



# ALMANAC



October 2018

No. 408

## New Jersey State Federation of Women's Clubs of GFWC

55 Labor Center Way, New Brunswick, NJ 08901

### President's Message—Mary E. Wolfe

Fall is in the air and State Fall Conference is right around the corner! I hope that you're planning to attend this informative and fun day. Come spend some time with your Federation sisters! Be sure to register by the September 9<sup>th</sup> deadline. Please read SFC Chairman Susan Fosdick's article in this ALMANAC for all details of the Conference.

Did you attend your District Council? If so, you were able to hear helpful information from your District and State Chairmen. Did you take advantage of the workshop offered following the Council? By bringing the workshops to the Districts, club members were able to participate in one of the 3 workshops offered: "Membership Matters", presented by NJSFWC 3<sup>rd</sup> Vice President Barbara McCloskey; "Who? Me?", a Leadership workshop presented by NJSFWC 1<sup>st</sup> Vice President Jan Hanson; or "Adventures in Communications" presented by NJSFWC Communications Chairman Patricia Pasquale. If you missed this opportunity, don't worry – there will be another workshop offered at your January District Council!

Our njsfwc.org website was out of commission for a short time last month, as the result of our being hacked. Webmaster Denise Hosier, with assistance from Headquarters Chairman Joanne Mangels, put in many hours restoring the site. We're back in business and are so thankful to Denise and Joanne for their rapid response to the unfortunate situation.

Clubs have enthusiastically supported the Boatsie's Boxes project and we'll be collecting Christmas stockings for our troops again this year. Please be sure to see the enclosed flyer for instructions and drop off dates.

If you've never visited your Federation Headquarters, November 15<sup>th</sup> is the perfect time to do so! Plan to attend our Fall Open House for a tour of HQ and enjoy some

fellowship, entertainment and refreshments. Please register in advance by November 6<sup>th</sup>.

Another deadline fast approaching is for Woman of Achievement nominations. We all know someone in our club or community deserving of this recognition. Read Honors Chairman Laura Badger's article for the guidelines and send your nomination by November 15<sup>th</sup>.

Does your club have an issue about which they feel strongly? Please consider submitting a resolution on the subject. December 15<sup>th</sup> is the deadline for clubs to submit resolutions to the Legislation/Resolutions Committee. More information can be found in this ALMANAC.

We're excited to be able to offer CASA Ambassador Training in support of our State Project, Court Appointed Special Advocates of NJ on Saturday, November 3<sup>rd</sup> at 10:00 AM. This training session will not qualify or obligate you to be a Court Appointed Special Advocate. It will, however, give you the information you need to become an effective ambassador for CASA in your community. This class is limited to 60 people so be sure to register with SSP Chairman Lynn Webb.

Many of you have heard the news that our dear Executive Director, Carol J. Sas, passed away on August 21<sup>st</sup>. We are devastated by this loss but we'll go on, no doubt helped along by the guidance that Carol gave to so many of our officers, past and present. I've been asked to share the comments I made on behalf of NJSFWC at Carol's funeral and you'll find them enclosed. As a result of her love for our Federation, and at the request of her family, donations in Carol's memory may be made to NJSFWC.

In Federation Friendship,

*Mary*

#### In this issue:

NJSFWC Executive Committee Articles	2
District Vice President Articles	4
Community Service Program Articles	8
Standing Committee Articles	11

#### Special points of interest:

- State Dates
- LEADS Application
- Web Page Information
- WOA Yearbook Changes
- Boatsie's Boxes
- NJSFWC Headquarters Open House and Tour
- Shining Future Endowment Campaign
- 1894 Society





**Carol J. Sas**

**NJSFWC Executive Director**

**August 12, 1935 - August 21, 2018**

When I remember Carol, I'll think of her devotion to her family; her fondness for Rutgers football; and, of course, her dedication to the New Jersey State Federation of Women's Clubs of GFWC

Carol was a longtime clubwoman, who served on the Board of Directors as Fourth District Vice President.

And, for the past 38 years she worked, first as Secretary and then as Executive Director, at Federation Headquarters. Carol's was the cheerful voice that greeted each caller. She was an anchor for both club and State Presidents, ready to share her knowledge of our organization.

She was the epitome of Federation Friendship.

It's hard to put into words how lost we feel now because Carol was the glue that held us together.

Since learning of Carol's passing, clubwomen from across New Jersey have been sending messages that, without exception, mention Carol's kindness. How she was always ready to offer advice or suggestions. How she made each person feel special. And how, as busy as she was, she would stop what she was doing and focus on whoever she was speaking with.

Isn't that a wonderful way to be remembered?

Rest in Peace, dear Carol.

**NJSFWC FIRST VICE PRESIDENT****Jan W. Hanson**

Now that we are one month into the Club year, as President are you overwhelmed with paperwork and the responsibilities of leadership or do you have it all under control? If you are overwhelmed, or do not want to be President for life, it is time to delegate. You have to have a lot of faith and courage to turn work over to others.

According to Hans Finzel in "The Top Ten Mistakes Leader's Make", there are five key ingredients for delegation. You have to have faith in the person you delegate to, which means asking the right person for the right job. You have to release yourself from the desire to do it better. There is a difference between encouraging someone by checking in on their progress and taking over the project. You have to relax an obsession that it has to be done your way. There is more than one way to complete a task. You must have patience in the desire to do it faster and a vision to develop others with your delegating freedom.

So, in order to successfully delegate you must choose qualified people. Exhibit confidence, make their duties clear and give them the authority to complete the job. Do not tell them how to do the work, but set up accountability points along the way. Supervise when they need it, not when you need it. Give them a chance to think outside of the box. And do not forget to give praise and credit for work well done.

One of the things that can be overwhelming is the amount of papers that cross your desk. One thing you can do is delegate the paperwork. With each piece of information, you have three options: file it, pass it on or toss it. Try and pass on more paper than you file or toss. Any Bulletins or information you get should be passed off to the appropriate program in your Club. Not only will it help clear off your desk, but it might spark interest in a new project.

**Monthly Tip:** If you would like to be President Forever, micro-manage all aspects of the job, therefore never allowing anyone else to grow into a leadership position.

---

**NJSFWC SECOND VICE PRESIDENT****Shirley A. Holly**

The GFWC International President, New Jersey's own Mary Ellen Brock, announced "7 Grand Initiatives" during her installation speech at the GFWC Convention in St. Louis. They are called "grand initiatives" because each one has a goal of 1,000. One of these grand initiatives is that 1,000 clubs will do a service project on Martin Luther King, Jr. Day on January 21, 2019. Start now to discuss with your club members what project you will do. Come up with a plan, organize, plan, document, and take pictures and notes so that you can report this on the following years report.

The other 6 "Grand Initiatives" are

2. That members will plant 1,000 trees on Arbor Day.
3. That members will donate 1,000 pairs of used shoes to Soles 4 Soles or Nike "reuse a shoe".
4. That members donate 1,000 Dr. Seuss books by March of 2020.
5. That 1,000 members join the Legislative Action Center.
6. That members do 1,000 projects devoted to women in the military.
7. That 1,000 members donate \$1,000 to the Capital Campaign.

Start to discuss now with club members what projects your club will do to help Mary Ellen meet her goal. Document each and every one of these projects so that they can be reported on the appropriate report form.

---

**NJSFWC THIRD VICE PRESIDENT****Barbara McCloskey****Membership Matters!**

Recruitment is like planting a tree from a seed. The seed demonstrates that we are all grafted from many diverse backgrounds and because of that diversity we all have something unique to contribute to our clubs and GFWC.

## NJSFWC THIRD VICE PRESIDENT (continued)

Form a committee. Develop a plan. Set a goal. Make sure it is a realistic goal and not so high that it is intimidating to your members. Stress to your club members that they are all a part of the "membership recruitment" team and that the club needs their support.

Possibly plan a recruitment event with a "theme". This makes the event fun and one that prospective members would want to attend. Plan your refreshments around that theme. Make it fun!

Review your membership materials. Create flyers that can be posted at your library, community bulletin boards, hair and nail salons, etc. Brainstorm with your members and you will be amazed at all the places you will come up with to share your flyer.

A Membership Recruitment Event should be just that – an EVENT! It should be devoted exclusively to the purpose at hand – enticing, and encouraging potential members to your club. It should not be part of a regularly scheduled club business meeting.

Prepare a "brag board" that will visually tell your club's story. It should be an interesting display of some of the activities in which your club is involved. Keep it simple and uncluttered. Feature activities that demonstrate the club's commitment to volunteer service, personal growth and fun. This type of board can then be displayed at any club event.

A club scrap book or photo album can also be a great tool to show off your accomplishments.

NJSFWC and GFWC are multi-layered organizations and could seem complicated and complex, so keep the written information short and brief, without too much detail.

Have all guests sign in with contact information and everyone, including your members should be provided a name tag.

Thank them all for attending and make sure they leave with club and membership information. Mention your next meeting date and that you hope they will attend.

If your club has a newsletter, use those email addresses collected and send them your next two club newsletters. Include a short note, asking them if they have any questions.

Send a welcome letter after they have joined, and forward their name and contact information to this officer so they can receive an official welcome letter from NJSFWC.

Don't forget to visit the GFWC and NJSFWC websites for additional information.

---

## NJSFWC TREASURER

**Joyce J. Fredericks**

Plans for the 2019 Convention are being discussed and this Officer and the Financial Secretary are planning to hold a workshop at Convention. Please email this officer at [fredericks@njsfwc.org](mailto:fredericks@njsfwc.org) with your suggestions for topics you would like to see covered at this workshop.

It has also been suggested that a workshop be held at our Headquarters, where more people might be able to attend. Please let this officer know if you would be interested in attending a workshop for Treasurers at Headquarters and what topics you want discussed.

September mailing: As mentioned in the September ALMANAC, all Presidents received a letter from this Officer along with your dues bill, Girls Career Institute Delegate Registration, Charitable Registration and the Continuing Funds Form. Please note that the GCI Delegate registration fee has been increased to \$250 per delegate. This slight increase of \$25 will ensure that we can meet any increase imposed by Rutgers to use their facilities.

---

**NJSFWC FINANCIAL SECRETARY****Marie E. DiMatties**

There appears to be a great deal of confusion about what to do with raffle tickets – to save or not to save!

Initially, we were told we had to keep ALL raffle tickets for 2 years. Clubs began to collect tickets after a raffle and save them.

At the Treasurer's Workshop at Convention in May, the question came up again. Christine Donahue from Legalized Game of Chance Commission indicated she would ask her manager for clarification. As it turns out, JUST THE RAFFLES that are held off premise, such as the ones for our quilt raffle or our \$100/ticket 50/50, need to be saved. They are the ones that are sold at multiple events and locations.

Clubs that are selling raffle tickets over a period of time to members and to others should continue to save those tickets for two years.

Individual raffle tickets sold at a specific event, like the tricky tray type with multiple tickets having the same number, can be disposed of once the winner has been properly identified. Also 50/50 tickets sold at an event can be disposed of after the event.

Another issue which needed clarification was selling raffle tickets at a discount i.e. 3 for \$10 without selling them **one** for something. According to Martin Silva of LGCC, an organization can "discount any way they like".

Here's hoping this helps to clarify a couple of your raffle ticket related questions and that all your raffles are successful!

---

**COLLEGE DISTRICT****Christina Burlew**

The leaves are starting to fall, but the spirit and activities planned are in bloom.

The **Suburban Woman's Club of South Plainfield** will hold its annual Husband/Guest night on October 4. The **Franklin Woman's Club** is having an International Dinner.

The **North Brunswick Woman's Club** is sponsoring a "Scoops for Scholarships" at Haagen Daz in the Shoppes of North Brunswick to benefit their scholarship fund, and the **Woman's Literary Club of Bound Brook** will be collecting winter jackets and rescue clothing for elementary school students.

The **Woman's Club of Clinton** will partner with the Voorhees High School Key Club and hold their annual Tricky Tray on October 19. The **Flemington Woman's Club** is sponsoring a Carole King Tribute at the Beaver Brook Country Club in Clinton. The **East Brunswick Woman's Club** is sponsoring a Garage Sale on October 19 and 20.

The **Montgomery Woman's Club** is planning to meet at the Gulik House (Headquarters for the Van Harlingen Historical Society) for a program presented by one of the long-time members of the Society. The **Cranbury Woman's Club** is sponsoring a Meet the Candidates Program on October 10.

Many clubs have invited their Girls' Career Institute delegate/s to speak at their meeting and share their experiences. Clubs will also be busy collecting and stuffing stockings for Boatsie's Boxes.

---

**EVENING MEMBERSHIP****Claire J. Hill**

The busy ladies of EMD have many plans for the November and December months to get ready for the holidays.

The **Haddon Fortnightly EMD** is planning a "Winter Wonder Run" 5K to be held on Dec 1. This is a new venture for them. We wish them well with it. Their Third Annual Masquerade Ball will be held in October.

The **Woman's Club of Maplewood EMD** is planning to pack goodies into boxes for the needy. They will include everything needed for a wonderful Thanksgiving dinner along with turkey and the fixings and pies. Thank you to these generous ladies.

## EVENING MEMBERSHIP (continued)

The **Woman's Club of Ridgefield Park EMD** will be holding a paint night and will paint pictures of snowmen. A cake sale is planned late in October. They will be donating gift certificates from a local grocery store to enable some needy families to enjoy a holiday dinner.

The **EMD of Arlington Woman's Club** will hold a Bunco Night on November 16<sup>th</sup> at the Woman's Club of Rutherford Club House. Anyone interested should contact Noreen Wiggins.

---

## GARDEN DISTRICT

Patricia J. Dahl

In October, the Garden District Clubs are planting fundraising seeds. The **Woman's Club of West Deptford** has their biggest fundraiser of the year. They include a basket raffle, 50-50 raffle and door prizes at their Designer Bag Bingo. They work all year to gather their needed items. Last year they sold out and had a packed house.

The **Porch Club of Riverton** has many fundraisers in October. They have a Rummage sale raising funds for the Special State Project and an Annual Shopping Spree with 25 vendors selling handmade treasures. They are planting a lot in one month.

Bunco nights are becoming very popular in our district. The **Woman's Club of Pitman** is having one, along with their VFW. They all make the food and set up while the VFW sets up the tables and cleans up. They then split the profits but the VFW hall is free for the event.

More fundraising seeds are planted by the **Woman's Club of Penns Grove/Carney's Point** with their Annual Mum sale with pre-orders so they can be planted in October. The **GFWC Woman's League of Mount Holly** will be selling Rada products with the proceeds going to the Special State Project.

The **Woman's Club of Pennsville** will be celebrating their Woman Veterans with an Honor Garden. Woman Veterans are finally being recognized for their service. Seeds are still being planted. Our garden is growing in the district by spreading their Love to help others.

---

## HIGHLANDS DISTRICT

Judy Filippini

The Highlands District is very busy this fall, with collections for Boatsie's Boxes, distribution of school supplies for those in need and planning and holding fundraisers to support their philanthropic endeavors.

Congratulations to the **Sussex Woman's Club** for celebrating its Golden Jubilee on October 1<sup>st</sup>. Highlights of projects over the years as well as plans for the future were highlighted.

The **Vernon Township Woman's Club** held a Pot Luck Supper at its September meeting and is participating again in a fundraiser at the Heaven Hill Farm Festival for five weekends. Club members work at the ticket booth and the farm donates to the club for every hour worked.

The **Woman's Club of Parsippany-Troy Hills** had a membership booth at Parsippany's Fall Festival, where it had a Special State Project display and items on sale with the proceeds going to CASA-NJ. Materials on Halloween Safety and voter registration were distributed to festival attendees.

The **Blair Woman's Club** sponsored a town-wide garage sale and sold maps to help shoppers find the locations. This has been an extremely successful fundraiser for the club.

**Washington Woman's Club** will hold its annual tricky tray on October 21<sup>st</sup> at the Belvidere Manor.

The **Roxbury Woman's Club** spent the summer and early fall prepping for its tricky tray on October 13<sup>th</sup> at Roxbury High School.

---

**LIBERTY DISTRICT****Jane Mackesy**

The **Woman's Club of Allwood** participated in the Great Reads America program. Their literature chairman will conduct a "vote" for their favorite book at the October meeting.

The **Woman's Club of Arlington** wrote letters of support to breast cancer patients through Girls Love Mail. Members will be filling stockings for Boatsie's Boxes with items collected from the community at the Kearny Bank.

The **Junior Woman's Club of Arlington** is having a Trivia Night on October 20<sup>th</sup> at the Kearny VFW (\$35 per person). Contact [info@jwcarlington.com](mailto:info@jwcarlington.com).

The **Woman's Club of Berkeley Heights** will have a Card and Games Party Luncheon, on October 16<sup>th</sup>.

The **Woman's Club of Belleville** will have a Membership Pot Luck in October, while planning for its Craft Fair.

The **Woman's Club of Bloomfield** is excited to report that an infant calibrated scale that was donated to the NICU at St. Barnabas Hospital as a part of the State Project in 2000-2002, during Mary Ellen Brock's administration is still in use. Bloomfield's President Anna Lawton's grandson's growth is being measured on this scale.

The **Woman's Club of Caldwell** collects new socks for the Samaritans Mission in Arizona. They are sponsoring a program at the West Caldwell Library called First Ladies of the US (1789 to present) on October 17<sup>th</sup>, and an International Pot Luck on October 19<sup>th</sup>.

The **Woman's Club of Little Falls** will have a presentation by the Executive Director of CUMAC (Center of United Methodist Aid to the Community) in Paterson at its October 17<sup>th</sup> meeting. This organization helps people in Paterson who are in need. On October 26<sup>th</sup> at 7 p.m. they are holding an Octoberfest.

The **Woman's Club of Upper Montclair** is hosting a Luncheon for the Food Pantry on October 24<sup>th</sup>. Members are planning for their Holly Berry event, to be held on November 3-4 at their Clubhouse.

The **Woman's Club of Verona** will be continuing the Share Your Light Night event, a joint project with the **Verona Juniores**. Members sell luminaries as a fundraiser for residents to light up their homes.

The **West Essex Woman's Club** has an ongoing collection of art supplies for the local library.

The **Eighth District Contemporaries** sponsors a bus trip to GFWC Headquarters in Washington D.C. on December 5<sup>th</sup>.

---

**PALISADES DISTRICT****Marie Sullivan**

The new club year has started off strong and enthusiastically!

District clubs enjoyed a Membership Workshop and, hopefully, are reminding members that it is all of our jobs to bring in new members, not just The Club Presidents. The clubs were encouraged to try new ideas and share how they have worked.

Clubs are beginning to think about the Arts Performing Festival which will be held at the Woman's Club of Paramus on Friday, December 7<sup>th</sup> (snow date December 14<sup>th</sup>). The District Chairman is working very hard to make this Festival a huge success and asks Palisade District club members to come out and support such an entertaining event.

The **Book and Needle Club of Oradell**: A really Unique Event! An Evening with John Holl, author of "Drink Beer, Think Beer: Getting to the Bottom of Every Pint" is a joint fundraiser for the Book & Needle Woman's Club of Oradell and the Oradell Public Library Foundation on Saturday, October 20, 2018 from 6:30 PM – 9:30 PM at the Oradell Free Public Library, 375 Kinderkamack Road, Oradell. Includes Beer Tasting, Light Fare, Silent Auction, Live music by Nate Schweber! Tickets: \$40 for one person (includes one signed book), \$75 for two people (includes one signed book). For information, contact [oradell.bccls.org](http://oradell.bccls.org).

**PALISADES DISTRICT (continued)**

The **Woman's Club of Westwood** is hosting a Tricky Tray with Terrific Prizes, Friday October 26, 2018 at their Clubhouse, 205 Kinderkamack Rd., Westwood. A twist on this evening: Bunco is played!!!! Please call Meri Quillio for tickets @ 201-666-2955.

The **Woman's Club of River Edge** kindly responded to a request for help to address the needs of several businesses affected by the structural collapsing of the mall roof. An emergency donation was made on their behalf. A show of great community spirit!

The **Junior Woman's Club of River Edge** is hosting a Halloween Fundraiser at The River Edge Knights of Columbus Hall on October 27, 2018. An Adult Only Costume Party. Check website for details [www.jwcriveredge.org](http://www.jwcriveredge.org).

The **Cresskill Woman's Club** will start sales of The Calendar Raffle which runs from January – May. To be in on the fun and prizes please call Carol Handy, 201-768-0997.

---

**SHORE DISTRICT****Gwendolyn M. Lewis**

The **Woman's Club of Manasquan** attended various community events to recruit new members.

The **Woman's Club of Brielle** donated \$1,000 to the addition of the Vietnam Memorial on the Garden State Parkway. Eleven students were recipients of scholarships totaling \$12,000. They had sip and paint parties and they partnered with their Township to celebrate "Night Out Against Crime". They had a table for children to draw cards for Veterans to place in Boatsie's Boxes. Their main fundraiser was the Brielle Day Craft Fair. Members wanted more fun so Golf was added as a committee. The club has reached out to other club ladies to stimulate Federation sisterhood.

The **Woman's Club of Colts Neck** held a new club project by supporting Collier Youth Services which sponsors Kateri Day Camp. Members supplied bathing suits, towels, basket balls, Frisbees, books and s'mores ingredients. They participated in a large indoor yard sale at the Colts Neck Recreation Center.

The **Freehold Township Woman's Club** has donated to Freehold First Aid, 180 Turning Lives Around, Popcorn Zoo and Children's Advocacy Center of Freehold. They are selling tickets for Boscov's Friends Helping Friends Day.

The **Jersey Shore Woman's Club** helped a member give her grandson a unique gift. Her grandson was going to West Point and she wanted to make him a flag. Jersey Shore ladies along with the grandmother crocheted a large flag. The young man was very grateful for his gift. Two seniors were gifted with \$1,000 each in scholarships.

The **Woman's Club of Point Pleasant** set up tables at the Summerfest, National Night Out, Rock for Awareness and the Seafood Festival to increase their visibility. Educational scholarships were awarded to several seniors. Several young ladies were sponsored to attend Girls Career Institute. All members are carrying club business cards that advertise benefits of being a club woman.

The **Woman's Club of Spring Lake** focused on bringing awareness by attending one event a month at various community events. Trifolds were distributed at the garden club tour, art walks and the town sidewalk sale.

The **Stafford Township Woman's Club** scholarship luncheon was held at the Ocean Acres Country Club where three young ladies were recipients. The club is working hard to generate a better knowledge of who they are and what Federation means to its members.

---

**SOUTHERN DISTRICT****Jane Snyder**

Vacations, relaxation and Summer are usual thoughts when you think of June, July and August. The Southern District has taken it many steps further. Scholarships were awarded, GCI Girls were welcomed home and members attended the June District Council. Members from **Absecon**, **Vineland** and **Hammonton Woman's Clubs** continued by attending the Summer August Luncheon in Point Pleasant in support of the Shining Future Endowment Campaign.

**Colony Club of Ocean City** joined with the Ocean City American Legion as they welcomed their first woman recipient of their annual R&R soldier vacation.

All Clubs were busy reorganizing and getting ready to start their 2018-2019 Calendar year. **Woman's Club of Absecon** has been very busy polishing up their Facebook Page. **Woman's Club of Millville** created a Hostess Handbook for use in setting up monthly business/luncheon meetings, and updating and printing their 2018-19 Yearbooks.

The **Woman's Club of Vineland** purchased fruit that was placed in the weekend lunch bags for their local Spirit and Truth Ministry and did so for three weekends during the summer. Colony Club held their annual Meet at the Beach, relaxing and catching up with fellow members. Keeping up and in touch with the Special State Project in August, several attended a presentation by the local Atlantic/Cape May Counties CASA in Somers Point.

The **EX Presidents of the Southern District** met for their Summer luncheon at the Tuckahoe Inn.

All Clubs continued to work on membership, recruiting and retention. To keep the Clubs functioning, fundraisers were being planned. Of course, the Clubs were all getting their carpools organized to attend the September Council. So, was it a busy Summer? Indeed, it was!

---

**THE ARTS/CREATIVE COMMUNITY SERVICE PROGRAM****Gail Kovacs-Felici**

A GFWC 2018-2020 Initiative is asking each and every club in GFWC to do a service project on January 21, 2019 – Martin Luther King Jr. Day of Service. The goal is to have 1,000 GFWC clubs participating. Now is the time to start planning a service project, especially if you are going to work with other service organizations or schools. As mentioned in the September Arts Creative Bulletin, the GFWC News and Notes will have project ideas for how you can contribute to your community.

Revitalize public or private schools with a fresh coat of paint or painting beautiful murals in public areas of your community; make no-sew blankets and pillows; or, after reading a story about Martin Luther King Jr., have school children draw pictures about the story and hang the pictures in a community area.

Do not forget to publicize your program in local papers and on social media. Contact GFWC to let them know of your participation in the event as well as the Corporation for National and Community Service at [pressoffice@cns.gov](mailto:pressoffice@cns.gov).

---

**THE ARTS/PERFORMING COMMUNITY SERVICE PROGRAM****Debbie Edwards**

Fall is the air, before the craziness of the Holidays hits take some time for yourself. Read a book, write a poem or just write down a funny story about one of your children or grandchildren. They say and do some of the funniest things. Tell us all about it. (It could be a Fur baby story too.)

**Join us for the NJSFWC Member Creative Writing Contest.** A complete list of rules can be found in the NJSFWC Yearbook, in the Arts Performing Supplement and on our Website. Categories include: poetry, haiku, play/skit, short story, and book reviews. The deadline for entries is **February 1, 2019**. Send entries to the Literature Division Chairman: Kim Gallagher, 201 Holly Avenue, Runnemede, NJ 08078.

---

**CONSERVATION COMMUNITY SERVICE PROGRAM****Bonnie Dann****Reducing Food Waste**

In recent years the waste of food has become a subject of public attention. According to studies cited by the Natural Resources Defense Council, 40% of the food produced in the United States goes uneaten. ReFED (Rethink Food Waste through Economics and Data) says that the average American family of four throws away \$1,800 worth of food each year. Not only does this represent a financial loss for households, but it constitutes a waste of energy, water, and other resources involved in food production, while adding unnecessarily to environmental pollution and depleting landfill space.

Although waste occurs throughout the food distribution chain, consumers themselves can significantly reduce the amount of food that is lost. Here are some tips you can use.

1. Don't splurge at the grocery store. Buying more than you need guarantees that food will be wasted. Sticking to a written shopping list can help to prevent impulse buying.
2. Whenever possible, revive food that is no longer in prime condition.
  - Wilted lettuce and other veggies can often be improved by soaking in ice water for 5-10 minutes. Even if this doesn't help, many items will still be fine when cooked.
  - Stale chips, crackers, and bread can be toasted for a minute or two in your toaster oven.
  - Burned stews or casseroles can sometimes be rescued by carefully scooping out the unblackened portion into a new pot and covering with a damp cloth for 10 minutes. You may also be able to mask the burned taste by adding barbecue or hot sauce.
  - Overcooked vegetables and other dishes can be pureed into soups or sauces. Add soup stock or milk.
3. Freeze perishables that you aren't using right away. Almost anything can be frozen. Be sure to squeeze the air from freezer bags to minimize freezer burn. And don't worry about harmless ice crystals.
4. Don't toss food items just because they have passed the sell-by date. Most foods are perfectly safe and edible well after the indicated date. You can normally identify items that are bad by inspecting them for mold or smelling them.
5. Serve assorted leftovers in the form of a smorgasbord.

Additional information on reducing food waste can be found at [www.savethefood.com](http://www.savethefood.com).

**EDUCATION COMMUNITY SERVICE PROGRAM****Ann Ribinsky Brown**

Continuing information from last month, literacy is a human right, essential for lifelong learning and social change. The "key" to literacy is reading development, a progression of skills with the ability to understand spoken words and culminating with the understanding of text. Unfortunately, more than 17 percent of New Jersey's adults, many of whom are parents, lack the basic literacy skills necessary to comprehend a note from their child's teacher requesting a conference, to help with homework or read a bedtime story.

To learn more about literacy programs in New Jersey, clubs can invite someone from Literacy New Jersey to speak at a club meeting. Their website is <https://literacynj.org> and phone number 732-906-5456. They conduct a 15-hour training program, after which a member can volunteer to become a tutor.

A second idea to foster literacy, is to host a book shower for your woman's shelter or homeless shelter including adult and children's books. Another grade specific idea is to hold a "My favorite Book Contest" for sixth graders where they submit a book report of their favorite book. Winners could receive a Barnes and Noble gift card and/or a new book.

Teen Read Week will be held October 3-13, 2018, featuring the theme "It's written in the Stars: READ." Teen Read Week is a national adolescent literacy initiative created by the Young Adult Library Services Association. Visit [www.ala.org](http://www.ala.org) for more information.

## EDUCATION COMMUNITY SERVICE PROGRAM (continued)

Each year the organization Jumpstart selects one book to be the official Read for the Record book to help highlight the importance of early literacy and celebrate the power of reading. This year's selection is Maybe Something Beautiful. On October 25, 2018, have members of your club read to elementary school classes or family members, children or grandchildren. For further information see [www.jstart.org/how-to-participate](http://www.jstart.org/how-to-participate).

---

## HOME LIFE COMMUNITY SERVICE PROGRAM

Susan A. Chambers

IntegralSeniorLiving.com says October is Long Term Care Planning Month. In 2001, The American Association for Long Term Planning established November as Long Term Care Awareness Month. **ANY MONTH is a good time to plan for the future!**

The majority of long term care expenses is not covered by Medicare and most health insurance plans; they may cover medical and rehabilitative care (doctors and nurses) but don't cover care that helps with daily living such as bathing, dressing, using the toilet, incontinence, help with eating and moving around your home. These out-of-pocket costs can be catastrophic. Plan ahead for yourself or a family member to avoid a financial and emotional crisis.

Check out these sites for information on how to get your plan started: Longtermcarelink.net (part of the National Care Planning Council; 801-298-8676) or longtermcare.gov (part of the Department of Health and Human Services).

---

## INTERNATIONAL OUTREACH COMMUNITY SERVICE PROGRAM

Karen Manneback

### Shot@Life

Did you know that this year 1.7 million children will die from diseases that have all but disappeared in the U.S.? Why? Because one in five children around the world does not have access to the life-saving immunizations needed to survive.

What's the solution? It's simple: vaccines save lives. Millions of children could be spared from preventable diseases if they could simply get the vaccines they need. When a child begins life with the protection of vaccines, the door is opened to more developmental firsts — first steps, first words, a first day of school. Immunized children are more likely to celebrate their fifth birthday, do well in school and go on to be productive, healthy adults.

The UN Foundation's Shot@Life Campaign educates, connects and empowers Americans to champion vaccines as one of the most cost-effective ways to save the lives of children in developing countries. Expanding access to vaccines strengthens their ability to fight disease globally and keep families healthy here at home, while improving economic stability around the world. Shot@Life works to support the UN and vaccine partners around the globe in combating four of the worlds' most deadly and disabling diseases: measles, polio, pneumonia and diarrhea.

The vaccines for these diseases are inexpensive and have proven to be effective in reducing the number of childhood deaths. They just need to get the vaccines to those who need them most. Immunizations are one of the world's biggest public health success stories. But not all communities have the same access to vaccines. Walgreens "Get a Shot. Give a Shot" helps provide lifesaving vaccines to children in developing countries through the United Nations Foundation's Shot@Life campaign.

We all can help by getting any vaccine at Walgreens, including flu, shingles, pneumonia and whooping cough, and help provide a lifesaving vaccine to a child in a developing country.

For more information see: Shot@Life.org.

**NOTE:** Walgreens will be at State Fall Conference giving out flu shots. What a wonderful and easy way to take part in this program.

---

**PUBLIC ISSUES COMMUNITY SERVICE PROGRAM****Lisa Levin**

**National Wreaths Across America Day will be held this year on Saturday, December 15<sup>th</sup>.** This Chairman is suggesting clubs coordinate laying of wreaths on grave sites at Veterans cemeteries, while this is occurring at Arlington National Cemetery. The mission is to remember and honor those who have given their lives to protect us. Clubs may donate wreaths needed for the Veteran's graves and/or participate in the ceremony at the cemetery.

The following New Jersey Cemeteries participate in Wreaths Across America:

Beverly National Cemetery, Beverly, N.J.  
Brigadier General William C. Doyle Memorial Cemetery, Wrightstown, N.J.  
Cape May County Veterans Cemetery, Cape May Court House, N.J.  
Finns Point National Cemetery, Pennsville, N.J.  
Northern New Jersey Cemetery, Sparta, N.J.  
Rahway Cemetery, Rahway, N.J.

For additional information please visit: [www.wreathscrossamerica.org](http://www.wreathscrossamerica.org)

---

**ADVOCATES FOR CHILDREN****Jean Battaglia**

GFWC has designated the fourth week of October, October 21 – 27, as Advocates for Children Week to raise awareness of GFWC's child advocacy efforts. Clubs are invited to take on projects or plan events in their communities, partnering with groups working with children. You might talk to emergency personnel to find out what specialized equipment and supplies are in demand and raise funds for that cause. Or, you can create a text-free driving pledge and ask that it be distributed in local high schools. Or, you might donate books for group story times to local shelters and make fun dress-up items like tutus or pirate vests to go along with the themes of the books. To ensure enthusiasm and support, take a few minutes to brainstorm at a club meeting to identify what your club will do, starting by reminding members that needs span all ages, from infant through teen, and are shared by both boys and girls.

Do you know why you will see some pumpkins that are teal instead of orange? Do you know what empty baby bottles can be used for? Do you know what bottles of household cleaners might look like to a small child? Stop at the Advocates for Children display at the NJSFWC State Fall Conference to get the answers. And remember that at the same time you can drop off the new toddler and children's pajamas your club has collected. These items will be donated to the Children's Home Society of New Jersey and other organizations working with children in need.

---

**COMMUNICATIONS****Patricia Pasquale**

We are in the midst of a communication revolution with new product innovation being the new norm. The world as we knew it no longer exists. Many advances in digital communications are due to the need to communicate more quickly and to the largest audience possible. We can now use our phones not only to talk but also to video chat, to text, to shop for just about anything and to play games. If you can think it, you can pretty much do it with your phone. (Who needs watches or even a calendar when you can find that on your home screen?) It's quick and easy and at your fingertips; why leave the comfort of your armchair?

For your club to survive, it is important that you look at how you are getting the word out. Social media has become the communication highway; a way to instantly connect with others. Create a [Social Media Toolbox](#) for your club; build a webpage or website, a Facebook page, an Instagram or Twitter account or any combination thereof. It will not only keep your membership informed but also your community. Posting pictures and writing articles of your events, projects or programs is also a great way to increase membership. Don't be left behind! Take a step. Still don't know how or where to start? We can help you!! A workshop entitled "Adventures in Communication" was rolled out at District Meetings starting in September 2018. Watch your District schedules for this workshop; create and take home one or more of these tools!

---

## COMMUNITY IMPROVEMENT PROGRAM

Rachael M. Salandra

CIP project time period for 2018-2020 administration started on January 1, 2018 and will end December 31, 2019. Club entries covering the two-year period must be submitted to this Chairman by March 1, 2020. With the club season well underway, time is of the essence to discuss and select your entry.

### Every club is capable of submitting a Community Improvement Program Entry.

The Community Improvement Program does not lend itself to specific recommendations for project ideas because the project should be specific to your community. Here are a few things to consider in participating in the Community Improvement Program.

#### PROJECT ESSENTIALS:

- Establish a committee to identify and define community need.
- Describe the project selection process.
- Explain how your club engaged community support.
- Describe how the project is financed.
- Identify media support and process in which it was obtained.
- Recount how you overcame obstacles.
- Provide a list of collaborating partners, including government agencies, other service groups and professional organizations.
- Describe your club's continuing role in the project.
- Explain the project's long-term effect on the community.
- Identify results and successes
- Describe how the project influenced changes in your community, i.e., increased awareness, willingness to work together, impact, etc.
- Focus on content.

#### AWARD RULES:

1. Projects must be accomplished during contest period – January 1, 2018 – December 31, 2019.
2. Club entries must be postmarked by March 1, 2020 and mailed to the above Community Improvement Program Award Chairman.
3. All entries must include completed Community Improvement Program Award Contest Entry Form/Cover Sheet.
4. Project notebooks containing narrative description(s) and supporting materials must not exceed seven pounds in weight nor measure more than 15" x 20" in size
5. Clubs and State Federations must adhere to Contest deadlines and important dates.
6. All monetary awards **must be used** to further the community improvement.
7. Projects involving two to six GFWC clubs qualify as joint entries. Only one entry form shall be submitted with all club presidents signing the single form. Clubs involved in joint entries are not eligible to submit individual club entries.

See [www.GFWC.org](http://www.GFWC.org), Membership Service; drop down to 2018-2019 GFWC Club Manual, GFWC Awards Contests and Grants "Community Improvement Program Award" for further information. Future ALMANACS will have the Judging Criteria.

## FALL CONFERENCE/PROGRAM ASSISTANCE

Susan E. Fosdick

The place to be on Monday, October 22, 2018 is Battleground Country Club in Manalapan.

This Chairman and her committee look forward to bringing you an informative day filled with important and interesting data for clubs. You will hear from representatives of our new Special State Project, CASA of NJ. Women Who Reach for the Stars Committee Chairman, Linda Babeuf, will speak about the Shining Future Endowment Campaign and Third Vice President, Barbara McCloskey will answer the question "Are we going out of style?"

## FALL CONFERENCE/PROGRAM ASSISTANCE (continued)

There will be ample time for shopping at our numerous vendors. Flu shots will be offered by Walgreens and the Community Service Program Chairmen will be available between 9-9:45 AM with handouts for all members.

Our afternoon Keynote speaker will be Organizing Humorist and bestselling author Jamie Novak who will share common challenges of de-cluttering your home – without getting overwhelmed.

The goals of this Conference are to bring members together to network, educate and enjoy.

Looking forward to seeing everyone on Monday, October 22<sup>nd</sup>!

## GFWC SIGNATURE PROJECT: DOMESTIC VIOLENCE AWARENESS AND PREVENTION

Ora M. Kokol

Did you know October is Domestic Violence Awareness Month? As a reminder, Think Purple - the awareness color! This can be accomplished in many ways – encourage your members to wear purple at your meetings, make purple ribbons to wear, perhaps have a mini-workshop to make the ribbons. Is your Club holding a community event? – distribute these ribbons to the public. Sharing with members of your town helps to keep the awareness of domestic abuse in their minds.

Consider placing purple ribbons in your local library or other public locations in your community with a sign explaining that October is Domestic Violence Awareness Month.

Do you have a clubhouse? How about putting purple lights in the windows for the month of October, as another way of showing support!

Remember to THINK PURPLE!!

\* \* \* \* \*

Clubs in Middlesex County and surrounding areas have been supporting Women Aware for many years. Here is an opportunity to help this Domestic Violence Service organization! They are holding a 5K & Leisure Loop in Johnson Park in Piscataway on November 11, 2018. Go to their website: [www.womenaware.net](http://www.womenaware.net) and learn more about this day and how you might be able to assist, participate, or donate to this worthwhile event.

## GIRLS' CAREER INSTITUTE

M. Jill McDonald

The Girls' Career Institute staff has already begun to plan for the 2019 event to be held June 3-6 at Douglass Residential College on the Rutgers University campus in New Brunswick. Jill McDonald will return as Director with Mary Kay Tokar as Assistant in charge of IT and Gwendolyn Lewis as Assistant in charge of Recreation.

It is time for each club to select their GCI Coordinator. In some clubs this is the Education Chairman, but others choose to designate another member. Based on the experiences of 2018 it is suggested that you designate an alternate or assistant coordinator. This will be of help in training a future coordinator and to have a back-up should the Coordinator be away or unable to complete her term. The GCI Director would appreciate an email to [mcdonald@njsfwc.org](mailto:mcdonald@njsfwc.org) with the name and contact information for these designated members. Please be sure to share every GCI ALMANAC article with them as each article will contain valuable information to help them understand the selection process.

October is the prime time to contact the Guidance Office at the school or schools you have decided to target to facilitate the selection of candidates from their Junior class girls to attend GCI 2019. Some clubs that have had issues working with the public schools are now reaching out to private, parochial or technical schools in their area or to organizations such as Family Promise to find potential delegates. If your club prefers to send girls from your town or a specific few towns, you can designate on your application criteria that only girls from towns A, B, C will be considered.

## GIRLS' CAREER INSTITUTE (continued)

School calendars fill up quickly with activities, application dates, and selection processes that the Guidance Office staff must coordinate. The counselor that you have always worked with may have retired, changed positions, accepted new responsibilities or the school may have a conflict with the NJSFWC dates for applications, interviews, and selection. You will have to work around those dates. The June 3-6 date for GCI is not flexible; it is set by Douglass/Rutgers for when the dormitory is available.

Start by reaching out to your previous Guidance Office contact to establish his or her ability and willingness to work with you again this year. If you are new to this position, establish contact, introduce yourself and provide basic dates and information for the 2019 selection process. By early November you should have established your contact person and the best way to communicate with them.

Information to share with Guidance personnel, application, parent permission, and registration forms are available on the NJSFWC website. A display booth will be staffed at Fall Conference.

## HEADQUARTERS

Joanne Mangels

### HEADQUARTERS OPEN HOUSE AND TOUR Thursday, November 15th from 1:00 to 3:00 pm

All members are invited to join their Federation sisters for dessert, refreshments, entertainment, and a tour of NJSFWC Headquarters.

- ? *Did you know the Oriental Rug in the foyer was purchased with S&H green stamps?*
- ? *Did your club donate items that are now housed at Headquarters?*
- ❖ Find out as you take a guided tour of the building and NJSFWC history is revealed.
- ❖ Make this a club outing!

**Reservations needed as this popular event fills quickly. See flyer in this ALMANAC.**

## HONORS

Laura C. Badger

**WOMEN OF ACHIEVEMENT** - The deadline for submitting a nomination for the Women of Achievement award is November 15, 2018. The nomination form was in the in September ALMANAC. Nominations should be mailed to NJSFWC Headquarters, Attn: Women of Achievement.

Look at your club and community members and you may find at least one deserving candidate who has contributed significantly through professional/personal accomplishments, activities, qualities and achievements on a local, state, nation or international level.

**CECILIA GAINES HOLLAND Award** is presented annually to a NJSFWC Clubwoman doing outstanding civic work outside the scope of her club. The deadline for this award nomination is February 1, 2019.

Keep both of these awards in mind when reviewing the attributes of your club members and other notable women! You will find information pertaining to Women of Achievement, Cecilia Gaines Holland Award, and Honors on the **NJSFWC.org** website, under MATERIALS, AWARDS AND ACHIEVEMENT FORMS.

**LEGISLATION/RESOLUTIONS****Carole B. Speechley**

As stated in “A New Century of Challenge”, advocating on issues has been part of NJSFWC since at least 1896 when the first NJSFWC President Margaret Tufts Yardley had an urge to demonstrate women’s organized strength to the New Jersey Legislature. This need is just as important today as it was 122 years ago.

As individuals, members can express their opinions on any issue of importance to them. BUT, they can not mention their connection to the NJSFWC and its advocacy on the issue unless the NJSFWC has passed a resolution on it. The same applies to using GFWC when expressing an opinion on an issue.

So, if an issue is really important to you and you feel it would be to the NJSFWC too, please write a resolution and submit it to this chairman by the **December 15<sup>th</sup> deadline** so that the delegates at Convention in May, 2019, can vote on it – then you and other members can say that the approximately 7,000 members of the NJSFWC agree with you, adding strength to your opinion.

See the Legislation/Resolutions section in the Materials section of the [njsfwc.org](http://njsfwc.org) website for information on writing resolutions. The Bulletin from the September 2018 District Council, also in that section of the website, contains additional information on this subject. This Chairman looks forward to reading your resolution at Convention.

**DEADLINE for submitting Resolutions: December 15, 2018** – send them to Carole Speechley, 233 65<sup>th</sup> Street, Avalon, NJ 08202

**REMINDER:**

**Legislation is the second of 2 major emphasis areas for GFWC in the 2018-2020 administration.** Please help establish the GFWC brand with the members of the United States and State Legislatures by joining the “RECOGNIZE THE RED” campaign.

**Legislation is also one of the 7 Grand Initiatives of the GFWC 2018-2020 Administration!**

They are called “7 Grand Initiatives” as each of them has 1,000 as a goal. The 5<sup>th</sup> Grand Initiative is “That 1,000 members join the Legislative Action Center”. **Have YOU joined yet?**

---

**SPECIAL STATE PROJECT****Lynn Webb**

This Chairman appreciates the emails from District Chairmen and club members who shared their news articles in their communities with me. There are Court Appointed Special Advocates classes scheduled by CASA programs throughout the state. The advertisements are in the local newspapers for information. If you are interested, please call your local CASA program.

There are many opportunities to learn about CASA of NJ and to collaborate with them to support their efforts for the children who are abused and neglected. NJSFWC will hold a program, “How To Become An Effective CASA Ambassador”, on Saturday, November 3, 2018, at 10 a.m. This training will be held at Federation Headquarters, 55 Labor Way in New Brunswick. This will be a good time to bring your questions for CASA of NJ, and learn how to promote and educate our communities. If you are interested, please let me know. Our limit is 60 people.

Fundraisers on club and district levels are encouraged to meet our goal for CASA of NJ. Remember to advertise your fundraiser on the NJSFWC website so other clubs may attend. **IMPORTANT:** In order to be counted as part of our State Project, all monetary donations for CASA of NJ must be sent to NJSFWC at Federation Headquarters and earmarked “SSP-CASA of NJ”.

---

**WEBMASTER****Denise Hosier****Why should you have a website or web page?**

Did you know that Google now processes over 40,000 search queries every SECOND? That's 3.5 billion searches per day, 1.2 trillion searches per year. And that's just Google. Add in Bing, Yahoo, and others, and the numbers are mind-boggling!

If a woman is looking to join a woman's club and searches for a club in your town, what will she find?

Unless you are not interested in growing, every club should have a web page or some kind of web presence. Anyone under the age of... well 80 or even 90... expects to be able to find information on the Internet.

There are two types of websites: interactive, frequently updated sites that users return to again and again, and static web pages like online brochures with general information. Either of these two types might work for your club. The most important thing is to have some kind of web presence for those who are looking.

Many of you already have websites filled with news, photos, and information on your club. Awesome! Some clubs use social media, like Facebook, to provide current events and promote activities. Great!

If you don't have any kind of web presence, the webmaster can create a page for you that's attached to the NJSFWC site. At least this way anyone searching for a club in your town will be able to find some basic information. All you need to do is fill out a simple form containing basic information about your club, meeting dates, and a way to contact you.

The form is included in this ALMANAC, and is also available in the Materials section of the NJSFWC website. So, if you don't have any kind of web presence, here's a place to start. Fill it out and return it to the webmaster and you'll soon have your web page!

**Tip of the Month**

Do you have a new email address? Do you want to change your password to the NJSFWC website? You can do these and more by signing in and then clicking on the "Edit Profile" link at the top right of the web page. The only thing you can't change is your user name. If you'd like to change it, just email [webmaster@njsfwc.org](mailto:webmaster@njsfwc.org) and the webmaster will take care of it.

---

**PARLIAMENTARY CONSULTANT TO CLUBS****Maureen K. Costello****Quorum - what is it and why is it important to Clubs**

In most organizations that have regular meetings, many members are often absent. The organization should not be bound by decisions taken by an unrepresentatively small number of members who might attend a meeting. To prevent this, a **quorum**—a minimum number of members who must be present—is required for a meeting to conduct substantive business.

Organizations usually decide what should be the quorum required for their meetings. An organization specifies its quorum in its bylaws. If an organization fails to do this, then—with some exceptions—the quorum is a majority of members. A majority means more than half.

When no quorum is present the meeting can do only a very limited number of things such as set the time and place for another meeting. Any substantive actions taken in the absence of a quorum is invalid. Even when a meeting begins with a quorum present, it loses its right to conduct substantive business whenever enough members leave to bring attendance below the level of a quorum. It can resume substantive business only when enough members return, or other members arrive, to give it a quorum again.

---