

# NEW JERSEY STATE FEDERATION OF WOMEN'S CLUBS OF GFWC

Mary E. Wolfe, President

*A Proud Legacy – A Shining Future*

## **ADVOCATES FOR CHILDREN**

Jean Battaglia  
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It's January. Are you already wishing for spring? Spring weather is likely a few months away, and when it comes, for many, spring brings challenges. Children have outgrown those dress-up outfits from last year. Outdoor play clothes wore out or are also too small. Spring holidays usually bring treats and surprises, but budgets may not allow for that. And those teacher and nurse supply closets at schools, so well-stocked in September, may now be close to being bare.

Instead of wishing for spring, think about how to help others enjoy spring when it arrives. Here are a few ideas to get you started.

- The Children's Home Society of New Jersey, [chsofnj.org](http://chsofnj.org), collects Easter baskets and items to fill them.
- Putting Prayers to Action, [puttingprayerstoaction.com](http://puttingprayerstoaction.com), collects clothing and personal care items. Visit the site to learn the specifics of the request.
- The Emmanuel Cancer Foundation, [emmanuelcancer.org](http://emmanuelcancer.org), suggests party bags with supplies for in home birthday parties, but any day can be a day to cheer and celebrate as a family if someone brings a "springtime" or similar themed bag to get things started.
- Many daycare centers and nursery schools ask parents to provide rain jackets and boots so children can still play outdoors on drizzly days. Check with a center in your area to see if they need back up supplies for those who may not be able to provide them for their children. Ask if there is a child who might need extra play clothes or that "special" spring outfit, get sizes and offer to dress a child for spring.
- Call a local school and ask if comfort supplies kept by school nurses or guidance offices are low and need to be replaced or added to with items appropriate for spring.

Once you start, you will feel the joy and anticipation of spring yourself.

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#### **ARTS CREATIVE COMMUNITY SERVICE PROGRAM**

Gail D. Kovacs-Felici, Chairman

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#### **JANUARY 2019 BULLETIN**

It is hard to believe, but the District Achievement Days are not that far away. I hope that you are all looking forward to it as much as I am and that you are planning on entering your creative work.

Here are some of the things to keep in mind:

- The categories and specifications can be found in the Arts Creative supplement that the club presidents received in September and is also on the [njsfwc.org](http://njsfwc.org) website under materials and in the NJSFWC Yearbook.
- Please review the specifications for each entry to make sure the size, material list, etc., is as stated in the contest outline. We do not want to have to disqualify anyone but, to be fair to all entries, will have to do so if the entry does not meet specifications.
- The NJSFWC Arts Creative Registration Form for 2018 - 2020 is in the club mailbox. This entry form is for ALL entries, including photographs. In addition, there is a photography form that should be filled out and attached to the back of the photograph.
- Double check your completed registration form to ensure that it is completed accurately. The level or class of entry, category and/or sub-category (as stated in the supplement), for photography – black & white or color, your name and club printed clearly as you would like them to be stated on your certificate.
- The registration form must be mailed to the District Arts Creative Chairman by the set due date. Her name, address and phone number have been published in the NJSFWC Yearbook. No entries will be accepted on Achievement Day without a pre-submitted form.
- Feel free to call the District Arts Creative Chairman or myself with any questions.

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**MARY WOLFE, PRESIDENT**

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**January 2019 BULLETIN**

**ARTS/PERFORMING**

**Debbie Edwards**

Use your club newsletter to promote community happenings and performances. Ask members to share poems or essays on a regular basis. Put them in your newsletter or put them on your website or Facebook. Work with a local school to organize a "Literature Day" (or night). Literature celebrations can include dressing up as characters from books and providing activities related to the stories. Conduct a club poetry night with members reading their favorite poem or their original poem. Print poems in the club newsletter, on social media and the local newspaper. Enter the member Creative Writing Contest. See Contest rules under Act 7 – NJSFWC Creative Writing Contests. The deadline is February 1<sup>st</sup>. Research the lives of prominent women in history and present a program to your club. Highlight these women's lives and wear appropriate costumes for the time in which they lived. Present the prominent women in history program at your club meetings or at your District Arts/Performing Festival. Remember March is "Women's History Month".

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**Communications Announcement**

**Mary Lu Henry, Communications Chairman**

Please remember to register your scrapbook, press book and newsletter for the Communications Contests. Forms will be in the January Almanac. All forms are due by February 1<sup>st</sup>. Your Newsletter entry (2 copies) are due with your registration form. Scrapbooks and press books are due to Federation Headquarters by March 15<sup>th</sup>.

Please consider filing a Communications Report by February 1<sup>st</sup>. Even if you only had one project. Report on that project, you earned the right to do so!

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**CONSERVATION COMMUNITY SERVICE PROGRAM BULLETIN—JANUARY 2019**

**Bonnie Dann, Chairman**  
**dann@njsfwc.org**

Time to start thinking about what you are going to enter in the District Spring Achievement Day. I look forward to seeing the entries every year. Maybe you would like to enter a house plant either with or without blooms. What about a recycled item filled with live flowers or artificial? Perhaps a small vase for a doll house, seasonal wreath, tea cup, or teapot. Be sure to follow the instructions according to the guidelines for 2019. The Achievement Day registration form will be in the February Almanac and will also be on the NJSFWC website. Send in your completed form by your district's deadline.

If you have any questions, ask your District Conservation Chairman or call me at (856) 845-4650.

I'm also looking forward to receiving your Conservation reports, *postmarked by February 1*. Remember to include a brief descriptive paragraph as needed. This gives you a better chance to get a certificate in your membership division.

## JANUARY 2019 COUNCIL BULLETIN

New Jersey State Federation of Women's Clubs of GFWC

Mary Wolfe ~ President

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### Domestic Violence Awareness and Prevention

Is there anything more Precious than a child's smile? Let's put a smile on a child's face by writing and sending Valentine cards to the children at your local shelter! How sad it would be for any of them not to receive a Valentine card at school. This is possible if they are one of "the new kids" and have not made any new friends who would be sending them a card?

Have your members write a card to a child, and also send some un-signed cards to the shelter for them to send!

This is a small but loving gesture to put that smile on these little peoples faces!

Ora M. Kokol ~ Chairman

[kokol@njsfwc.org](mailto:kokol@njsfwc.org) ~ (856) 769-1603

New Jersey State Federation of Women's Clubs of GFWC  
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January 2019

**EDUCATION COMMUNITY SERVICE PROGRAM**

**Chairman (College)**

17Buffa10 Hollow Rd., Branchburg, NJ 08876

**ESO Chairman (College)**

1046 Lovell Pl., North Brunswick, NJ 08902

**Spelling Bee Chairman (Liberty)**

750 Passaic Ave., Kearny, NJ 07032

Ann Ribinsky Brown

908-872-7337, brown@njsfwc.org

Joyce C. Dreger

732-297-1321, rjdreger@yahoo.com

Brandi-Leigh Miller

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**Spelling Bees**

All District Spelling Bees will be held in February. Make sure that your District Spelling Bee Chairman is aware that your Club will be participating. Your \$15.00 entry fee should have been mailed directly to Headquarters. Three winners from each District will go on to the State Spelling Bee, to be held at Headquarters on March 2, 2019. District Spelling Bee Chairmen please be sure to forward the names of your participants to Brandi-Leigh Miller, State Spelling Bee Chairman, ASAP.

**Read Across America**

For this year, schools will be observing Dr. Seuss' birthday on Friday, March 1. Hopefully, your Club has made arrangements to read to students in your pre-schools, elementary schools, or library. Perhaps you could assist the teacher in planning a simple Birthday party for Dr. Seuss, including some simple information on his fascinating life.

If your Club has been collecting Dr. Seuss books as one of Mary Ellen Brock's Grand Initiatives, Dr. Seuss' Birthday would be a good day to present your books to the local school, and/or to mail a portion of what you have collected directly to GFWC Headquarters in Washington, D.C. In either case, be sure to keep an accurate account of your donations for reporting purposes for next year. Below is a sample label that should be placed in each book.



***This book was donated by***



***This book was donated***

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**Mary Wolfe, President**  
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BULLETIN

January 2019

**Carol Niemiec, Historian**

**niemiec@njsfwc.org**

By now, most New Jersey clubwomen know that the NJSFWC was founded on November 16, 1894. With that date in mind, November 16, 2019 will mark the 125<sup>th</sup> anniversary of the Federation. Don't let this momentous anniversary be forgotten in your club. Why not plan a special anniversary meeting at Headquarters, or do something fun at your regular club meeting. Don't forget to record your event for your club's history. Guidelines for writing Club histories and events is available on the GFWC website under the materials section.

The month of March is National Women's History Month, and clubs' are encouraged to plan a special program for this meeting. Why not research notable Douglass alumnae, or read to the membership this Historian's past ALMANAC articles, where you will find interesting facts about some of our Past NJSFWC Presidents.

Please try to remember to support the 1894 Society fund that is used to pay the land rent of our Federation Headquarters building. The forms for the 1894 Society can be found on line, or your ALMANAC issues. What a perfect way to remember the 125<sup>th</sup> anniversary of the NJSFWC.



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## JANUARY 2019 COUNCILS

### HOME LIFE BULLETIN

Susan Chambers, Chairman  
201-265-6282  
[chambers@njsfwc.org](mailto:chambers@njsfwc.org)

Winter's chill is in the air! And what better way to keep the home fires burning than with a delicious hot soup? In recognition of upcoming Heart Health Month in February, here's a delicious recipe from the American Heart Association that you can share with your members at next month's club meeting:

#### Butternut Squash Soup

This recipe makes 6 one cup servings; 64 calories, 2g protein, 2g fiber per serving

Ingredients: 2 tsps canola or corn oil      2 medium shallots (chopped)  
1 medium butternut squash, peeled and cubed (about 3 cups)  
3 cups fat-free, low-sodium vegetable broth  
2 tsps minced, peeled gingerroot      ¼ tsp salt  
¼ tsp black pepper      1/3 cup fat-free half-and-half  
¼ tsp freshly grated or ground nutmeg

Heat oil in pressure cooker on sauté. Cook the shallots for 3 minutes or until soft, stirring frequently. Turn off the pressure cooker. Stir in the squash, broth, gingerroot, salt and pepper. Secure the lid. Cook on high pressure for 20 minutes. Allow the pressure to release naturally for 10 minute, then quickly release any remaining pressure. Turn off the pressure cooker. Remove the pressure cooker lid.

Allow the soup to cool slightly. Working in batches, transfer the soup to a blender (vent the lid) and puree until smooth. Return the soup to the pressure cooker. Stir in the half-and-half. Cook on the sauté setting for 2 to 3 minutes or until heated through, stirring frequently. Ladle the soup into bowls and sprinkle with nutmeg.

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***"A Proud Legacy – A Shining Future"***

**Karen Manneback**  
**NJSFWC International Outreach Chairman**  
**10 Furman Drive, Wayne, NJ 07470**  
**Tel# 973-839-0826**  
**Manneback@njsfwc.org**

**January 2019 International Outreach Bulletin**

I am here to give you information and publicize international organizations that are well known or not. If you would like me to look into an organization with a possibility of having an article in the ALMANAC or bulletin, please email me at [Manneback@njsfwc.org](mailto:Manneback@njsfwc.org).

I've been speaking to many people who tell me what their club has done for International Outreach and I am very impressed. So, please help me and put all your fantastic programs into your reports, who knows maybe your club will be receiving an award. I'm looking forward to reading each and every one.

If you were looking for something to do on a cold and wintery day check out Operation Smile for all their projects; such as making blankets, smile dolls, smile bags, gowns, splints, etc. You can find all this information at [operationsmile.org](http://operationsmile.org). You may like to check out Days for Girls and become part of a team to create, bags, pads or pad holders. More information can be found at [daysforgirls.org](http://daysforgirls.org). If sewing is not your thing, what about starting a collection for new and gently used bras. This is the perfect time to clean out your draws and get rid of all those bras you bought that you now say "why did I buy this" or I'm never going to wear this it bites me. By donating new and gently used bras empowers women to take the first steps to freedom. For more information go to [freethegirls.org](http://freethegirls.org).

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*Be Part of the GFWC's Recognize the Red Campaign!*

**FROM: Carole Speechley, Legislation/Resolutions Chairman**

One of the main goals of the GFWC 2018-2020 Administration is for GFWC members to use legislative action to become a network of grassroots advocates working together to improve the lives of club members, their communities, our nation, and the global community. We will work to establish the GFWC brand with the members of the United States and State Legislatures by the "RECOGNIZE THE RED" campaign.

The "RECOGNIZE THE RED" campaign started at the Region Conferences this past fall, when members voted for the two bills they wanted GFWC to work on. If you get GFWC's weekly *New & Notes*, you already know that the votes have been counted and the two bills that GFWC will be working on to become laws are Miranda's Law and the 3D Printed Gun Safety Act.

### **Miranda's Law, H.R. 6518**

Introduced in both the House and Senate, "Miranda's Law" aims to keep unsafe school bus drivers off the road. This legislation would require real-time alerts for every school district across the country and trigger driver infractions to a database monitored by the federal Department of Transportation. Under current federal regulations, employers of school bus drivers are required to check their employees' driving history records annually. If a driver fails to self-report a DUI, reckless driving, or a license suspension, it could be up to 364 days before a school district or motor carrier obtains that information.

#### *What Do We Have to Do?*

Join GFWC in supporting Miranda's Law and ensuring that those behind the wheel of school buses are safe drivers. Contact your U.S. Representative to request that the bill be voted out of the House Transportation and Infrastructure Committee, and state that you want it posted for a vote on the House floor. *Sign it in red!*

### **3D Printed Gun Safety Act, H.R. 6649; S3304**

This law would prohibit the publication of 3D printer plans for the printing of firearms. Because 3D printing allows individuals to make their own firearms out of plastic, they may be able to evade detection by metal detectors at security checkpoints, increasing the risk that a firearm will be used to commit violence on an airplane or other area where people congregate.

#### *What Do We Have to Do?*

Contact your U.S. Representative and U.S. Senators; tell them you want the bills voted out of their respective Judiciary Committees and you want them posted for a vote on the floor of the House/Senate.

### **HOW TO TAKE ACTION:**

For easy to use already generated emails to your representatives based on your zip code, go to the **GFWC Legislative Action Center**. If you haven't already used this, here's how to get started:

1. Go to [www.gfwc.org](http://www.gfwc.org) and on the top bar, click on *What We Do* to get a drop-down menu
2. In the drop-down menu, under Public Policy, click on Legislative Action Center
3. At the end of the first paragraph, click on *Click here to visit the Legislative Action Center*
4. On the right hand side, under Join the Legislative Action Center, click the *Join Now* button
5. Fill in your information and check both *Remember Me* and *Email Opt-in* so that you will get email alerts from time to time.

OR, for snail-mail and email, addresses of elected officials listed can be located online at [www.Congress.gov](http://www.Congress.gov) for the US congressional delegation.

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**JANUARY 2019 ~ BULLETIN ~ PUBLIC ISSUES**

"Mommy Bags" - This is a project you can do with your members! You can do this prior to your club meeting or at a member's home, to assemble the Mommy Bags. These are for mothers serving in the military or wives of husbands serving in the military. Please include these items:

- ❖ Cologne mist body spray (small size)
- ❖ Scented body lotion (small size)
- ❖ Nail polish
- ❖ Nail files
- ❖ Nail polish remover
- ❖ Nail polish remover pads
- ❖ Hand sanitizer
- ❖ Lip balm
- ❖ Make up remover
- ❖ Trail mix
- ❖ Bag of candy (small)
- ❖ Note cards

Include a handwritten thank you note for their dedicated service, by them or their spouse!  
Contact your nearest Army Base first to get permission; after granted, please arrange to drop off "Mommy Bags" to the local Army Base. (This is one of GFWC's 7 Grand Initiatives - to do projects to benefit Women in The Military)

Lisa Levin ~ Public Issues Chairman  
lisalevin445@gmail.com  
(856) 577-6936

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Special State Project – Court Appointed Special Advocates of NJ (CASA of NJ)  
Lynn Webb  
Special State Project Chairman  
[webb@NJSFWC.org](mailto:webb@NJSFWC.org)

Come and bring your friends to see “Mahoney Brothers” at Hunterdon Hills Playhouse on Thursday, March 7, 2019. This is a statewide fundraiser and all profit will benefit our Special State Project, CASA of NJ. There is a registration form on line at [njsfwc.org](http://njsfwc.org) and in the January ALMANAC. The cost is \$74. The luncheon selection is chosen on the day of the play. A copy of the flyer is included.

If you missed the Ambassador Training held at NJSFWC Headquarters in November, you have another opportunity. Plan to attend a special program, “How to become an Effective CASA Ambassador” on Saturday, April 13, 2019, at 10 AM until 12:30PM. This training will be held at Millville Woman's Club Clubhouse, 300 E Street, Millville, NJ 08332. This will be a good time to bring your questions for CASA of NJ, and learn how to promote and educate our communities. Registration is required and the deadline is April 1, 2019. If you are interested, sign up for the training by sending an email to: Lynn Webb [webb@njsfwc.org](mailto:webb@njsfwc.org).