't want to ask the public for assistance with your project, then members should adopt a child and mother at their local shelter and provide the gifts themselves.

HISTORIAN

Maribeth Hugelmeyer

Suffragist or Suffragette? You have probably seen both words used in narratives. They mean the same thing but have different historical meanings. Suffrage (or enfranchisement) means having the right to vote.

In the early 1900's the fight for woman's suffrage was in full swing both in Britain and the United States. In 1906, a British reporter wanted to mock and minimize the British women who were fighting for the right to vote by calling them "suffragettes". By attaching the suffix "-ette", he was referring that their efforts were "small or diminutive". Some of the British women used that term to reverse the negative image. The women in the United States involved in the suffrage movement, saw the term as offensive. It was used however in the United States by anti-suffragists to aid them in their efforts to deny the right to vote.

Suffragist of the Month: Alva Smith Vanderbilt Belmont (1853 – 1933)

Alva Belmont was a wealthy woman, a committed suffragist, who used her wealth to aid the efforts of the suffragist movement. She was not only the primary benefactor of the National Woman's Party (NWP) but also served as

HISTORIAN (continued)

its President. Her financial support allowed the NWP to proceed with ambitious campaigns for the passing of the 19th Amendment. Belmont at first favored each state passing their own voting rights bill. After attending a rally in London organized by the militant suffrage organization, the Women's Social and Political Union (WSPU), her views changed towards more confrontational methods. Instead of state voting rights, she fought for a federal amendment enfranchising women. Belmont continued to support the efforts of the National Woman's Party after the ratification of the 19th Amendment. Through her generosity, the NWP purchased a house at 144 B Street, NE (now Constitution Avenue) in Washington DC as their headquarters. This building was declared a National Monument in 2016 and became the Belmont-Paul Women's Equality National Monument.

Clubs celebrating the 100th Anniversary of the 19th Amendment

Woman's Club of Matawan celebrated on August 30 at their Clubhouse parking lot, with the reading of a Proclamation. The Clubhouse was decorated in the colors of the suffragist movement, with a manikin dressed as a suffragist inside the door. There were books, pamphlets, handouts, Trivia, and refreshments. **Woman's Club of Denville-Rockaway** was presented a Proclamation by their Mayor. The four **Arlington Women's Clubs** presented in conjunction with the West Hudson Theater and Arts, a virtual event, on August 26th, THE RIGHT IS OURS! The cast was made up of many NJSFWC members!

HONORS

Marie DiMatties

Women of Achievement: The deadline of November 15 for the nominations is just a few weeks away. There is still time to submit a nomination using the application in the September ALMANAC. The completed form and supporting documentation should be sent to the Executive Assistant, NJSFWC Headquarters. Additional information can be found on the NJSFWC website.

Honors Book: Have you considered honoring someone who has supported you or your club by enrolling them in the NJSFWC Honors Book? This tribute is available year round allowing a timely recognition of those who support the efforts of your club and the Federation. It can be a Clubwoman, a person who always attends your fundraisers, the man who drives members to events, fixes equipment or completes other chores for your activities. The process is simple. Send the person's name and address and reason they are being honored together with a check for \$15.00 earmarked "Honors Book" to NJSFWC Headquarters, 55 Labor Center Way, New Brunswick, NJ 08901. A notecard with the sketch of NJSFWC Headquarters will be sent to the honoree notifying them of your gift. Honoring somebody can be by a club or clubwoman.

Memorials Book: Many Clubs pay tribute to a member who has passed away. The process is similar to that of the Honors Book. Requests may come from a Club or an individual and are sent to NJSFWC Headquarters along with a check for \$15. Acknowledgements will be sent to the family of the departed Member informing them of the tribute. This is a lovely way to honor a Member who has passed away.

The NJSFWC website has information (under Materials, Awards and Achievement Forms) pertaining to Honor Roll, Order of the Lily, Women of Achievement, and the Cecelia Gaines Holland Award. Or you may contact this Chairman at dimatties@njsfwc.org or by calling 856 428-9290.

LEGISLATION/RESOLUTIONS

Chris Sienkielewski

Many people feel that November is a quiet time in the election cycle as we wait for new transitions in our elected officials from the local community to the national scene. But, whether we are dealing with new administrations on all levels or a combination of incumbent and new, it is important to continue to let your voice be heard on various issues that concern the NJSFWC.

Establishing relationships with your elected officials – newly elected or incumbent - is the most effective way to communicate our ideas no matter the levels of government. No issue is stagnant, and once your Club decides the issues they wish to take on, it is still important that all elected officials hear your collective voice.

LEGISLATION/RESOLUTIONS (continued)

The best relationships with officials are in state and local offices. Today's candidate for City Council may be tomorrow's U.S. Senator. Although these officials and candidates focus on local issues, they can be important voices in support of issues that affect your community and for state legislation.

Regular visits when Congressional Members are home in their districts and ongoing contact and engagement make even a small constituency more visible and significant. Prior to your visit, contact their office and schedule a meeting. Let the office know you are a constituent and explain that you would like to discuss an issue with the official prior to him/her returning to Congress.

While a face-to-face meeting is most effective, Congressional staff monitor the number of communications received in support of or in opposition to an issue. Communications on policy matters should be sent to the Member's Washington office.

Congressional offices respond to constituent email. If you prefer to write a handwritten note, faxing or emailing a scanned copy of a letter is preferable for contact regarding fast-moving legislation since increased security procedures cause delay in mail delivery to Capitol Hill. Be concise and to the point. State the purpose of the letter up front. Remember to tell them you are a member of the NJSFWC and the GFWC.

Legislators and even local officials will not always share your point of view. They may completely oppose your position. The manner in which you handle this situation may determine the legislators' willingness to accept your position in the future. Use the following tips to work through opposing views:

- Thank the legislator. Express your gratitude to the legislator or staff member for listening to you and expressing his or her position.
- Agree to disagree. Respectfully refute your legislator's arguments and make a few strong points that reflect your position.
- Be thought provoking. Ask a few questions that will encourage the legislator to think about your position and help you better understand his or her position.

Some of our most recent resolutions may be discussed among your Members. Here are two that have received the most current attention recently:

New Jersey: A 1978 and S 864 This bill would prohibit provision or sale of single-use plastic carryout bags, single-use paper carryout bags, and polystyrene foam food service products, and limit the provision of single-use plastic straws. It was reported out of the Assembly Committee on September 17th and will now be ready for a vote. There is a Public Education portion on this bill which will utilize funds from the Clean Communities Program Fund. It has already passed by the Senate on March 3, 2020.

Please write to your Assembly representative to vote for this bill when it comes to the floor for a vote.

United States Congress: HR 4194 – National Suicide Hotline Designation Act of 2019

This bill requires the Federal Communications Commission to designate 9–8–8 as the universal telephone number for a national suicide prevention and mental-health crisis hotline. This bill has passed the Senate and on 7/15/2020, it was ordered to be reported by a voice vote in the committee.

Now would be the time to contact your representative to ask that the bill come to the floor for a vote.

SPECIAL STATE PROJECT**Patricia Dahl**

Operation Chillout was so pleased to realize that the Clubs of NJSFWC donated over 75% of the Registry for the homeless veterans for their Summer Campaign.

Now that November is here and their Winter Campaign is almost over as far as their needed donations, we have blown them away again. This Chairman is so grateful for the generosity of all the members of the NJSFWC.

SPECIAL STATE PROJECT (continued)

You can continue to send Note Cards. Don't forget to purchase Special State Project Pins for \$5.00. You can wear them everywhere and tell people all about the project.

There is a **major change** in how to arrange for a speaker from Operation Chillout if you haven't already done so. The Special State Project Vice Chairman, Barbara Rose has agreed to be the coordinator between NJSFWC and Operation Chillout. Please be sure to do this early enough so she will have time to make the arrangements. Her contact information is Barbara Rose, (908) 453-3734 and email wplrose@hotmail.com. She will also be the one collecting the scrapbook information and pictures to make the final scrapbook for presentation to Operation Chillout at the end of the two-year administration. Please don't wait until the last minute to give her this information. Send it to her as soon as you are finished with your project. Thank you for your participation in this project.

WEBMASTER

Denise Hosier

eConnection on the Website

If you have been having a problem getting the eConnection, you can always find it on the Website, on the NEWS page, and also in the Homepage news slider. The headline will say "eConnection" and the date, plus a brief headline. It is posted each week within a day after it comes out, so if you didn't get one, check njsfwc.org.

The Office Staff handles the list for the eConnection. They have a special list for those who can't get the eConnection through the normal html email group. It sends out a plain text version. Contact Joanne at Headquarters if you want to be added to that list or email njsfwc@njsfwc.org.

Most weeks there is also a link to the website eConnection posted on the NJSFWC Facebook page. If you don't get the eConnection and want to sign up, there's a form on the MATERIALS page of the website or you can email njsfwc@njsfwc.org.

PARLIAMENTARY CONSULTANT TO CLUBS

Rosemarie Seghatoleslami

In last month's article, we ended with the Reading and Approval of Minutes. The next item of business is Officers Reports. All Officers must report at the annual meeting, and the President and Vice Presidents may report at the monthly meetings. The Secretary would read any correspondence at this time. The Treasurer should give a monthly financial report at each meeting, even if it is only the account balances. The Treasurer must give an annual financial report.

The next item of business is Reports of Standing and Special Committees. The Standing Committee Chairs report in the order in which they are listed in the bylaws. The Special Committee Chairs report in the order in which the committees were appointed. They only need to report when they are prepared or instructed to by the presiding officer or the assembly.

Next month, we will review the classes of business which might come before the assembly and in what order they are taken up.

Remember, if your Club is amending or revising its bylaws, please send a copy to this Chairman before they are presented to your membership for approval. It is both her job and her privilege to make sure your bylaws do not conflict with those of NJSFWC and make appropriate suggestions to ensure that they are easily understandable to your membership. Also, this Consultant can suggest wording for amending your bylaws to allow electronic meetings.
