

## INTERNATIONAL OUTREACH COMMUNITY SERVICE PROGRAM SUPPLEMENT 2018-2020

Karen Manneback, Chairman

10 Furman Drive, Wayne, New Jersey 07470

Telephone: 973-839-0826

Email: [manneback@njsfwc.org](mailto:manneback@njsfwc.org)

### United Nations Program

- March 8<sup>th</sup> is United Nations International Women's Day dedicated to Gender Equality. Have your town council issue a proclamation. Visit [www.unmillenniumproject.org/goals](http://www.unmillenniumproject.org/goals), or [www.unwomen.org](http://www.unwomen.org) for further information or contact UN Women, 405 East 42nd Street, NY, NY 10017, 646-781-4400.
  - Celebrate United Nations Day on October 24<sup>th</sup> by submitting a United Nations Day Proclamation to your town council and be present at the signing. Have an International dinner meeting.
  - Trick or Treat for UNICEF- distribute boxes to children to carry as they trick or treat on Halloween. The orange boxes can be ordered by calling 1-800-FORKIDS or [www.unicefusa.org/trickortreat](http://www.unicefusa.org/trickortreat). UNICEF donations should be sent to NJSFWC Headquarters not directly to UNICEF. Donations of \$400 or more will be recognized at convention with a certificate.
  - **SHOT@LIFE** – The UN Foundation's Shot@Life campaign will decrease vaccine preventable childhood deaths and give children a shot at a healthy life no matter where they live. Support Shot@ Life by writing letters to Congress supporting the funding of global vaccines. Sign the Shot@Life Pledge and join people committed to reducing childhood death. To donate funds, visit [Shot@Life.org](http://Shot@Life.org).
  - **Promote and support CARE projects:**
    - CARE (Cooperative for Assistance and Relief Everywhere). Mission to serve individuals and families in the poorest communities in the world. Working alongside women equipped with resources to fight poverty, the spread of HIV and increase access to clean water
    - Sponsor an event. Receive an Event Toolkit from [www.care.org/get-involved/care-volunteer-event-toolkit](http://www.care.org/get-involved/care-volunteer-event-toolkit).
    - Ask members to save change, bring it to monthly club meetings, and donate towards the CARE microloans program called Village Savings and Loan Associations (VSLAs), which allows even very poor communities to start small businesses and lift their families and communities out of poverty. [www.care.org/campaigns/accessafrica/index.asp](http://www.care.org/campaigns/accessafrica/index.asp)
    - Make monetary donations to CARE to support maternal health and families program, which decreases the pregnancy and childbirth mortality by making access to health care services more available.
    - For more information contact CARE – 151 Ellis Street NE, Atlanta, GA 30303-2440, 1-800-521-CARE.
  - **Human Trafficking**-Support the United Nations Global Initiative to Fight Human Trafficking, [www.ungift.org](http://www.ungift.org)
  - **Heifer International Programs:**
    - Through [Heifer.org](http://Heifer.org) encourage club and community members to buy shares in animals that are provided to communities of poor farmers around the world through Heifer International. Ask members to save change and bring to monthly club meetings.
    - Heighten public awareness by ordering Heifer International brochures and placing them in your library or ordering the books, **Beatrice's Goat** or **Faith the Cow**, for your schools and public library.
    - **"Read to Feed Program,"** sponsored by Heifer International, is about global education, awareness and action.
      - Children are encouraged to raise money for Heifer International though sponsored reading.
      - Place brochures in libraries, school guidance offices, or other public places.
      - Order the free curriculum guide for teachers at your local school.
        - Call 800-422-0474 or visit [www.readtofeed.org](http://www.readtofeed.org) for more information.
- For more information, go to [www.Heifer.org](http://www.Heifer.org) or contact Patricia Stanley Keay at the Northeast Regional Office, 216 Waschusetts Street, Rutland, MA 01543, toll free # 1-877-663-1681 (Reaching Out Internationally)
- **Plan USA** is a global child-centered development organization that links caring sponsors with needy children and families overseas.
    - Sponsor a child for \$36 per month; empower a community by various gift choices and/ or empower a girl by ordering advocacy toolkits.
    - For more information contact, Plan USA 155 Plan Way, Warwick, RI 02886-1099, or call 1-800-556-7918, or visit [www.planusa.org](http://www.planusa.org).

- **Hands on the World Global, Inc.**'s mission is to make schools and clinics in developing countries safe havens by providing the basic needs of water and food along with educational outreach for the security of people in developing countries and those who suffer from the aftermath of conflict or disaster. For more information on the following projects visit [www.howglobal.org](http://www.howglobal.org).
  - Donate money for "LifeStraw's" (a way of drinking contaminated water that filters out the bacteria) until running water is available
  - Encourage your community's schools to "adopt a village" by saving "quarters for water" and inviting founder and author Rachel Paulson to speak at a school assembly.
- **Operation Smile** – For a donation of \$240, you can provide a surgery for one child.
  - A list of the needed items is available at [www.operationssmile.org/content/community-fundraising-and-service-projects](http://www.operationssmile.org/content/community-fundraising-and-service-projects) They no longer need smile dolls, smile bags and no no arm boards due to an extensive supply. They still need hospital gowns and children's blankets.
  - Solicit hospitals, supply stores, and medical facilities for medical and office supplies
  - Send the above items or donations to Operation Smile. Shipping information is listed at the service project site for each packet.
- **Pedals for Progress (P4P)**-Collects used bikes (no bike parts) in order that transportation can be provided to people living in Africa, Latin America, and the South Pacific. They also collect working sewing machines.
  - You must donate a minimum of \$10 for each bicycle and/or sewing machine at the time of collections. The fee is tax deductible and is used to cover the cost of shipping.
  - Plan a bike collection day in your community. Partner with the PTA, youth and/or scout groups, or high school/college clubs. A bake sale or car wash can be scheduled for the same day to help raise the shipping fees.
  - A Pedals for Progress Guide is on the website with specific collection rules.
  - To arrange for a truck to pick up the bikes, contact P4P Headquarters at 908-638-4811; fax 908-638-4860, Box 312 High Bridge, NJ 08829-0312, or visit [www.p4p.org](http://www.p4p.org).
- **"Free The Girls"** – [www.freethegirls.org](http://www.freethegirls.org) - is a not-for-profit organization that helps women and girls who are held as slaves around the world ...many of them are victims of sex trafficking. By partnering with safe houses and after-care facilities, "Free The Girls" provides an opportunity for women rescued from sex trafficking to earn a living selling second-hand clothing while going to school, getting healthy, and caring for their families. When you donate a bra, you give a former slave a job.
- TO DONATE BRAS: Mail them directly to the address below. To help cover overseas program costs and shipping donate \$1 for each bra—or "a buck and a bra". Free The Girls, 1552 Pioneer Trail. Chesterton, IN 46304.
- Start a Bra Drop off Location using the guidelines on the website. Get a list of drop off sites for less than 50 bras.
- **"Days for Girls"** [www.daysforgirls.org](http://www.daysforgirls.org) provides girls with DFG kits and menstrual health education to enable girls to take control of their lives during their menstrual cycle.
- **Bead for Life:** provides women living in poverty with entrepreneurial training to give them skills to create self-sustaining business. They make and sell paper beads and other fair trade products. Can donate through Dining for Donations (Burger King, Panera Bread etc.) or purchase items on line. Website [www.beadforlife.org](http://www.beadforlife.org)
- Sponsor a **geography bee**.
- Schedule a **foreign exchange student** to speak at your meeting. .
- Hold an International Dinner with members wearing costumes of their heritage, arranging for displays, and exchanging recipes or visit an ethnic restaurant.
- Host a program on a foreign land or international issue.
- Fight world hunger by going to [www.thehungersite.com](http://www.thehungersite.com) one time per day and clicking on **"GIVE FREE FOOD"** button. By doing so, you can donate 1.1 cups of food to various agencies fighting hunger.

**Review the 2018-2020 GFWC Club Manual International Outreach Section for additional project ideas and resources.**