HUNGER KNOWS NO SEASON

When the Autumn and Winter holidays roll around, many of us donate to our local food pantries to help out those less fortunate than we.

But *Hunger Knows No Season*. Why not help your neighbors by donating to an organization such as The Community Food Bank of New Jersey (CFBNJ)? Watch for the September ALMANAC for information about CFBNJ and how you and your club can help.

Meanwhile, take time this summer to investigate your local food pantries. Many towns have them but if your town does not, a neighboring town may. Find out what items are most needed; see if you can volunteer to spend a couple of hours a week or month helping out.

We can help “fill the emptiness caused by hunger with the basic human essentials that people need to survive.”*